

SUBLIMINAL ACHIEVEMENT

The follow affirmations are used on this CD:

Attitude:

I am living my life to the fullest--right now, right here.

I have an exciting life with exciting projects and exciting people all around me.

I believe that good results will flow from my actions.

I take pride in a job well done. Achievement is my greatest reward.

I am successful. I am a winner. I am an achiever.

Purpose:

I have a special reason for living, a special mission to accomplish, a special purpose to achieve.

My purpose is clear, and I am motivated to achieve my purpose.

My desire to achieve is guided by my deep sense of integrity.

My actions come out of a desire to achieve what is good for me and others.

I take the necessary risks to achieve my purpose and accomplish my goals.

I see myself, through my work and my life, as making a difference in the world.

Goals:

I have a clear and specific set of goals. My goals are ever present in my mind.

My goals are high, and I reach them easily and quickly by affirming them constantly.

I expect to reach my goals, and so I quickly bounce back whenever setbacks occur.

I work with my goals in mind. My actions are consistent with the goals I hope to achieve.

Organization:

I am well organized in every part of my life.

I always plan my work. I plan ahead to get ahead.

I do things as they need doing. I am an organized and prompt self-starter.

I focus my attention on the tasks at hand. I have an unusual ability to concentrate.

I wisely use each and every precious minute of my life.

Problem Solving:

I achieve my desired results with a minimum of time and energy.

I make timely and accurate decisions. I trust my intuition and intellect to make the right decision.

I approach problems with a positive attitude. I treat problems as opportunities to be creative.

I am keenly aware of all that is going on around me, especially those things that will help me reach my goals.

I have a constant flow of new and good ideas. As a result, I always find creative solutions to my problems.