## STAFF PERSONAL REFLECTION JOURNAL Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

Q# 1
What are some of the causes or issues that have moved your heart over the years? What is important to you about them?
Q# 2
Looking back upon your own childhood or adolescence was there an issue that you supported that you now feel differently about?



"Young people are threatened by the evil use of advertising techniques that stimulate the natural inclination to avoid hard work by promising the immediate satisfaction of every desire."

St. John Paul The Great

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## Q#3

What advice would you give to young people about what causes or issues to give their hearts to? What are some key guidelines you feel could be useful and important?



## Action Steps

This week spend some time with one of your classes learning more about the main issues or causes that concern them. What do you notice? Do you feel their commitments are based on sound reason and a well-formed moral compass? If possible perhaps do some online research about some of these causes. Do you find any counter-arguments or concerns about them?

"Kneeling before the tabernacle, I can think of only one thing to say to our Lord: 'My God, you know that I love You.' And I feel that my prayer does not weary Jesus; knowing my weakness, He is satisfied with my good will." -

St. Therese of Lisieux