

Let's Get Away, Together!

A six-part armchair travel series for caregivers

This series is comprised of six interactive travel activity sessions. Each week will focus on a new part of the world or cultural activity, while incorporating storytelling, music, poetry writing, and/or a simple craft. Each session will include a followup message filled with tips, activities, and recipes for families to continue to enjoy after the virtual trip. The focus of each group is to explore a new world, experience a variety of engaging opportunities, and enjoy a sense of camaraderie and community. Register for one or more sessions.

Let's Get Away, Together! is intended to be an enjoyable activity for family caregivers and the person they care for. Those receiving care who are able to participate in the discussion and activities are encouraged to attend with their family caregiver. Registration is open, but priority will be given to residents of the San Francisco Bay Area (Alameda, Contra Costa, Marin, San Francisco, San Mateo, and Santa Clara Counties).

When: Tuesdays, June 2, 9, 16, 23, 30, from 1 to 2 p.m. (PT)

June 2, "Let's Go to Paris!"

Registration: [Click here](#)

June 9, "Let's talk about FOOD, art edition"

Registration: [Click here](#)

June 16, "Let's Go to India!"

Registration: [Click here](#)

June 23, "Let's Go to the Museum, Opposites edition"

Registration: [Click here](#)

June 30, "Let's Go around the world in ONE hour!"

Registration: [Click here](#)



(415) 434-3388 | (800) 445-8106

Website: www.caregiver.org | Email: info@caregiver.org

Family Caregiver Alliance (FCA) seeks to improve the quality of life for caregivers through education, services, research, and advocacy. Through its National Center on Caregiving, FCA offers information on current social, public policy, and caregiving issues and provides assistance in the development of public and private programs for caregivers. For residents of the greater San Francisco Bay Area, FCA provides direct support services for caregivers of those with Alzheimer's disease, stroke, traumatic brain injury, Parkinson's, and other debilitating health conditions that strike adults.