

Medicare Diabetes Prevention Program (MDPP)

RESOURCE SHEET

ABOUT

The Medicare Diabetes Prevention Program (MDPP) expanded model is an evidence-based lifestyle change intervention with the goal of preventing type 2 diabetes in individuals with an indication of prediabetes. The program consists of 12 months of core sessions of a Centers for Disease Control and Prevention (CDC) approved curriculum, and an additional 12 months of ongoing maintenance sessions for participants who meet weight loss and attendance goals.

MDPP is a performance-based payment model through the CMS Innovation Center. Beginning April 1, 2018, this benefit will be available for eligible Medicare recipients.

National Diabetes Prevention Programs with “preliminary” or “full” CDC Program Recognition may enroll as MDPP suppliers. Below are helpful resources provided by CMS.

RESOURCES

MDPP Enrollment Resources

Website: <https://med.virginia.edu/vcdpe/educational-resources/>

- Medicare Diabetes Prevention Program Expansion Model

Recorded Webinar:

- MDPP Orientation Webinar Slides (12/13/2017)
- Audio (registration required)

Handouts:

- MDPP Supplier Road Map
- MDPP Expanded Model Fact Sheet
- Preparing to Enroll as an MDPP Supplier
- Expanded Model Roles Fact Sheet
- Interim Preliminary Recognition Process

QUESTIONS?

Email Viola Holmes, MS, RD, CDE, vjf7j@virginia.edu or call 434-982-5211 Virginia Center for Diabetes Prevention & Education



This resource was developed by the Virginia Center for Diabetes Prevention & Education with an educational grant from VDC.

VDHLiveWell



Inquiries about MDPP?
Contact CMS at MDPP@cms.hhs.gov

IMPORTANT DATES

January 1, 2018
Enrollment
begins for
eligible suppliers

April 1, 2018
Medicare
reimbursement
begins
for eligible
beneficiaries

IMPACT OF PREDIABETES IN VIRGINIA

2.1
MILLION
Virginians have
prediabetes — $\frac{1}{3}$ of
the state population!

9 of 10
VIRGINIANS
don't know they have
prediabetes

\$1.1
MILLION
Direct Cost of Prediabetes
in VA in 2012

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