



The Navigator

A neighborhood-based membership organization of paid staff, volunteers, and vendors supporting Southwest Waterfront and Navy Yard residents who wish to age in place.

Issue 16 - May 2018

Donor Profile: Eva Whitaker



Meet Eva Whitaker: Longtime Southwest resident, New Village Member and Donor

According to a recent [U.S. Census Bureau report](#), people in the U.S. have, on average, a 25.5 minute commute to work – most typically by car. Not so for Eva Whitaker.

In the early 1980s, Eva was living in Hyattsville, Maryland, and working for the General Services Administration at Seventh and D Streets, S.W. She decided she wanted to live closer to work so Eva found an apartment in Capital Park Plaza and, eventually, she purchased a townhouse condominium at Capitol Park IV.

“My favorite thing about the neighborhood started out as being able to walk to work, which I did for 27 years. Although I am at a different work location, I can still walk to my old job and catch a shuttle that goes directly to my current job,” she said. [Read More](#)

May Calendar

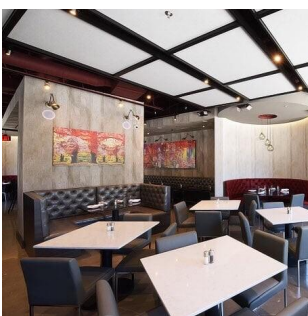
Waterfront Village members will be joining Georgetown and Palisades Villages' members for a book lecture and reception on **Thursday, May 3**, as Olivia Hoblitzelle speaks on her new book, *Aging With Wisdom*:



Reflections, Stories, and Teachings. "Olivia Hoblitzelle is a very wise woman and this book...is a combination of ancient wisdom, practical pointers, and tender stories, a book to cherish." —Joan Borysenko, Ph.D., *Minding the Body, Mending the Mind*.



Waterfront Village is joining senior villages nationwide in developing programming and activities to engage more senior men in Village life. Our Men's Coffee & Conversation group is having a get-together at the Capital Yacht Club, on **Thursday, May 3**, which is open to all Village members and guests with an RSVP.



Lunch in the Neighborhood goes to Scarlet Oak on **Friday, May 4**. The menu at Scarlet Oak (the official tree of the District) is focused on providing locally-sourced produce, meats and seafood, in addition to house-made pizzas and pastas. Lunch in the Neighborhood will repeat **Friday, June 1**, at a location to be announced, and continue monthly, on the first Friday.



Our monthly home barbering service is offered **Monday, May 7**. Please book directly with Leslie Bryant at 202-368-4603. \$30 haircut/\$35 haircut with shave, plus a \$10 travel charge shared across up to four appointments. Repeats **June 11** and the second Monday of the month thereafter. **Contact the Village** for complete in-home styling, manicure, and pedicure referrals. www.theladyclipper.com



Village Members and guests with a yen for Indian cuisine will gather **Monday, May 14**, for the second of seven gatherings at Masala Art Indian Restaurant, each featuring the cuisine of a different region of India. This month, the Village Curry Club will enjoy the cosmopolitan cuisine of Delhi, enhanced by a tableside discussion with the chef. Repeats **June 11** and the second Monday of each month thereafter through October 8.

Village Informational Meetings

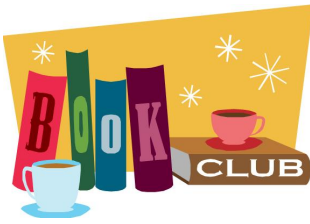
A gathering for prospective Village members and volunteers is being held for residents of the Velocity



Condominium in Navy Yard on **Wednesday, May 9**, from 5 - 7 pm, and a public meeting open to all on **Thursday, May 10**, at Waterside Towers, 907 6th Street, S.W., from 4 - 6 pm with light refreshments. Repeats **June 5** at 700 7th Street, S.W., 4 - 6 pm.



Village Members will make their annual Spring trip to Ginkgo Gardens on **Friday, May 11**, followed by an al fresco (weather permitting), optional lunch at Trattoria Alberto on Barracks Row. Village Volunteers will be available to assist with planting and freshening balconies and patios on May 12 and 13.



The Village Book Club will be meeting on **Thursday, May 17**, at Politics and Prose to discuss *The Warmth of Other Suns* by Isabel Wilkerson, a history of the migration of American blacks from the South to the North from 1915 to 1970. While the book deals with the migration of millions, it does so in a personal manner by focusing on three specific individuals.

Water Taxi to Alexandria's Torpedo Factory and Lunch



Waterfront Village invites fellow D.C. Villages to try out our new water taxi to Alexandria to enjoy lunch at the Chart House, then shopping and exhibits at the Torpedo Factory Art Center on **Friday, May 18** (rescheduled from April 20).



On **Saturday, May 19**, Iona Senior Services will host a full-day workshop on aging well for LGBTQ adults 60 and older. The workshop is supported by a grant from the DC



Office on Aging, with logistical support from Waterfront Village. Participants will gain knowledge about how to plan effectively for their own aging, meet LGBTQ peers, enjoy a catered lunch, and learn about helpful aging-related resources in D.C.



The Village offers complimentary transportation to its Full Service members **every Thursday** to Navy Yard amenities including Bank of America, Harry's Reserve, Harris Teeter, Wells Fargo, and the U.S. Post Office on L Street SW. We're also happy to make stops along 4th Street SW as requested.

Save the Dates:

- June 5 - Village Pot Luck Dinner
- June 6 - National Museum of African Art and Enid Haupt Gardens Tours
- June 13 - Special Event: Mount Vernon Gardens Tour and Dinner**
- June 27 - Village Matinee at *Camelot*
- July 17 - Village Night at *DAVE*

Three easy ways to register:

- Visit our [website](#) to learn more and RSVP on-line
- Email your request to events@dcwaterfrontvillage.org
- Call Village Registrar Carolyn Lieberg at 202-903-8529



- Full Members enjoy our events plus:
- Telephone check-ins
 - Weekly grocery/bank/USPS shuttle
 - Friendly Companion visits
 - Handyman help
 - Reading for the visually impaired
 - Uber, airline, rail booking service
 - Prescription, grocery, meal delivery
 - 16 rides per year in the District or Arlington County by our volunteer drivers or staff



The Village walking group enjoyed the azalea trails at the National Arboretum on April 30. Among those attending were (left to right) Peter and Stephanie Eicher, Joyce Bouvier, Kathryn Crump-Wiesner, Elaine Graves, and John McGrath.

Welcoming our new Members

Lew Bashoor
Sandy Carroll
Janet Miyazaki
Philip Weeks

Thanking our renewing Members:

Coralie Farlee
James and Darlene Howard
Judith Walters



Other walkers included (left to right)
Hara Bouganim, Susan Goodman,
Sandy Carroll, and Elaine Graves.

**Learn More About our
Free 60-Day Trial
Membership**

IN MEMORIAM

Village Member Tim Baker passed away of natural causes at his Tiber Island home on April 30, as was his wish.

Learn more about volunteering for Waterfront Village

Website Benefits Donations Events Contact

A Member of the National
Senior Village Movement



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President**

**Bob Craycraft
Executive Director**

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