



VIDEO LESSON 9

SACRIFICE-- OPOFFERING



We all make sacrifices and we often sacrifice our own inner harmony to maintain an outer harmony with some one else!

We brengen allemaal offers en we offeren vaak onze eigen innerlijke harmonie op om een uiterlijke harmonie met iemand anders te behouden!

SACRIFICE
IS
SUFFERING
IN THE
S.C.M.



OPOFFERING IS LIJDEN IN HET ONBEWUSTE

WE ARE ANCHORED WITH JESUS ON THE CROSS,
WHO DIED TO SAVE US BUT WE ARE STILL SINNERS
DOOMED FOR HELL IF WE DON'T OBEY THE
COMMANDMENTS.

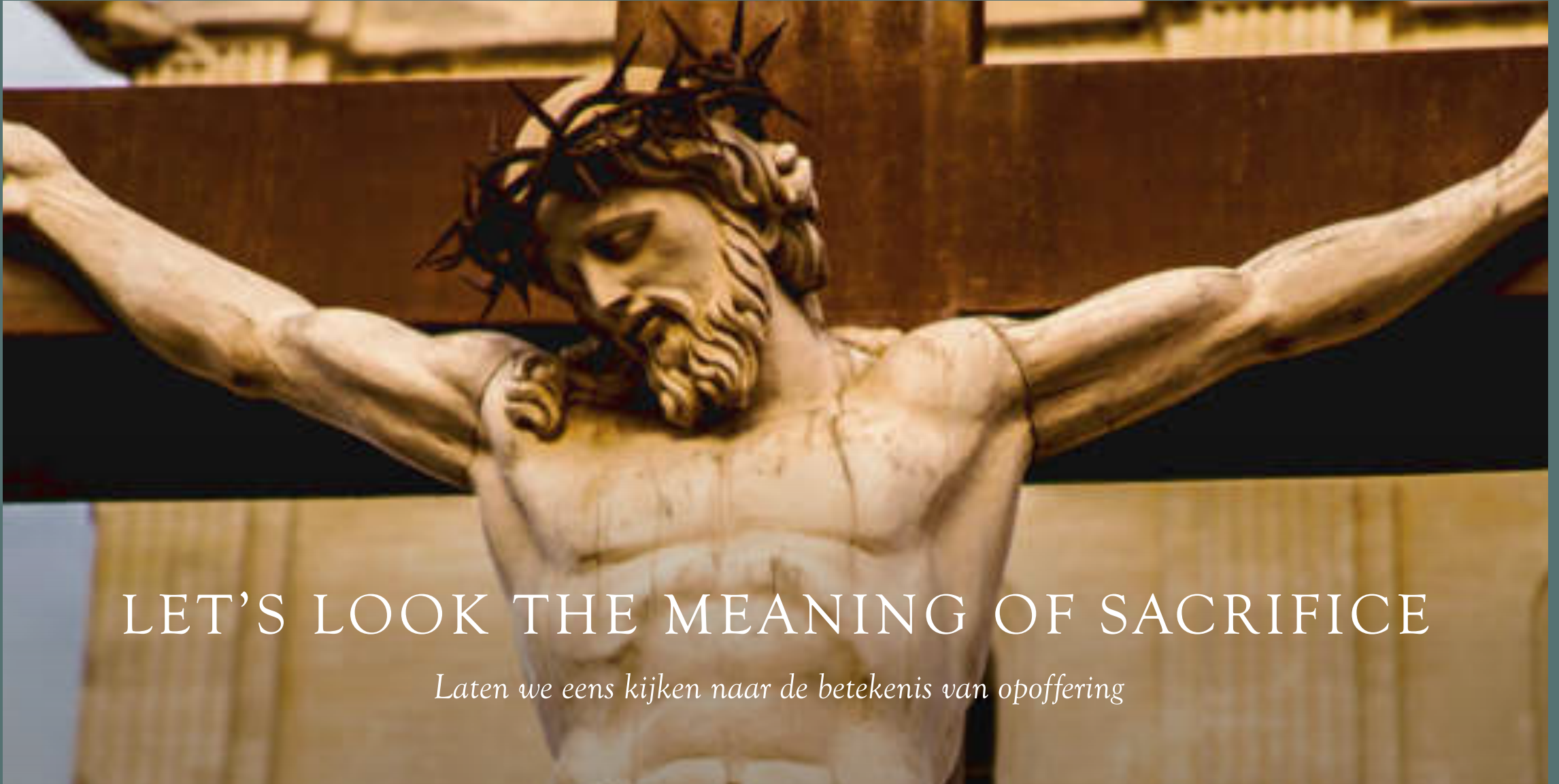
WE ZIJN VERANKERD MET JEZUS AAN HET KRUIS, DIE
STIERF OM ONS TE REDDEN, MAAR WE ZIJN NOG
STEEDS ZONDAARS GEDOEMD VOOR DE HEL ALS WE
NIET GEHOORZAMEN AAN DE GEBODEN.

SACRIFICE OPOFFERING



THIS IS A SUBCONSCIOUS CONFLICT
WE GET FROM THIS MESSAGE

ER ONTSTAAT DOOR DEZE
BOODSCHAP EEN CONFLICT IN
ONZE ONBEWUSTE



LET'S LOOK THE MEANING OF SACRIFICE

Laten we eens kijken naar de betekenis van opoffering

SACRIFICE IS
SACRED
EEN OFFERING
IS HEILIG

1. a surrender of something of value as a means of gaining something more desirable or of preventing some evil. 2. a ritual killing of a person or animal with the intention of paying for mistakes or pleasing a deity. 3. a symbolic offering of something to a deity.

1. een overgave van iets van waarde als een middel om iets wenselijker te krijgen of om een kwaad te voorkomen. 2. een ritueel doden van een persoon of dier met de bedoeling om te boeten voor fouten of een godheid of te behagen. 3. een symbolisch offer van iets aan een godheid.

THE MEANING WE WANT TO BE OK
WITH.

DE BETEKENIS DIE WE WILLEN IS:

I will sacrifice certain pleasures to
get a bigger pleasure

Ik zal bepaalde genoegens opofferen
om een groter plezier te krijgen

Or delayed gratification

Of vertraagde bevrediging

No Pain, No Gain



No Pain, No Gain



ARE YOU WILLING TO GIVE SOMETHING
UP TO GET SOMETHING BETTER?

Ben je bereid iets op te geven om iets beters te krijgen?

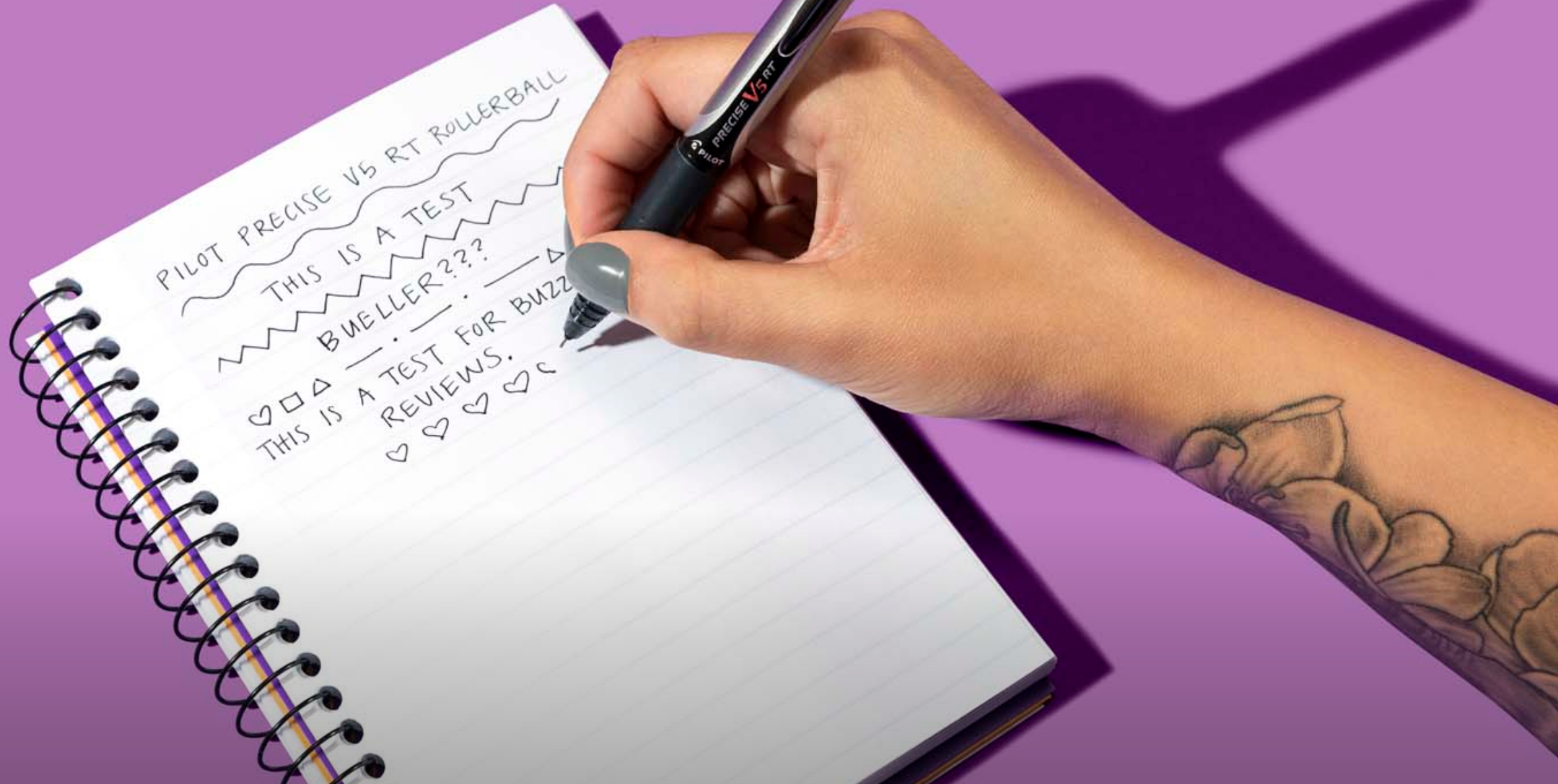
THE ANATOMY OF SELF- SABOTAGE

THIS IS IN THE
TOP 3 SABOTAGE
MECHANISMS!



IT IS IN THE TOP 3
SABOTAGE
MECHANISMS!

ANSWER THE FOLLOWING QUESTIONS ON PAPER!
BEANTWOORD DE VOLGENDE VRAGEN OP PAPIER!



IS YOUR
GOAL
LOFTY
ENOUGH?
IS JE DOEL
VERHEVEN
GENOEG?

YOU WILL BEGIN
TO SUCCEED
WHEN YOU BEGIN
TO REALIZE
OUR GOAL IS WORTH
THE SACRIFICE

BONNIE PFIESTER

fitblog.com

BONNIE IS #FITFLUENTIAL



A man and a woman are shown from the chest up, looking upwards towards a bright blue sky with scattered white clouds. The man, in the foreground, has dark hair and a light beard, wearing a dark suit and a red tie. The woman, slightly behind him, has reddish-brown hair. The overall mood is one of aspiration and contemplation.

WHAT ARE YOU
WILLING TO GIVE UP
TO HAVE WHAT
YOU WANT?

WAT BEN JE BEREID OP TE GEVEN
OM TE KRIJGEN WAT JE WILT?



IF YOUR GOAL IS TO BE HAPPY, HEALTHY
& SUCCESSFUL, WHAT IS IN YOUR WAY?

Als je doel is om gelukkig, gezond &
succesvol te zijn, wat zit je in de weg?

PixemWeb.com

Success is a Journey,
Enjoy the Ride!



WORDS OF SUCCESS | INSTAGRAM

**DO WHATEVER IT TAKES
TO BE THE BEST VERSION
OF YOURSELF.**

Ik ben klaar om alles te doen wat nodig is om mijn droomleven te manifesteren met gratie, gemak & genot. I'm ready to do whatever it takes to manifest my dream life with grace, ease & joy.



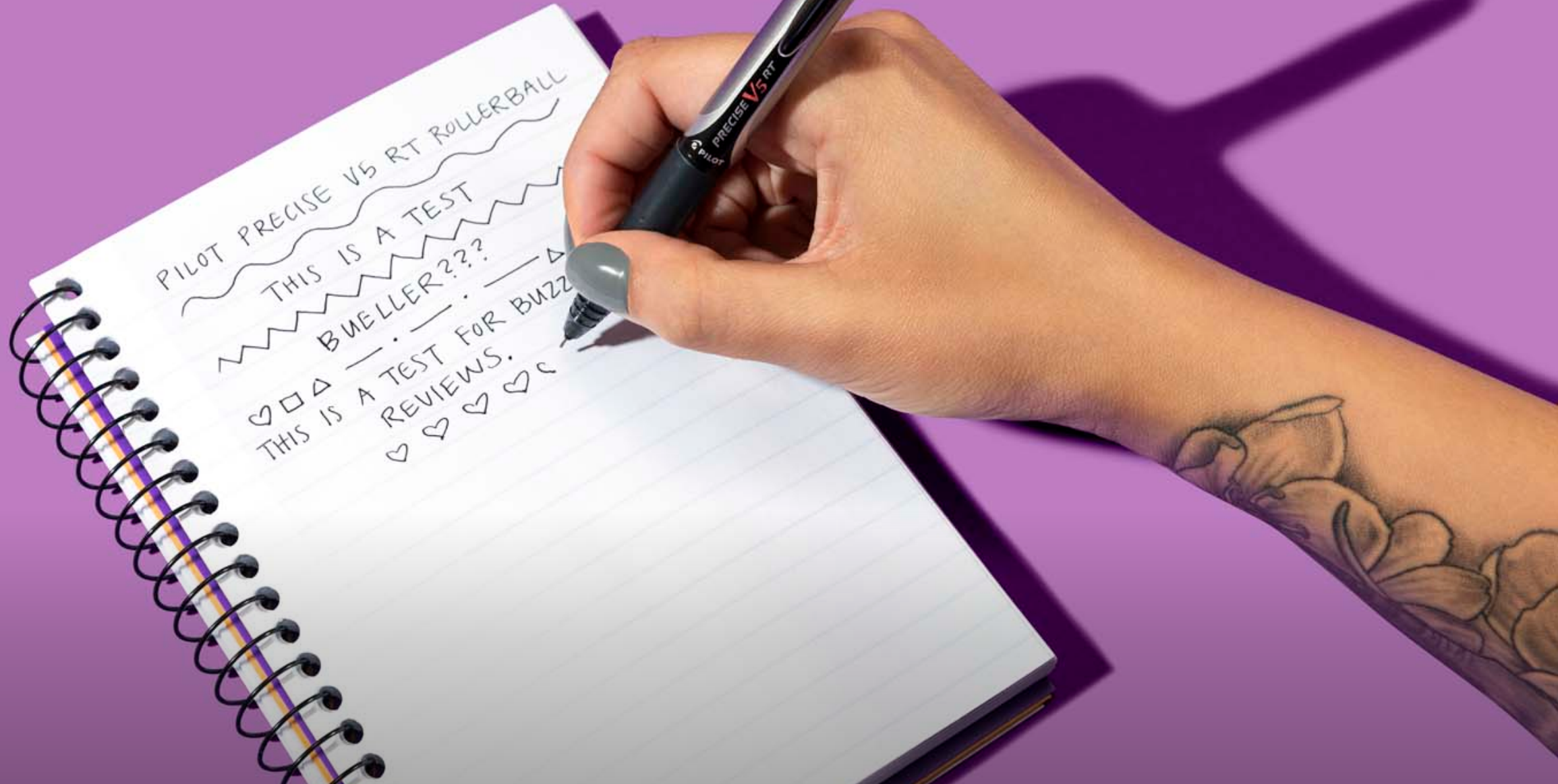
WORDS OF SUCCESS | INSTAGRAM

**DO WHATEVER IT TAKES
TO BE THE BEST VERSION
OF YOURSELF.**

REPEAT

Ik ben klaar om alles te doen wat nodig is om mijn droomleven te manifesteren met gratie, gemak & genot. I'm ready to do whatever it takes to manifest my dream life with grace, ease & joy.

WRITE THE SENTENCE DOWN!
SCHRIJF DIE ZIN HET OP!





WORDS OF SUCCESS | INSTAGRAM

**DO WHATEVER IT TAKES
TO BE THE BEST VERSION
OF YOURSELF.**

Ik ben klaar om alles te doen wat nodig is om mijn droomleven te manifesteren met gratie, gemak & genot. I'm ready to do whatever it takes to manifest my dream life with grace, ease & joy.

QIP STEP2:
THE
SOLUTION
DE
OPLOSSING



I HAPPILY REPLACE NEW
WITH OLD!

IK VERVANG GRAAG NIEUW
DOOR OUD!

HAVE YOUR FLOWCHART READY!

HOUD JE FLOWCHART KLAAR!

Quantum Multiverse®



QUANTUM INTEGRATION PROTOCOL (QIP)©

PHOENIX RISING CHALLENGE by Drs. Joy & Roy Martina Quantum Multiverse

STEP 1. State the Problem (P), write it down or State the Limiting Belief (P) you want to change and write down what Empowering Belief you want to have instead.
STEP 2. If there is an emotion give it a number 0-10 (0 all is well, 10 is most intense you can imagine).
STEP 3. Set your intention to transform (P) into Power.
STEP 4. Follow TAP-sequence.
STEP 5. Repeat Protocol with (P) -> from STEP 2 until all is cleared (Emotion is 0)

Switch FIRE Karate Chop	(P) I want to be the creator of my life's experience and be the best version of me with grace, ease and love! (P) I always want to be the creator of my life's experience and be the best version of me with grace, ease and love! (P) I always want to effortlessly release all limiting beliefs, resistance and any sabotage that holds me back to be the creator of my life's experience!
Upper lip FIRE	(P) I will be effortlessly over this (P), now, completely, permanently and forever!
Switch FIRE Karate Chop	(P) I want to be even better than before & create my life's experience with grace, ease and joy! (P) I always want to be even better than before & create my life's experience with grace, ease and joy! (P) I always want to be even better at effortlessly releasing & transforming all limiting beliefs, resistance and all sabotage that holds me back to be the creator of my life's experience!
Chin FIRE	(P) I am over this now, and I believe 100% that I am the creator of my life's experience! (P) I am completely and forever over this (P) and more in my power of creating my life's experience! (P) I am completely releasing this (P) forever, with grace, ease and joy! (P) I am completely releasing all resistance, limiting beliefs, sabotage & all that no longer serves me to create my life's experience with grace, ease and joy!
Middle Finger FIRE	(P) I have always been over this (P) & more connected to my power of creating my life's experience! (P) I have always been completely over this (P) & more connected to my power of creating my life's experience! (P) I have always been great at transforming all my (P's), all my resistance, all my sabotage & all that no longer supports me to create my own life's experience with grace, ease and joy!

NOW LET'S
START
WITH THE
QIP.

*LATEN WE
BEGINNEN
MET DE QIP.*



LET'S GET
STARTED



WE
GAAN
BEGINNEN

VISUALIZATION
HANDS ON
HEART



VISUALISATIE HANDEN OP JE HART

A close-up photograph of a person's face, focusing on their closed eyes. The person has light skin and well-defined, arched eyebrows. Their eyelashes are dark and appear to be coated with mascara. The text "CLOSE YOUR EYES" is written in a purple, serif font, and "SLUIT JE OGEN" is written in a yellow, serif font, both centered over the eyes.

CLOSE YOUR EYES
SLUIT JE OGEN

OPEN JE OGEN
OPEN YOUR EYES

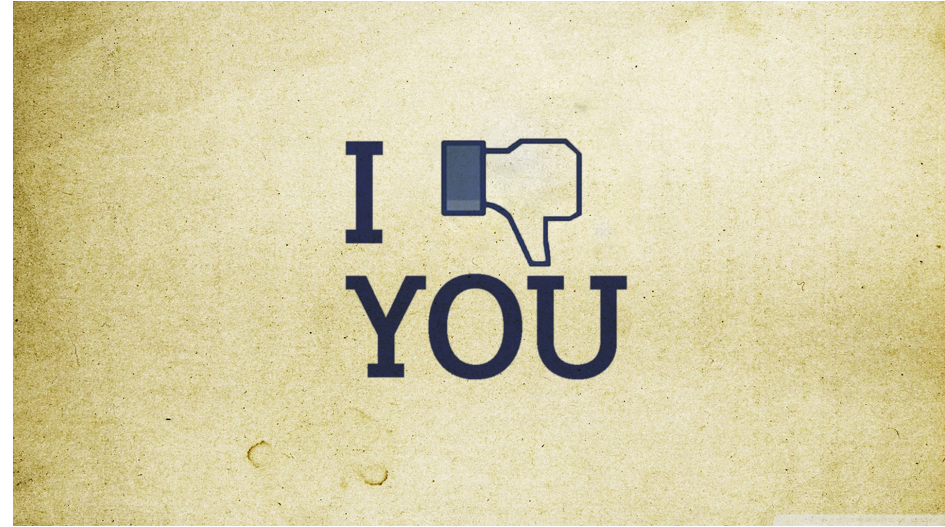


**OPTIMALLY
REPEAT THE QIP
THREE MORE
TIMES-
OPTIMAAL DE
QIP DRIE KEER
HERHALEN**



REPEAT

COMMITMEN
T 2
AFSPRAAK 2



MIRROR IMAGE. SPIEGELBEELD.

WHAT DO YOU DESPISE AND JUDGE
THE MOST IN OTHERS?

WAT VERACHT EN BEOORDEEL JE HET
MEEST IN ANDEREN?

WHAT THAT MEANS IS THAT YOU HAVE THAT IN YOU.
WAT DAT BETEKENT DAT JIJ DAT IN JE HEBT.

01

FEEL WHAT
THAT DOES
TO YOU!

02

VOEL WAT
DAT MET JE
DOET

03

DISCUSS
WITH BUDDY



COMMITMENT 2 AFSPRAAK

DISCUSS WITH YOUR
BUDDY WHY YOU
CANNOT SEE THIS IN
YOURSELF.

BESPREEK MET JE
BUDDY WAAROM JE
DIT NIET IN JEZELF
KUNT ZIEN.

AT THE END OF
OUR JOURNEY
WE'LL FEEL IT!
AAN HET EINDE
VAN
ONZE REIS
ZULLEN WE HET
VOELEN!

WE
ARE
ONE

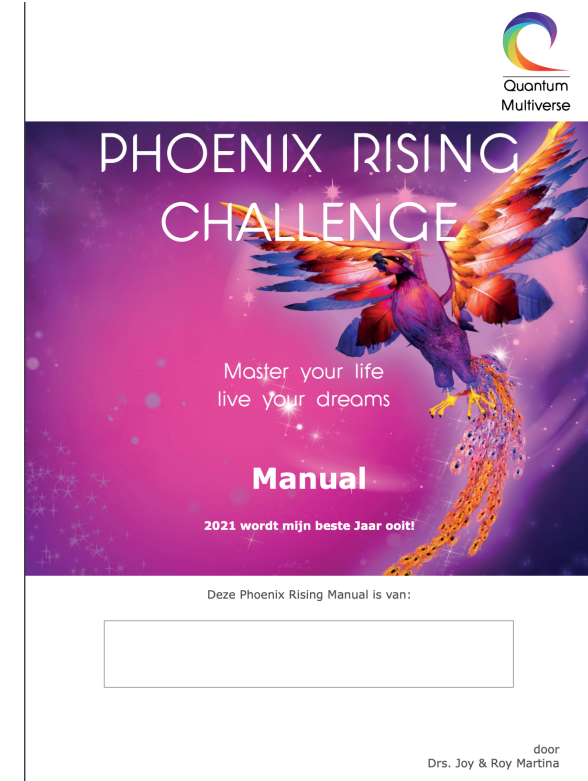
GAP 2018

START TO FILL IN YOUR MANUAL

Work on your Quantum ID
(until page 39.

Werk aan je Quantum ID (tot
bz. 39:).

Share with your buddy. Deel met
je buddy.



You Know Your Stuff

YOU KNOW WHAT TO DO! JE WEET WAT TE DOEN!

WAKING UP
WAKKER WORDEN

AM INTENTION

AM INTENTIE



TAP YOUR ACU-
POINTS WITH
CURRENT
PROBLEM-

TIK OP UW
ACU-PUNTEN
MET HET
HUIDIGE
PROBLEEM-



LISTEN
OPTIMALLY 3X
TO SHORT
MEDITATION.

LUISTER
OPTIMAAL 3X
NAAR KORTE
MEDITATIE.



SLEEPY TIME SLAAP TIJD



1.. FALL ASLEEP WITH PM-AUDIO
1.. IN SLAAP VALLEN MET PM-
AUDIO

.

SHARE YOUR
EXCITEMENT
&
COMMITMENT
IN THE
GROUP.



DEEL JE ENTHOUSIASME &
COMMITMENT IN DE GROEP.



STAY FOCUSED

IT IS YOUR LIFE! HET IS JOUW LEVEN!



Ensueño de Amor

SEE YOU
TOMORROW

Hasta mañana

TOT MORGEN