

No Bake High Energy Bites

1 cup dry oatmeal
1/2 cup dark chocolate chips (60% or higher)
1/2 cup almond butter
1/2 cup ground flax seed
1/3 cup honey (raw preferred)
1 tsp. vanilla

Mix all ingredients together. Refrigerate for 20-30 minutes. Rub hands with coconut oil or butter and roll into small balls.

Keep refrigerated. Makes 18-24 balls.