

NDEO's Online Professional Development Institute (OPDI)
Summer 2020 -- Session #2 – Courses Begin on 7/20/20
Current as of 6/10/20 – *Member and Non-Member Tuition Rates Available*

OPDI-M4: Developmental Domains in Dance

July 20 to August 16, 2020

Professor: Patricia Cohen; Tuition \$200 Members / \$275 Non-Members; 1 NDEO-Endorsed CEU; 4 weeks; This Mini Course explores human development as it informs our teaching of students of all ages and abilities. Exploration will cover general domains including physical, cognitive, social, and emotional development. As dance educators, we need to be aware of our students' development in each of these domains. Participants will utilize this information in observing and identifying behaviors in each of the domains, and in creating learning environments in which all dance students can succeed. This course is great for someone who is new to online learning in dance wants the experience without significant costs in terms of time and money.

OPDI-M12: Jazz Dance Theory and Practice

July 20 to August 30, 2020 ~~ *New section of course added since the first summer session was sold out.*

Professor: Lindsay Guarino; Tuition \$295; 1.5 NDEO-Endorsed CEUs; 6 weeks; This course traces the continuum of jazz dance from its roots to its many manifestations today. Students will explore their own jazz dance identity through a process of examining historical jazz eras and styles (authentic, vernacular, theatrical, and contemporary) and by engaging in reflection, choreographic explorations, and dialogue with classmates. Additional course components include reading, video viewing and analysis, and writing assignments that allow students to focus their understanding of jazz dance. Whether you teach in a privately-owned dance studio, in K-12, or in higher education, this course will also offer participants the opportunity to practice a historically-rooted approach for teaching jazz dance that is relevant today in contemporary jazz dance practices. By applying essential jazz dance characteristics that are derived from the origins of jazz but are often forgotten in dance studios today, participants will be able to integrate a rich understanding of jazz dance to classroom exercises that are already in your tool box. Feedback from classmates and instructor will open the doors to a dialogue where, as a community, one can share successes and challenges. In turn, participants will complete this course with a series of class exercises that can be explored and integrated into regular studio classes. **Book required:** *Jazz Dance: A History of the Roots and Branches* by Lindsay Guarino and Wendy Oliver. (2014). Gainesville, FL: University Press of Florida.

OPDI-M20: Integrating Social Emotional Learning (SEL) in Dance Curriculum – NEW COURSE

July 20 to August 30, 2020 ~~ **SOLD OUT – WAIT LIST**

Professor: Margot Toppen; Tuition \$295 Members / \$370 Non-Members; 1.5 NDEO-Endorsed CEUs; 6 weeks; With an emerging evidence base connecting dance to Social and Emotional Learning (SEL) outcomes, it's important for dance teachers to understand and be able to articulate this connection. Additionally, any kind of dance teacher can strengthen their pedagogy and student outcomes with a more intentional and explicit focus on SEL. This course provides strategies for aligning dance curriculum to CASEL's "Framework for Systemic Social and Emotional Learning." CASEL stands for the Collaborative for Academic, Social, and Emotional Learning. Participants will learn about the CASEL framework and the research showing the strong connection between dance and SEL. The five broad SEL competency areas: Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision-Making. The course will wrap up with participants mapping out an action plan for how they can integrate explicit and intentional SEL approaches into their teaching.

OPDI-M21: Building an Online Dance Course: Process and Product ~~ NEW COURSE

July 20 to August 30, 2020

Professor: Jane Bonbright, Robin Kish, Beth Megill, and Sue McGreevy-Nichols; Tuition \$295 Members / \$370 Non-Members; 1.5 NDEO-Endorsed CEUs; 6 weeks; The COVID-19 and social distancing have illuminated the need for all dance educators to develop the skills needed to not only teach online but also know how to develop a comprehensive online course. This is a course that takes the dance professional (OPDI student) through the process of the planning, designing, and implementing an online course. The course provides information regarding commonly used online Learning Management Systems (LMS), how to build a course outline, understand the basic structure for planning modules, identify resources, and design

assignments, student work, and assessments. The same principles apply whether you are teaching dance technique or the academic side of dance. Participants should have an idea for a course outline that they would like to design by the end of this course.

OPDI-116: Harkness Center for Dance Injuries: The Applied Science of Dancer Health and Injury Prevention

July 20 to October 25, 2020

Professors: Marijeanne Liederbach with Joshua Honrado, Kristen Stevens, and William Zinser; Tuition \$520 Members / \$595 non-Members; 3 NDEO-Endorsed CEUs; 12 weeks; Dance educators in every genre of dance serve a myriad of student populations. The goal of this evidenced-based course is to present you, the dance educator, with key principles of overall health in a way that will allow you to critically interpret the information, apply it to your dance education setting, and formulate a dance injury prevention plan of action in your teaching practice. Participants will explore the relationship, or spectrum, between overall health and dance injuries in order to consider what a dance injury prevention plan of action would include in any given environment. Topics covered will include physical, psychodynamic, and environmental factors; motor skill development; strength and conditioning principles; common dance injuries and their formal nomenclature; common myths about injury and training; adolescent dancer health; basic functional anatomy/biomechanics and nutrition; and teacher self-care. Upon analyzing the course material, participants will design an action plan for their students and receive feedback from Harkness Center for Dance Injuries (HCDI) clinicians. At the end of this course, students will demonstrate knowledge of what factors constitute overall health and how they can use this knowledge to develop and deepen their own teaching practices, regardless of educational setting. It is strongly encouraged but not required that prior to engaging in this course, that participants have previously taken NDEO's OPDI-110 Dance Kinesiology and Applied Teaching Practice or another anatomy/kinesiology course. Required Materials: Lectures from HCDI's DanceMedU online learning platform. These will be ordered during the course.

OPDI Tuition -- Deadline to Pay OPDI Tuition is 7/8/20

Length of Course	Non-Member Tuition	Current Member Tuition
12 week course	\$595	\$520
6 week course	\$370	\$295
4 week course	\$275	\$200

Non-Member Registration Process

Go to <http://www.ndeo.org/opdi-nm-reg> to register and pay. During the registration process, you will be asked a few demographic questions as well as some questions about your dance training and teaching experience. You can pay by credit card or Paypal.

Current Member Registration Process

1. Complete the online OPDI application if you have not already done so. Go to <http://www.ndeo.org/opdiapply>, just make sure to login to your NDEO member account first before filling it out.
2. **To register for our online courses** please go to www.ndeo.org and login to your member account. Once logged in, click on your name in the top right corner of the webpage and you will see a drop down menu and then click on the Profile link. Once in your member Profile you will see an OPDI section and an Access OPDI link. Click on that and you will see all the courses open for enrollment. Select the Enroll icon next to the course you want to take and proceed through to the payment section. You can pay by credit card or Paypal.

For help in registering for a Course please email opdi@ndeo.org. REMINDER: There are different registration processes if you are a Member or a Non-Member.