

NDEO's Online Professional Development Institute (OPDI) for Dance Education
Summer 2018 Semester – as of 3-30-18

Courses Start on May 21

OPDI-116: Harkness Center for Dance Injuries: The Applied Science of Dancer Health and Injury Prevention

(May 21 to August 12, 2018)

Professors: Marijeanne Liederbach with Joshua Honrado, Kristen Stevens, and William Zinser; Tuition \$500; 3 NDEO-Endorsed CEUs; 12 weeks; Dance educators in every genre of dance serve a myriad of student populations. The goal of this evidenced-based course is to present you, the dance educator, with key principles of overall health in a way that will allow you to critically interpret the information, apply it to your dance education setting, and formulate a dance injury prevention plan of action in your teaching practice. Participants will explore the relationship, or spectrum, between overall health and dance injuries in order to consider what a dance injury prevention plan of action would include in any given environment. Topics covered will include physical, psychodynamic, and environmental factors; motor skill development; strength and conditioning principles; common dance injuries and their formal nomenclature; common myths about injury and training; adolescent dancer health; basic functional anatomy/biomechanics and nutrition; and teacher self-care. Upon analyzing the course material, participants will design an action plan for their students and receive feedback from Harkness Center for Dance Injuries (HCDI) clinicians. At the end of this course, students will demonstrate knowledge of what factors constitute overall health and how they can use this knowledge to develop and deepen their own teaching practices, regardless of educational setting. It is strongly encouraged but not required that prior to engaging in this course, that participants have previously taken NDEO's OPDI-110 Dance Kinesiology and Applied Teaching Practice or another anatomy/kinesiology course. **Required Materials:** *Lectures from HCDI's DanceMedU online learning platform (\$75). These will be ordered during the 5th week of the course.*

OPDI-M13: Modern Dance Theory and Composition (May 21 – July 1, 2018)

Professor: Marty Sprague; Tuition \$285; 1.5 NDEO-Endorsed CEUs; 6 weeks; In this course, students will engage in research and reflection on the following questions: As a teacher, what long term dance learning or enduring understanding do you wish to pass on to your students regarding modern dance? As a choreographer, do you know the lineage, from where your personal expressive style is rooted and developed, of your modern dance style? As a performer, how can an understanding of modern dance styles aid in clarity of execution in repertory pieces? From where do we develop our personal movement preferences and expressive capabilities? What or who has influenced these preferences and capabilities? Even if you are a "rebel", as opposed to one devoted to passing on a legacy, you need to know from what or whom you are rebelling. By applying a known family genealogy, one is given a deeper sense of identity and so knowing the modern dance historical genealogy gives a deeper sense of one's place in the modern dance world and thereby improve one's dance products and students' training experience. **Required Book:** *Legg, Joshua. (2011). Introduction to Modern Dance Techniques. Hightstown, NJ: Princeton Book Company Publishers.* **Optional additional text:** *Strauss, Marc Raymond with Nadel, Myron Howard. (2012). Looking at Contemporary Dance: A Guide for the Internet Age. Hightstown, NJ: Princeton Book Company Publishers.*

Courses Start on June 4

OPDI-102: Dance History - 1800 to Present (June 4 to August 26, 2018)

Professor: Dr. Doug Risner; Tuition \$500; 3-NDEO Endorsed CEUs; 12 weeks; This course investigates the ways in which dance in Western Europe developed through various cultural influences from the romantic ballet scenario in the nineteenth century to American artistic compositions of the twenty-first century in the present day. It is intended to expand students' understanding of dance as both an art form and as a social and cultural artifact. Study includes concert dance forms (ballet, modern, jazz/musical theatre) and numerous social and ballroom dances from 1800 to present. Particular attention focuses on developing students' ability to become highly-qualified dance educators and to assist them in developing their own students as informed and literate audience members for dance and related dance arts performances. **Book required:** *History of Dance: An Interactive Arts Approach (1st Edition) by G. Kassing. Available on Amazon.*

OPDI 115: Dance Integration: Re-envisioning the Creative Process (June 4 to August 26, 2018)

Professor: Marty Sprague; Tuition \$500; 3-NDEO Endorsed CEUs; 12 week; Dance Integration is an exploration of arts integration through use of the creative process as a method for developing movement, dance phrases, dances, and entire units of study. This course helps dance educators (teaching artists, K-12 educators, studio teachers, instructors at company schools, university professors along with their pre-service student teachers) integrate dance across the curriculum through: understanding the creative process (from concept, investigation and exploration through selection, development, refinement and exhibition); creating dance-making activities and lessons; designing and assessing integrated projects; understanding the use of different teaching styles, and selecting and adding appropriate national, state, or local standards, and applicable 21st Century Learning Skills. The content of this course is also useful for teacher preparation programs and professional development (for dance and non-dance educators). **Book required:** *Dance About Anything by Susan McGreevy-Nichols, Marty Sprague, and Helene Scheff available on NDEO website www.ndeo.org in the Online Store.*

OPDI –M2: Elements of Dance (June 18 to July15, 2018)

Professor: Patricia Cohen; Tuition \$190; 1 NDEO-endorsed CEU; 4 weeks; This Mini Course explores the universal language used to describe movement, and dance in particular. This language, or elements of movement, is applicable to all dance styles, genres and techniques. Through movement and online discussions, students will examine how the body moves in space, in time, and with energy (dynamics). A working knowledge of this material allows the student to identify and describe movement with specificity and clarity which can be useful in creating dances, documenting choreography and ensuring accurate interpretation of specific styles and techniques. In addition, this knowledge can improve students' ability to analyze, interpret and respond to dance choreography and performance.

OPDI-M14: Music Fundamentals for the Dance Teacher (June 18 to July 29, 2018)

Professor: Suzanne Knosp; Tuition \$285; 1.5 NDEO Endorsed CEU; 6 weeks

The goal of this course is to enhance dance teachers' understanding of music and its relationship to dance. In so doing, the course explores rhythmic, expressive, structural, notational, and collaborative relationships between music and dance. In addition, dance teachers develop a strong vocabulary to communicate artistic requirements in dance through music and learn how to recognize and articulate each musical choice for a specific dance exercise. No text book required.

OPDI-201: Portfolio Development using the Professional Teaching Standards for Dance Arts (PTSDA)

Independent Study – July Start Date TBD

Professor: Pat Cohen; Tuition \$500; 3-NDEO Endorsed CEUs; 12 weeks; Prerequisites: *Successful completion of the introductory course (OPDI-101: Intro to PTSDA).* In this 201 course, participants will learn the essentials of developing a professional portfolio, culminating in an organized, useful compilation of one's accomplishments, skills and pedagogical expertise. Each course module substantively references the Professional Teaching Standards for Dance Arts, providing solid evidence of one's deep understanding of the Standards manifested in statements of teaching philosophy, lesson plans and assessments for varied populations, videos of teaching moments, documented collaborations with colleagues, and one's place in the community as an advocate for dance in arts education. During the course, participants will both watch and create teaching videos, read relevant articles, research funding possibilities, etc. Professional portfolios complement one's resume/vita, providing powerful documentation of one's accomplishments and skills. Portfolios are used with increasing frequency as assessment for teacher evaluation and job promotion. *Contact opdi@ndeo.org if you are interested in taking this course as it is not available for online registration yet.*

Want to Become an OPDI Student? If you have never filled out the OPDI application and paid the \$25 app fee (free for NDEO members), and you want to take OPDI courses, then you will need to complete the online application and pay the fee at www.ndeo.org/opdiapply. If you are a current NDEO member, then you can apply to OPDI for free as long as you are logged in to the www.ndeo.org website.

NDEO Membership Policy: All accepted OPDI students must have a current "individual" Membership in NDEO (Professional, Graduate Student, Undergraduate Student, Retiree or PhD/EdD Membership) before they can register for courses. If the institution where you are the main contact has a current NDEO Institutional Membership and you want to register for an OPDI course, please call 301-585-2880 or email (opdi@ndeo.org) the home office and request an OPDI Membership which is free to you as the main contact.

How to register for a course after you have been accepted to OPDI: To register for an OPDI course just log into your NDEO member account at www.ndeo.org and proceed to the Profile link in top right corner near your name, then click on Access OPDI link within the Profile. Then click on the Enroll icon next to the course you wish to take.