

Start Location – Plank Road Cyclery, 20 West Elwood St., Frankfort.

Sunday, April 14, 2019 is the date of the ride. Registration tables will be open from **7:30 AM to 10:00 AM**. To help reduce registration lines at Plank Road Cyclery we urge all riders to pre-register using the Ride Registration form on the FOS web site. www.folksonspokes.com

The FOS Easter Ride is a one-day bicycle tour sponsored by the Folks on Spokes Bicycle Club, an Illinois not for profit organization. Since 1982 this ride has grown in popularity despite sometimes imperfect spring weather.

Food and fun are what the Easter Ride is all about! Rest stops will be stocked with fruit, drinks, sandwiches, homemade cookies and live entertainment.

After the ride relax, linger, and discover historic downtown Frankfort. Casual dining to white tablecloth restaurants, ice cream, sweets, tea room and coffee shop can all be found surrounding downtown Breidert Green.

Your safety is important to us. Please obey all traffic laws, practice courtesy, communicate with fellow riders, ride single file when vehicles are approaching from either direction – and complete the adult or child bike safety quiz www.bikesafetyquiz.com or use the quick scan with your phone.



Your fee entitles you to a map of the routes, access to rest stop(s), SAG support, and parking. Short and long sleeve t-shirts with this year's Easter Ride logo may be ordered for an additional fee on the attached form. Only a limited number of t-shirts will be available after 3/27/19 ordering deadline. Please plan to pick up your rider packets and T-shirts by 10:00 AM. If you plan on riding the longer routes, we ask that you start by 9:00 AM. Sag support ends at 3:30 PM.

Pick one of five newly configured routes: 13 or 16 mile shorter routes, mostly on paved trails to Barrens Shelter/Schmuhl School Museum; 24, 43, and 62 mile longer routes (rest stop at Monee Reservoir) mostly on lightly traveled paved roads. All routes are fully marked. Mileages are approximate.

Join FOS for \$3 less. Join with your Easter Ride registration and get \$3 off the regular price of \$15 single or \$25 family. New members only.

38th Annual Folks on Spokes Easter Ride



April 14, 2019
Plank Road Cyclery
20 W. Elwood,
Frankfort, IL 60423



Breidert Green at the Grainery

All riders are required to wear a helmet approved by the Consumer Product Safety Commission (CPSC).



Register Online at
www.folksonspokes.com

Info. Line Number 815-600-0454

April 14, 2019 Folks on Spokes (FOS) Easter Ride Registration

Mailing address (Please print – one form per household)

NAME _____ CE

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE NUMBER _____ E-MAIL ADDRESS _____

Liability Waiver

In signing this waiver for myself, or as legal guardian for the named entrant (if entrant is under 18 years of age), I acknowledge that I understand that by participating in the Folks on Spokes Easter Ride, participant is exposed to factors present, but not limited to, traffic, other bicyclists, weather, animals etc. whose actions are beyond the control of the sponsors and organizers of the Easter Ride. I for myself, the entrant, our heirs and administrators, agree to assume any and all risks which might be associated with my or the named entrants participation in the Easter Ride. I hereby waive and release any and all rights and claims for damages against, and absolve and hold harmless, all of the sponsors, organizers and associated entities including but not limited to Folks on Spokes, be they individuals, corporations, associations or organizations, their respective officers, directors, agents, employees, members, and successors, singly or individually, and any other parties connected with this event whatsoever, from and against any blame, liabilities, harm, loss, claims or actions from, proximately caused by or arising out of any injury, damage, loss, expense, or inconvenience sustained or suffered in conjunction with or arising out of participation in the Folks on Spokes Easter Ride or any activities associated with the event. I ALSO AGREE THAT I OR THE NAMED ENTRANT WILL WEAR A CPSC APPROVED BICYCLING HELMET WHILE RIDING IN THE EASTER RIDE.

Your cooperation is important - we must do our part to "share the road"!

I agree not to ride two or more abreast when there is impeding traffic. I agree to follow all other rules of the road, which apply to cars and bicycles.

Riders Name (print only)	Age	Signature	Route	T-Shirt	
			13/16 24, 43, 62	Short sleeve	Long Sleeve
_____	_____	_____	_____	S M L XL 2XL	S M L XL 2XL
_____	_____	_____	_____	S M L XL 2XL	S M L XL 2XL
_____	_____	_____	_____	S M L XL 2XL	S M L XL 2XL

FEES

Thru 3/27/19 After 3/27/19

Each Rider (All Routes 13-62)	\$20.00	\$30.00 x _____ = \$ _____	Make checks payable to Folks on Spokes and mail to: Folks on Spokes PO Box 763 Matteson, IL 60443 or use credit card online but not on day of ride. No Refunds after 3/27/19
Each Rider (13-16 Rts. Only)*	\$15.00	\$20.00 x _____ = \$ _____	
Children 12 or Under	\$ 5.00	\$ 5.00 x _____ = \$ _____	
Short Sleeve Charcoal**	\$14.00	\$16.00 x _____ = \$ _____	
Short Sleeve Heather Purple**	\$14.00	\$16.00 x _____ = \$ _____	
Long Sleeve Charcoal**	\$18.00	\$20.00 x _____ = \$ _____	
Women's Scoop Neck***	\$16.00	\$18.00 x _____ = \$ _____	
FOS Single Membership†	\$12.00	\$12.00 = \$ _____	
FOS Family Membership†	\$22.00	\$22.00 = \$ _____	
Total Enclosed: FOS Club Express Credit Card \$ _____ or Check \$ _____			

*Each participant signing up to ride to the Schmuhl Museum/Barrens Shelter (13/16 mile routes only)

FOS will donate \$1.00 to the New Lenox Historical Society.

**Short sleeve unisex tees come in charcoal color or heather purple. Long sleeve tee comes in charcoal only.

***Women's scoop neck tee comes in heather purple only.

†New members only (\$3 off regular membership fee of \$15 single \$25 family).

May we contact you with information about joining our club? Yes _____ No _____

This ride takes place regardless of weather. Limited to 500 riders.

Pick up packets and register for the ride at the Plank Road Cyclery.

If the ride registration is not completed online before day of ride, registration will be available 7:30 AM to 10:00 AM on Sunday, April 14 at Plank Road Cyclery. Riders on the 62 mile route must start by 9:00 AM. Sag support ends at 3:30 PM. **Credit cards will not be accepted at registration day of ride.**

From the north, exit I-57 at US 30 Lincoln Hwy. Go west 6 miles to LaGrange Rd then south ½ mile to Old Frankfort Way. Turn left and go to end of road. Right on White St, then 3 blocks to Elwood. There are several parking lots around Breidert Green. **See FOS web site for Downtown Frankfort Parking Map.**

Show your wrist band at:

- **Durbin's Pizza & Catering** and get 20% off on food orders. Opens at 11:00 AM.
- **Kernel Sweetooth** and get 10% off on popcorn & ice cream. Breakfast specials starting at 7:00 AM.
- **Trails Edge** and get 15% off on all food orders. Opens at 11:00 AM.
- **Aurelio's Pizza Frankfort** and receive 15% off on food orders. Opens at 11:00 AM. (9901 W Lincoln Hwy, Frankfort, IL.