

GRACE POINT

Me & My Big Mouth Part 1: Hollow Mouth

Proverbs 25:14, 14:23, 10:19

1. What was most memorable, challenging, or encouraging from the message this week?
2. In your own words, explain what a proverb is. What are some common proverbs we use in our culture today?
3. Read Proverbs 25:14. Why was rain so vital to them? How do you think they would have understood this proverb? What could this proverb mean for us today?
4. Why is it important to be someone who keeps his/her word, and follows through on commitments? How has an unkept promise shaped the way you viewed others?
5. Read Proverbs 14:23. What do you think this proverb means? What are some reasons we might not do the work required to follow through on what we have been talking about doing?
6. Read Proverbs 10:19. When is it difficult for you to practice “thinking before speaking”?
7. In what situations would it be helpful for you to repeat this phrase to yourself: “I will let my words be few”?

MOVING FORWARD

The book of Proverbs has all kinds of practical wisdom for how we talk. This week we’ve talked about the power of keeping a promise, making plans and following through, and being slow to rush into words we might regret. Jesus wants to transform us from the inside out, including how we talk to and about other people. What is one way the crucified and resurrected Jesus could transform your speech?

CHANGING YOUR MIND

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry.

James 1:19