

## SPRINT 3 LESSON 4

## VIDEO SESSION PLANNING SHEET

Let's start taking what you've already brainstormed for the big picture of bringing arts integration to life and turn it into a concise and engaging single PD session! Use this planning sheet to help you map out your Sprint Project Session.

Which area are you focusing on:

<input type="checkbox"/> Strategies	<input type="checkbox"/> Standards Alignment	<input type="checkbox"/> Lesson Delivery	<input type="checkbox"/> Assessment	<input type="checkbox"/> Extension
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Session Title: \_\_\_\_\_

1. How will you set the stage/context for the session? Introduce yourself!
2. How will you capture audience attention and participation right away?
3. How will you transition to your strategy/alignment/lesson/assessment or extension?
4. What is your core presentation about the topic going to include? What are the specific components?
5. What action step will you ask the participants to do at the end to apply their learning?
6. How will you close the presentation and what contact information will you include?

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## VIDEO RECORDING RESOURCES

Here are some simple, easy tips for recording your video:

1. Keep it simple! Don't try to get super fancy. Use your phone camera, webcam, computer camera - anything that can capture video.
2. **Record at the highest quality setting possible.** This will enable you to get the best picture possible.
3. If you're in a large room, try to ensure there are rugs, desks, or other items to fill the space. This will help you have better audio quality. Large rooms often have lots of "live" space - which means echo. Filling that space with items helps the sound quality increase. Otherwise, try to record in a space with carpeting or a smaller area. People will forgive picture quality, but they won't forgive poor audio. If it's hard for them to understand you, they will tune out.
4. If you're using your phone to record, use a tripod. This will stabilize your video.
5. **If you want to show slides in your presentation,** you can either download an app that lets you record yourself and your screen simultaneously, or you can add the slides in as .jpgs in the video editing process. If you'd like to use an app to record both you speaking to camera and your slides, I'd suggest the [Google Chrome Extension for Screencastify](#)
6. Record lots of times. Practice, practice, practice. You never know when a practice session will be the one you want to use.
7. **Backup your work.** Save your video immediately to at least 2 places before editing. This way, if something goes wrong, you have a safety net.
8. **If you want to show a top-view** of you working on something or providing a tutorial (so they can see you using your hands as a demo), you can [view this tutorial session](#) for lots of great tips.
9. For beautiful stock images that are free to use, we recommend going to [unsplash.com](#)