

Skilled Nursing and Therapy - Sterile Technique Competency Assessment

Employee (print name):	Date:
For the Evaluator: Check the appropriate box according to the Clinician's skill: S = Satisfactory U = Unsatisfactory Place any comments if new Evaluator (print name):	, ·
Objective: To perform basic sterile technique according to the standard	l of care.

Sterile Technique	OBS	S	U	Comments	Initials
Gather the necessary equipment.					
Check packages for integrity, moisture, and					
expiration dates.					
Provide a clean surface on which to prepare the					
equipment.					
Verify the physician's order.					
If necessary, make sure that the practitioner					
has obtained informed consent and that it is in					
the patient's medical record.					
Perform hand hygiene.					
Confirm the patient's identity using at least two					
patient identifiers.					
Provide privacy.					
Explain the procedure to the patient and					
family.					
Assess for pain and administer analgesics, as					
indicated, following safe medication					
administration practices.					
Remove your rings, watch, and bracelets.					
Perform hand hygiene.					
Put on the necessary personal protective					
equipment for the procedure.					

Opening sterile kits	OBS	S	U	Comments	Initials
Remove the outer wrapper.					
Place the kit on a clean, dry surface.					
Position the kit so that you can open the					
farthest flap first.					
Open the first flap away from you.					
Open each side flap using the hand on the					
same side as the flap. Open the innermost flap.					
Secure the wrapper edges.					

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Opening wrapped sterile items	OBS	S	U	Comments	Initials
Grasp the sterile item in your nondominant					
hand.					
Break the sterilization tape.					
Grasp the outermost surface and open the					
outermost flap away from your body with your					
dominant hand.					
Open the side flaps, securing them in your					
nondominant hand.					
Open the inner flap.					
Place the item on the sterile field without					
touching the field and keeping it 1" (2.5 cm)					
away from the edge.					

Opening peel-pack containers or pouches	OBS	S	U	Comments	Initials
Grasp the unsealed corner of the wrapper and					
pull it toward you.					
Open a peel-pack pouch (such as gloves and					
syringes) by grasping each side of the unsealed					
edge with the thumb side of each hand parallel					
to the seal and pulling it apart gently.					
Hold the sides back so that the wrap covers					
your hands and exposes the sterile item.					
If the item is light, drop it onto the sterile field.					
Do not allow the item to slide across the					
package sides when dropping it onto the sterile					
field. Give heavy items to a scrubbed person or					
open them on a separate surface.					

Pouring sterile solutions	OBS	S	U	Comments	Initials
Open the wrapped package containing the					
sterile bowl. Label the bowl with the name of					
the solution to be poured into it.					
Visually inspect the solution container; do not					
use the solution if it has expired or is					
compromised.					
Unwrap the seal on the sterile solution bottle.					
Pour the solution into the sterile bowl without					
splashing the sterile field or touching the bowl.					
Discard any unused solution.					

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Opening and putting on sterile gloves	OBS	S	U	Comments	Initials
Open the package containing the gloves.					
Place the paper glove wrapper on a clean, dry,					
flat surface.					
Open the inner package, touching only the					
outer edges of the wrapper.					
Use the thumb and fingers of your					
nondominant hand to grasp the inner surface					
of the glove for the dominant hand.					
Insert your dominant hand into the glove, palm					
side up.					
Pull down the cuff, touching only the inner					
surface of the glove.					
Insert the fingers of your gloved hand into the					
sterile outer cuff of the other glove and lift the					
glove.					
Insert your nondominant hand into the glove.					
Uncuff the glove without touching the skin of					
your arm.					
Adjust your gloved fingers.					
Keep your hands above waist level.					
Employee Signature				Date	
Evaluator Signature				Initials Date	

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