

Statin Use For 10 Years? Increase Your Risk of Breast Cancer by over 200%!

I just watched the newest Oz movie, Oz the Great and Powerful. I enjoyed it, as I love everything about the Wizard of Oz. Watching that movie reminded me of what has happened in medicine. In the movie, Oz figures out how to use his 'magic' to defeat the witches and win over the people. How does he do it? He accomplishes this feat through slight-of-hand. He convinces the witches and the people of Oz that he is great and powerful by projecting a scary image of himself. Remember, in the original Oz movie, it took Toto, the dog, to pull the Wizard's curtain back to realize that he wasn't scary—he was just a man trying to market himself as someone he wasn't. This brings us to the new, modern wizard of our times—it is the Big Pharma Cartel. They scare us by convincing us that we need to take their drugs, or else something bad will happen. Let's take the case of the statin drugs.

The 'cholesterol = heart disease' hypothesis has been around for over 100 years, even though there is no proof that it is valid. In the U.S., statin medications, such as Lipitor, Zocor, Mevacor, Crestor, Pravachol, and Vytorin, have been available for 26 years. During this time they have become the most profitable drugs ever sold by the Big Pharma Cartel. The Big Pharma Cartel has scared Americans into thinking that if they don't lower their cholesterol, they are a ticking time bomb that will eventually end with a fatal heart attack. It is an amazing feat when you consider that these drugs have never been shown, in any individual who has not had a heart attack or stroke, to save lives, prolong lives, or reduce the risk of a fatal heart attack. Also amazing, is the fact that, in men who have had a cardiac event (stroke or heart attack), the best this class of drugs has been shown to do is lower the risk of a non-fatal heart attack by approximately 1-5%(in the best of the studies that the Big Pharma Cartel have allowed to be published).

How about women? Another amazing feat. About 25% of U.S. women over the age of 45 currently take a statin medication even though statins, in women, have:

- NEVER been shown to prevent a fatal heart attack
- NEVER been shown to prolong lives

For women and the elderly, there is no indication, EVER, to take a statin medication.

It is more amazing when you consider that every cholesterol-lowering medication class has been shown to increase the rate of cancer. Now, to be fair, there are

studies which show that statins do not increase the risk of cancer, but they are all short-term studies.

A study, released today (July 5, 2013) reported that in women, current users of statins for 10 years or longer had a 83% increase risk of invasive ductal carcinoma and a 97% increase risk of invasive lobular carcinoma of the breast as compared to never users. (1) Among women with high cholesterol levels, current users of statins for 10 years or longer had a 204% increase risk of invasive ductal carcinoma and a 243% increase risk of invasive lobular carcinoma as compared to never users.

Breast cancer is a plague affecting nearly one in seven U.S. women. There are many, many studies showing a lowered cholesterol level increases the cancer risk. It should come as no surprise that chemically lowering cholesterol levels will increase cancer rates.

Statin drugs should be pulled from the market place. People do not have high cholesterol levels due to a 'statin-deficiency syndrome'. Elevated cholesterol levels can be managed through a holistic approach that focuses on diet, detoxification and nutritional supplementation. More information about this holistic approach can be found in my book, *Drugs That Don't Work and Natural Therapies That Do*.

(1) *Cancer Epidemiol Biomarkers Prev* Published OnlineFirst July 5, 2013

<http://cebp.aacrjournals.org/content/early/2013/07/04/1055-9965.EPI-13-0414.abstract>