

# GRACE POINT

## A New You Part 1: Natural Born Sinners

Romans 5:6-19; 7:15-16

1. What was most meaningful, memorable, or challenging to you from the message this week?
2. Have you ever tried to break a bad habit? What did you do? Were you successful?
3. When you have a problem to solve—large or small—do you tend to go it alone or look to others for help? Why is that?
4. Read Romans 7:15. How have you experienced this disconnect between the way you behave and the way you want to behave? What have you done to try to address the disconnect?
5. Is it difficult for you to believe that sin “dwells in you”? Does the idea that you’re “ungodly” bother you? Why or why not?
6. What will you do this week to think through what Paul has to say about sin—pray, read/study the verses again, have some conversations with others?

### MOVING FORWARD

If the single action of a single man could create the generational chaos of sin, think of what the single action of Jesus could do. If Adam could mess it up, imagine how Jesus could fix it up. Imagine how He could fix you up.

### CHANGING YOUR MIND

*You see, at just the right time, when we were still powerless, Christ died for the ungodly.*

Romans 5:6