

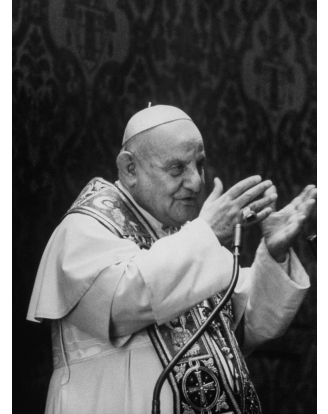
STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

Q# 1

What has been a moment of grace for you over the last seven days?
Where can you look back and see the fingerprints of God's action in your life?

[illegible]

“God created shadows to better emphasize the light.”

Pope John XXIII

Q# 2

Whom is a person who has shown a deep interest in your life and wellbeing over the years? How has this made you feel?

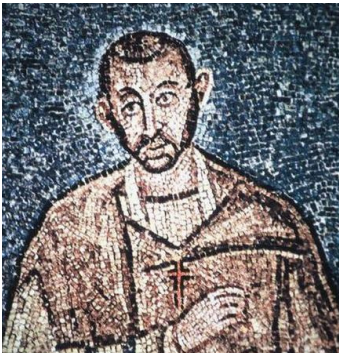
[illegible]

Going Deeper

What makes it hard for you to love your more difficult students? What internal attitudes, judgements or feelings do you find hard to overcome in this area?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Pick one student this week and make a special effort to get to know 'their world'. What matters to them? What do they care about? Ask some extra questions and try and listen deeply with full concentration. Does this listening and deeper interest impact your relationship with them?



“No one heals himself by wounding another.”

St. Ambrose of Milan