

District of Columbia

AARP Public Policy Institute

Quick Health Facts 2010*

Demographics

	State	U.S.
Distribution of population (projected) (%), 2010:		
Age 50-64	16.0	18.9
Age 65-84	9.7	11.0
Age 85+	1.9	2.0
Rural population (% of total), 2009	0.0	16.4
Per capita personal income (average), 2008	\$66,316	\$40,166
Family income (median), 2008	\$66,095	\$61,000
Distribution of persons age 50-64 by family income (%), 2008:		
133% of poverty or below	12.3	9.5
134%-400% of poverty	36.2	39.7

Health Expenditures and Financing

	State	U.S.
Medicaid federal matching funds (%), FY2010	79.29	56.20
Medicaid payments by category of enrollee (% of total Medicaid spending), FY2007		
Child	16.1	20.5
Adult	13.5	12.4
Elderly	21.4	24.7
Disabled	49.0	42.4
Total Medicaid expenditures as percent of total state spending, FY2008	N/A	20.7
State Medicaid expenditures as percent of state-only spending, FY2008	N/A	12.5
Total Medicare program payments (in millions), 2008	\$703	\$300,045
Medicare spending per enrollee (average), 2008	\$10,215	\$8,649
Average monthly Medicare Advantage payment rate, 2009	\$956	\$850
Average total premium (employer and employee) for single coverage at private employer, 2008	\$4,890	\$4,386
Average total premium (employer and employee) for family coverage at private employer, 2008	\$13,427	\$12,298

Health Status

	State	U.S.
Adults age 50+ in poor or fair general health (%), 2009	20.4	20.7
Adults age 18+ with a self-care limitation (in 1,000s), 2008	12	6,907
High blood pressure prevalence among adults age 50+ (%), 2009	50.7	49.1
Adults age 50+ who are overweight or obese (%), 2009	59.5	68.6
Adults age 50+ with diabetes (%), 2009	16.7	15.5
Adults age 50+ who currently smoke cigarettes (%), 2009	13.9	14.0
Adults age 50+ whose mental health was not good for >1 week in month (%), 2009	10.1	11.8

Utilization and Quality of Services

	State	U.S.
Adults age 50+ who did not visit a doctor due to cost (%), 2009	9.8	9.5
Adult immunization (%), 2009:		
Pneumococcal pneumonia (age 65+)	62.1	68.2
Influenza (age 50+)	56.3	55.5
Women age 50+ receiving a mammogram (%), 2008	84.4	79.4
Adults age 50+ receiving a colonoscopy or sigmoidoscopy (%), 2008	62.9	56.3
Adults age 50+ receiving recommended screening and preventive care (%), 2006	43.2	42.3
At-risk adults who visited a doctor for a routine checkup in the past two years (%), 2007	90.9	84.6
Number of retail prescriptions filled per person by age (average), 2008		
Age 19-64	8	12
Age 65+	17	30
Medicare home health users (% of beneficiaries), 2008	6.6	7.1
Medicare home health visits per person served (average), 2008	24	38

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Medicare

	State	U.S.
Medicare beneficiaries, 2008:		
Number (in 1,000s)	75	44,385
Percent of population	12.7	14.6
Disabled Medicare beneficiaries under age 65 (% of beneficiaries), 2008	15.9	16.5
Medicare beneficiaries with full or partial Medicaid (%), 2005	27.9	21.0
Private supplemental coverage among Medicare beneficiaries age 65+ (%), 2008:		
Employer sponsored	44.4	32.9
Individually purchased	7.2	25.2
Medicare beneficiaries paying income-related Part B premium, 2008	6,305	1,929,693
Enrollment of Medicare beneficiaries in Medicare Advantage plans (%), 2010	9.8	24.1
Medicare beneficiaries with creditable prescription drug coverage (%), 2010	79.1	86.5
Medicare Part D enrollees receiving the low-income subsidy (in 1,000s), 2010	23	9,951
Non-low income Medicare Part D enrollees who hit the coverage gap (%), 2007	27	26

Medicaid

	State	U.S.
Medicaid enrollment by category of enrollee (% of total Medicaid enrollees), FY2007		
Child	46.6	49.5
Adult	24.4	25.2
Elderly	8.9	10.2
Disabled	20.1	15.1
Persons under age 65 in poverty with Medicaid (% under age 65 in poverty), 2008	65.1	46.3
Medicaid enrollment in managed care plans (%), as of December 2008	65.7	69.8

Access to Care

	State	U.S.
Distribution of persons under age 65 by type of health coverage (%), 2008		
Uninsured	11.0	17.3
Employer	61.9	61.1
Other private	7.7	6.7
Medicaid	17.9	12.3
Other public	1.5	2.6
Number of uninsured adults age 50-64, 2008	11,224	7,507,723
Uninsured adults age 50-64 (%), 2008	10.7	13.4
Private employers that offer health insurance (%), 2008	72.5	56.4
Private employers with fewer than 50 employees that offer health insurance (%), 2008	60.1	43.2
Medicare certified home health agencies, 2010	21	10,135
Providers who accept Medicare fee as full payment (% of providers), 2009	94.8	95.9
Hospital beds (per 1,000 population), 2007	5.8	2.7
Number of nurse practitioners, 2009	563	157,782
Primary care physicians (per 100,000 population), 2008	284	126
Population underserved by primary care physicians (%), 2010	27.1	12.4
Uninsured persons with family income at or below 138% of poverty, 2008	24,537	18,957,643
Uninsured persons by race/ethnicity (%), 2008		
White	4.7	12.6
Minority/ethnic	14.4	25.5

* Citations and the complete *Quick Health Facts 2010* report with comparable data from other states available at:
<http://www.aarp.org/research/ppi>

"N/A" = data not available.

Compiled by Leigh Purvis, AARP Public Policy Institute, July 2010.

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