

# STAFF DISCUSSION JOURNAL

## *Going Deeper*

### PART 1

## Scripture Reflection

As a staff, take a few moments to sit in total silence. Silence is a rare commodity and central to how God speaks with us.

Slowly read aloud this passage from Philippians Chapter 4

Love must be sincere. Hate what is evil; cling to what is good. 10 Be devoted to one another in love. Honor one another above yourselves. 11 Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. 12 Be joyful in hope, patient in affliction, faithful in prayer. 13 Share with the Lord's people who are in need. Practice hospitality.

14 Bless those who persecute you; bless and do not curse. 15 Rejoice with those who rejoice; mourn with those who mourn. 16 Live in harmony with one another. Do not be proud, but be willing to associate with people of low position.[c] Do not be conceited.



"The hands should be at work, the heart with God.

St. Mary Joseph Rosello

Now, take a few moments in silence and then read it one more time.

## Questions For Group Discussion:

The scripture passage this week talks about what is needed to help build an authentic Christian community. What do you think about the state of community at your school at the present time?

What do you think is the level of depression or anxiety among your students?  
What do you notice? Share your insights with each other.

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### PART 2

Take a moment to read aloud the following quote from The Religious Dimension of Education In A Catholic School.

Others live in an environment devoid of truly human relationships; as a result, they suffer from loneliness and a lack of affection. This is a widespread phenomenon that seems to be independent of life-style: it is found in oppressive regimes, among the homeless, and in the cold and impersonal dwellings of the rich. Young people today are notably more depressed than in the past; this is surely a sign of the poverty of human relationships in families and in society today.

I what practical way can your school help to enhance human relationships? What can be done to help people connect?



“Compassion is the most important and perhaps the only law of all humanity.”

Fyodor Doestoevsky

## STAFF PRAYER

Dear Lord,

We pray this week for healing. Many of our student s are hurting for different reasons. Some are lonely, some grieve and some have not always experienced the love they need and deserve.

We pray that you would help our community become a place of refuge and healing for each and ever person, staff and student alike.

May our words and actions bring people an experience of your presence and in that experience may they find healing, solace and encouragement.

In your name Jesus, we pray.

Amen