

Things To Do In San Diego, California:
National Dance Education Organization 20th Annual Conference
October 4th- 7th, 2018

*From beaches, to local coffee, acai bowls, hikes, and sites, there's a reason that San Diego is
"America's Finest City"*

La Jolla

Sea Lions, sea coves, sea activities galore.

Top Things to Do Here-

- **La Jolla Cove:** Swim with the Sea Lions! This is a free activity, all you need is a snorkel and goggles. https://www.tripadvisor.com/ShowUserReviews-g32578-d255307-r404913506-La_Jolla_Cove-La_Jolla_San_Diego_California.html
- **La Jolla Cove:** Kayak around the caves and cliffs of La Jolla! <https://www.lajollakayak.com/rentals/>
- **La Jolla Children's Pool:** Lots of times you can climb around the rocks here and get good photos of the Sea Lions, or take them from afar. Be careful not to get too close to the wildlife! https://www.tripadvisor.com/Attraction_Review-g32578-d1466558-Reviews-Children_s_Pool-La_Jolla_San_Diego_California.html

Restaurants-

- **Duke's La Jolla:** Hawaiian feel on the shores of California. <https://www.dukeslajolla.com/>
- **The Taco Stand La Jolla:** This is great takeout/casual/cheap-local-eats <http://www.letstaco.com/>
- **The Cottage La Jolla:** The go-to breakfast spot. <https://www.cottagelajolla.com/>
- **Harry's Coffee Shop:** The best local coffee shop in La Jolla! They serve a nice breakfast too. <http://harryscoffeeshop.com/>
- **Catania:** Your more upscale Italian eatery in La Jolla. <https://www.cataniasd.com/>

Different Things to Do Nearby-

- **Los Penasquitos Canyon Trail:** Just north of la jolla! You can hike to the mini waterfall and you may see some crayfish in the river. <http://www.sdparks.org/content/sdparks/en/park-pages/LosPenasquitos.html>
- **Torrey Pines:** This is a common tourist hike overlooking the Pacific Ocean. <https://torreypine.org/>
- **Pacific Beach Shore Club:** This is a bar where every wednesday night you can race goldfish. Winner get a cash prize! <http://pbshoreclub.com/menu/wednesday-goldfish-races/>

GasLamp/Little Italy/Mission/San Diego Downtown and Waterfront

Gaslamp Quarter is San Diego's lively downtown with restaurants, amazing local coffee shops, breweries, and nightlife. The surrounding barrios of Little Italy, Waterfront, Logan, and more are all the more fun!

Restaurants-

- **The Blind Burro:** Gaslamp restaurant with decent prices. <https://www.theblindburro.com/eat/>

- **Las Cuatro Milpas:** * *Highly recommended** This is destination dining. Authentic. Worth waiting in lines for those pudgy tamales, steamy bowls of chorizo, hearty carnitas, fresh tortillas and whatever else this cafeteria-style operation has on its Mom's-kitchen-Mexican menu. **Bring cash. Closed Sundays.** 1875 Logan Ave., Barrio Logan. (619) 234-4460.
- **Lucha Libre Taco Shop Gaslamp:** Order burritos while viewing some interesting luchador settings! <https://www.luchalibretacoshop.com/>
- **Bencotto's Italian Kitchen:** They make the pasta right there, and you can make your own pasta creation! <https://www.lovebencotto.com/>

Coffee Shops-

- **Copa Vida:** Their cortado is amazing! They also serve sandwiches and breakfast! <http://www.copa-vida.com/about.php>
- **Lani Coffee:** Try their acai bowls and specialty coffee drinks! Hawaiian-feel coffee shop. <http://www.lani-coffee.com/>
- **Roast Coach:** A coffee bar right outside Mezza Restaurant that specializes in pour-over coffee. <https://www.yelp.com/biz/roast-coach-coffee-bar-san-diego-4>
- **Bean Bar:** This place has amazing cold brew, and their beans are also used in some of the local breweries for their coffee-inspired beers! <http://sdbeanbar.com/>
- **Simon Says Coffee:** Really friendly service, cool coffee stand setup gives it a very local feel. <http://simonsayscoffee.com/>

Breweries/Brew Pubs-

San Diego is known as the "Craft Brewery Capital of the World", so it's worth a visit to just SOME of the best in town.

- **Mission Brewery:** <http://missionbrewery.com/>
- **Resident Brewing Co:** Right in Gaslamp! <http://residentbrewing.com/>

Nightlife-

- **Shout House:** A Dueling Piano bar that plays only songs suggested by the crowd. Get ready for lots of fun, lots of singing along, and lots of laughs! <https://theshouthouse.com/>
- **Moonshine Flats:** A Country Bar with live shows, games, and dancing right in the heart of Gaslamp. <http://moonshineflats.com/>
- **The Topsy Crow:** San Diego's longest standing bar. They have multiple floors, interesting furniture, and lots of games to play. <http://www.goodtimedesignsd.com/the-tipsy-crow/>

Different Things to Do Nearby-

- **Pura Vida Yoga:** Relax and breathe with San Diego's best. <http://puravidayogacenter.com/about/studio.shtml>
 - *Did you know? : Jonathan Coyle, one of the Yoga Instructors at Pura Vida, is also a performer and pianist at the Shout House in Gaslamp!!
- **Petco Park:** Even if you don't go see a game, this is a nice place to visit and walk around. <https://www.mlb.com/padres/ballpark>

- **Martin Luther King Promenade:** For a nice walk up and down the city close to the water. They've built some nice sights to see too within the promenade too!
<https://www.yelp.com/biz/martin-luther-king-jr-promenade-san-diego>
- **USS Midway Tour:** You can get to this by walking the MLK Jr Promenade from Gaslamp! See the Aircraft carrier, the statue of "The Kissing Sailor", and great views of Coronado Island.
<https://www.midway.org/>
- **Waterfront Park:** Good for kids! They have a kiddie pool and nice views of the water with wide open spaces. <https://www.yelp.com/biz/waterfront-park-san-diego>
- **Spruce Street Suspension Bridge:** Close to the San Diego zoo, this is a place you'd have to drive to and search for, but well worth it! Built in 1912, the hidden suspension [footbridge has beautiful views of the valley below.](https://www.yelp.com/biz/spruce-street-suspension-bridge-san-diego) <https://www.yelp.com/biz/spruce-street-suspension-bridge-san-diego>
- **San Diego Zoo:** After your walk over the suspension bridge, why not tour the famous zoo?
<https://zoo.sandiegozoo.org/>

Ocean Beach/Point Loma/Coronado Island

All different, all beautiful, all sort of near each-other. Make sure you check out their beaches!!!

Things to do-

- **Sunset Cliffs:** Near Ocean Beach. Make sure to go here to catch the sunset overlooking the Pacific Ocean! It is an other-worldly kind of gorgeous.
<https://oceanbeachsandiego.com/media/photos/sunset-cliffs>
- **Ocean Beach/ OB Boardwalk:** One of the many beautiful beaches of San Diego.
<https://www.yelp.com/biz/ocean-beach-boardwalk-san-diego?osq=ocean+beach>
- **Ocean Beach- OB Noodle House:** An amazing, casual Vietnamese joint that's worth the visit. Their food is delicious and the vibes are classic OB. <https://obnoodlehouse.com/>
- **Coronado Island:** Ocean Blvd/Orange Ave House viewing on Coronado Island. Check out better-than-Hollywood, more upscale than LA celebrity houses on Coronado Island!
- **Coronado Island- Clayton's Coffee Shop:** Grab an amazing caramel macchiato and then head to Coronado beach!
<http://coronadovisitorcenter.com/accommodations/dining/claytons-coffee-shop/>
- **Coronado Island- Coronado Dog Beach:** Tan, swim, and pet puppies all day! What could be better? <http://coronadovisitorcenter.com/the-place-to-be-outdoors/coronado-dog-beach/>
- **Coronado Island- Coronado Brew Pub:** Great food and local craft beer from Coronado.
<https://coronadobrewing.com/locations-new/coronado-brewpub/>
- **Point Loma Lookout/Cabrillo National Monument:** Go here to experience a beautiful San Diego lookout point to the ocean, surrounded by tidepools to explore, a national monument, and a lighthouse. <https://www.nps.gov/cabr/index.htm>