



A Rotary Day of Wellness and Service Saturday, May 22 / Sunday, May 23

District Conference for 2021 will be a virtual event on June 3, 4 and 5. But as part of the Conference, we have set a day where we would like all Rotarians and Clubs to engage in some sort of wellness or hands-on service activity – done outdoors in smaller groups, completely abiding with COVID restrictions. Even though our Conference will be virtual, this Day of Wellness and Service will be a way we can have socially-distant shared experiences. Rotaractors, Interactors, family members and other non-Rotarians can be invited to join. During the virtual part of the Conference, we will share your photos and video clips of the many activities that take place that weekend.

Examples of wellness activities – Club members walking together in a park or along Lake Michigan, group outdoor yoga or meditation, or a bike ride.

Examples of service activities – an Operation Pollination project, a park clean-up project, working with a food pantry to distribute food.



The goal is to have hundreds of Rotarians, Rotaractors, Interactors, and friends of Rotary active on the same day – Saturday, May 22. (Activities can also be scheduled for the following day, Sunday, May 23.)

To encourage participation, we are offering \$100 per Club (including Rotaract and Interact clubs) to pay for any costs associated with your activity that weekend. Clubs are encouraged to collaborate. Please provide DG Chuck with the details of your event (time, place, description, contact person) by March 31, 2021, so we can publish a list of the activities being offered.

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