

Turkey Quinoa Sweet Stuffed Pepper Soup

4 beef bouillon cubes
1/2 half pound or so of ground turkey, browned
1 cup cooked quinoa or brown rice
28 oz. can tomato sauce
12 ounce can diced tomatoes
1 cup diced sweet peppers (various types)
1/8 to 1/4 cup honey to taste (original recipe calls for brown sugar)
1/2 tsp. garlic powder
1/2 tsp. onion powder
salt and pepper to taste

Bring 2 quarts water to boil in 6 quart pot. Add the 4 beef cubes.

Add the rest of the ingredients to the pot and simmer until peppers are soft.

Enjoy!