JAMIE HIPP

Theatre and Dance Brain Breaks



CONNECTIVITY SUMMER 2020







THEATRE AND DANCE BRAIN BREAKS		
Performing Arts Brain Break	Materials	Adaptations
Line Aerobics	Music with steady beat; open space	Greater than/less than; rational function graphs; statistical correlations; PEMDAS
Shape Shifter Tableaux	Open space; list of tableau prompts	Ecosystems; concrete nouns; mammals; digestive or respiratory systems
Force and Motion Pantomimes	Open space; list of pantomime prompts	Action verbs; scientific processes; migration patterns; community helpers; decimal movement
Shared Story Improvisation	None	Any story, event, or lesson!

Brain Break benefits include increased motivation, energy, focus, and learning potential