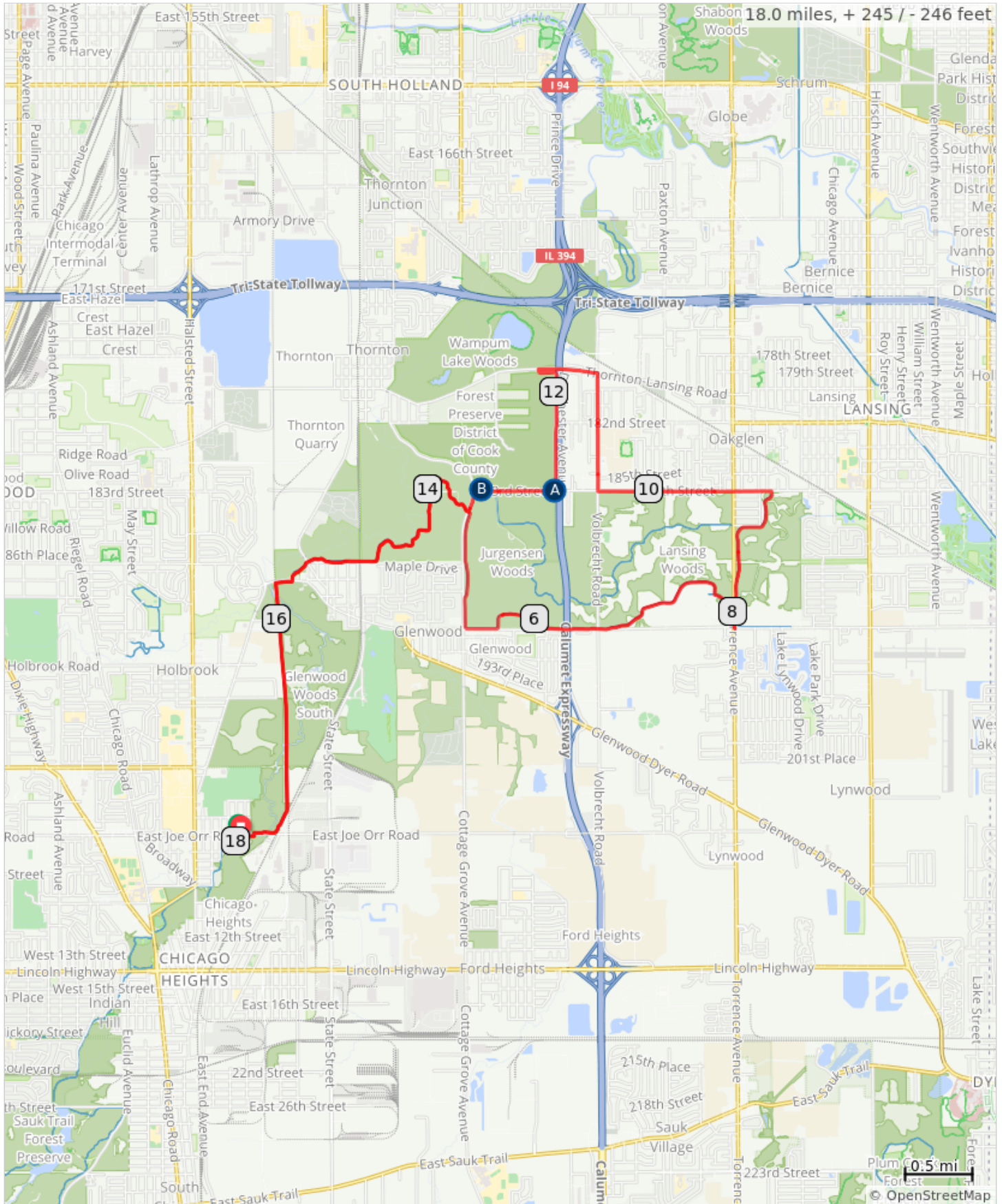


# 13 mi loop Joe Orr Woods to Lansing Woods



A. Very rough to west

B. Very rough to east



13 mi loop Joe Orr Woods to Lansing Woods

Dist	Next	Type	Note
0.0	0.0	📍	Start of route
0.0	0.2	➡	R onto Thorn Creek Trail
0.2	2.0	⬅	Slight L to stay on Thorn Creek Trail
2.3	0.1	➡	R
2.4	5.2	⬅	Slight L at Chicago Heights Glenwood Rd
7.6	0.2	⬅	L
7.7	0.1	➡	R toward IL-83 S
7.8	0.1	➡	R onto IL-83 S
7.9	0.0	⬅	L onto Glenwood Lansing Rd
7.9	0.0	➡	R onto IL-83 S
7.9	0.2	⬆	Make a U-turn at Glenwood Lansing Rd
8.0	0.0	➡	R
8.1	1.0	⬅	L
9.1	0.0	⬅	L toward 186th St

9.1 miles. +98/-124 feet

Dist	Next	Type	Note
9.1	1.3	⬅	L onto 186th St
10.4	0.9	➡	R onto Stony Island Ave
11.3	0.4	⬅	L onto Thornton Rd/ Thornton Lansing Rd
11.7	1.0	⬅	L onto Frontage Rd
12.7	0.6	⬆	Continue onto 183rd St
13.3	0.2	⬅	L onto Cottage Grove Ave
13.5	0.3	➡	R
13.8	1.8	➡	Slight R
15.6	0.1	➡	Slight R at Chicago Heights Glenwood Rd
15.7	2.2	⬅	L onto Thorn Creek Trail
18.0	0.1	⬅	L
18.0	0.0	📍	End of route

8.9 miles. +146/-121 feet