

**NDEO's Online Professional Development Institute (OPDI) for Dance Education**  
**Fall 2018 Semester – Preliminary Schedule as of 6-26-18**

**Courses that start on September 10th**

**OPDI-105: Introduction to Dance Education Research** (September 10 to December 2, 2018)

**Professor: Dr. Doug Risner; Tuition \$500; 3 NDEO-endorsed CEUs; 12 weeks; 3 Undergraduate Credits available from University of North Carolina / Greensboro (UNCG course # DCE 445) for additional \$495;** This course provides a survey of current research paradigms in dance education inquiry with particular emphasis on research process, design, methodology, and pedagogical implications for dance teaching and curriculum. In addition, an overview of empirical and exploratory research drawn from historical, philosophical, descriptive, ethnographic, case study, survey, action research, interpretive, and critical approaches is explored. Student learning outcomes include the ability to read research in informed and critical ways, analyze research findings, and formulate their own research question(s) and appropriate methodologies. This 3-unit course is appropriate for dance educators interested in developing their knowledge about research, using research to enhance teaching, seeing their studios and classrooms as research labs, and constructing their own research studies for improving student learning and teaching practices.

**OPDI-110: Dance Kinesiology and Applied Teaching Practice** (September 10 to December 2, 2018)

**Professor: Robin Kish; Tuition \$500; 3 NDEO-Endorsed CEUs\*; 12 weeks; 3 Undergraduate Credits available from University of North Carolina / Greensboro (UNCG course # DCE 341) for additional \$495;** This course provides an introduction to the field of dance kinesiology with an emphasis on applied teaching practices. The course will provide participants with a strong foundation in anatomy and kinesiology to help maximize performance and minimize potential injuries of their students. Participants will learn how to create environments to promote healthy approaches in the training of dancers which include injury basics, developmentally safe practices, nutrition and the creation of a medical support network. The information provided in the course is based upon proven principles and methodologies gathered from current research. As an educator it is important to clearly define the anatomical potential and limitations of individual dancers in order to maximize technical training and performance. This course will provide you with the confidence that you are using safe and effective training principles to minimize injury in your students. Book required: Trail Guide to the Body (4th Edition) 2005 by Andrew Biel {spiral-bound} Boulder, collard: Books of Discovery. ISBN #9780982663400

**OPDI-111ab: Dance History: Global, Cultural, and Historical Considerations** (September 10– December 2)

**Professor: Patricia Cohen; Tuition \$285 for 111a & \$215 for 111b; 3 NDEO-Endorsed CEUs\*; 12 weeks; 3 Undergraduate Credits available from University of North Carolina / Greensboro (UNCG course # DCE 206) for additional \$495 but you must register and PAY for both 111a and 111b at same time;** This course provides an overview of dance history in cultural and historical context, from its earliest documentation (pre-historic times) to current practices, including the emergence of new dance forms through transmigration (e.g. Kathak to Flamenco, Clogging to Tap, Gumbboot to Stepping). Global in its perspective, the course equally emphasizes Western and Non-Western dance forms. Using context as its primary lens, the course covers theatrical, folk and social forms of dance in socio-economic, religious, and political environments. The effects of culture on what and how we dance and the corresponding influence of dance on its society will also be explored. Among other dance forms, participants will explore examples of dance influenced by politics (e.g. Kurt Jooss' *Green Table*, and the trajectory of Cambodian court dance), economics (social dances of the Depression and Swing eras), religion (e.g. Bharata Natyam, as performed by the devadasis, and Sufi "whirling dervishes"), and myths and legends (e.g. Graham's *Errand into the Maze*, or variations on *Apollo* from Louis XIV through Czarist Russia to Balanchine.) The course is intended to serve the needs of a wide variety of students including: 1) dance students, professional dancers and educators who desire a global overview of dance history, 2) students, professional dancers and educators who are curious about the interconnections of dance and society, 3) students who need a dance history prerequisite for further study, or 4) danceeducators preparing for K-12 certification content exams in certain states such as New York. Two books required: Vissicaro, P. (2004) *Studying Dance Cultures around the World*. Dubuque, IA. Kendall/Hunt. Dils, A. and Albright, A. (2001). *Moving History/Dancing Cultures*. Middletown, CT. Wesleyan University Press.

**OPDI-111a: Dance History: Global, Cultural and Historical Considerations (Part 1)** (Sept. 10 – Oct. 21)

**Tuition \$285 for Part 1; 1.5 NDEO-Endorsed CEUs; 6 weeks; This course is a pre-requisite for OPDI-111b**

In Part 1 of this course the student will explore the terminology and descriptions used in the study of dance history along with the functions that dance plays in our lives such as social, theatrical, political, religious, etc. The course will then move on to a review of Classical dance forms (e.g. ballet, Bharata Natya, etc.) and Blended dance forms (e.g. tap).

**OPDI-111b: Dance History: Global, Cultural and Historical Considerations (Part 2)** (Oct. 22 - Dec. 2)

**Tuition \$215 for Part 2; 1.5 NDEO-Endorsed CEUs; 6 weeks; OPDI-111a is a pre-requisite for this course.**

In Part 2 of this course the student will explore dance forms from pre-historic dance, myths and legends, transmigration, globalization and nationalism. A review of pedagogy models for teaching world dance is also explored. The course then ends with a culminating essay project.

### Course that starts on September 17th

**New~~ OPDI-M15: Focus in Dance Education: NDEO National Conference** (September 17 to October 28, 2018)

**Professor: Jane Bonbright; Tuition \$285 plus the cost of conference registration; 1.5 NDEO-endorsed CEUs; 6 weeks;**

The National Dance Education Organization (NDEO) holds a national conference every year that includes over 200 conference sessions and workshops, social events, and learning opportunities. The prime benefits include the professional development and the opportunity for new and experienced dance professionals to network, bond, and share personal and professional resources. This course is designed for any professional in dance who wants to attend conference with the intent of focusing on a specific interest area within dance and receive Continuing Education Units (CEUs) through the Online Professional Development Institute (OPDI) that will count toward the Certificate in Dance Education. Students determine a prime area of focus at the national conference and develop a research question that gives direction to their study as they attend 5-6 pre-identified sessions/workshops. They gather, synthesize information, and write concise summative evaluations on content learned within the 5 to 6 pre-identified sessions/workshops. Of course, the student can attend as many conference sessions as they like in addition to the ones evaluated for this course.

### Courses that starts on September 24th

**OPDI-114: Teaching Dance to Students with Disabilities** (September 24 - December 16, 2018)

**Professor: Theresa Purcell Cone; Tuition \$500; 3 NDEO-endorsed CEUs; 12 weeks;**

Dance for students with disabilities is a means for them to express and communicate feelings and ideas, collaborate with others and learn new movement possibilities. All students need opportunities to learn, create, perform and respond to dance in all its forms. Through this course educators will learn instructional strategies that successfully include students with disabilities in the P-12 dance program. The course also addresses legislation related to students with disabilities, current issues for inclusion, people first language, characteristics of different disabilities, Individual Education Plans (IEP), Assessment and Goal development, accessible learning environments, and content and teaching modifications for learning in dance education. Educators who teach in the P-12 schools, private studios, higher education, and community dance programs will find this course can assist them with the knowledge and learning experiences to provide meaningful dance education programs for students with disabilities.

**New ~~ OPDI-117: Developing Strategic Leadership in Dance and Life** (September 24 - December 16, 2018)

**Professor: Dr. Jane Bonbright; Tuition \$500; 3 NDEO-endorsed CEUs; 12 weeks;**

This course looks at leadership as a complex process that has multiple dimensions. We begin with questioning: What is the role of ethics, integrity, and character in the leadership process? Is leadership more dependent on innate traits, skills and characteristics, or is it more learned behavior and strategy? This course focuses on the latter – learned behavior that requires one formulate and execute strategy. In narrowing our focus to lead with strategic thinking, we examine four ways effective leaders gain insight, drive change, and get results. In this journey, we draw on aspects of cognitive psychology, systems thinking, and game theory to inform strategy – a truly fascinating concept. When we integrate formulating strategy with executing strategy and apply intent to those functions, leadership types emerge – visionary, directive, incubating, and collaborate. We examine these in detail looking at core and applied competencies associated with strategic leadership. Case studies allow us to deconstruct and reconstruct concepts learned; ultimately understanding how formulating and implementing strategic thinking is critical to effective and successful leadership. In each module, students apply course content to personal and professional situations through doing many self-reflective inventories to provide base-line information about their own innate or acquired abilities; and building a Learning Opportunity case study applying lesson learned. Indeed the course provides the dance educator and administrator with important and practical ways to develop critical skills sets, develop actionable approaches to solving problems, and capitalize on innate strengths. Book required: Olson, Aaron K. & Simerson, B. Keith. (2015). *Leading with Strategic Thinking: For Ways Effective Leaders Gain Insight, Drive Change, and Get Results*. Hoboken, NJ: John Wiley & Sons, Inc.

**OPDI-M6: Introduction to Creative Dance in Early Childhood** (September 24 to November 4, 2018)

**Professor: Lynn Monson; Tuition \$285; 1.5 NDEO-endorsed CEUs; 6 weeks;**

This course explores the concepts and content essential for quality teaching and learning for creative dance for early childhood. Cognitive and child development, standards, assessment, pedagogy, and the basic movement components for curriculum development will be investigated through readings, research, observation and interactive projects. The course will explore BrainDance, developed by Anne Green Gilbert, to show how it addresses child development principles and current brain research. Participants will grapple with essential questions and learn the skills to be able to develop and implement content for creative dance for either 3-5 or 6-8 years of age. Book required: Gilbert, A.G. (2006) *Brain Compatible Dance Education*. Champaign, IL. Human Kinetics.

**OPDI-M7: Ballet Theory and Composition** (September 24 to November 4, 2018)

**Professor: Lori Provost; Tuition \$285; 1.5 NDEO-Endorsed CEUs; 6 weeks;** This course examines the diverse and multilateral Western training systems of the French, English, Russian, Italian, Danish, and American schools. By examining historical approaches, students will compose their own syllabus for classroom training. Due to its emphasis on ballet technique and teacher performance, the course relies heavily on visual learning (viewing videos), video recording of classroom teaching, and videoconference feedback. This course is beneficial for university students, dancers

who are making the transition from a performance career to a ballet-teaching career, and current teachers who want to brush up on theory with online flexibility. It is recommended that students have at the minimum, an introductory knowledge of ballet terminology and technique. It is recommended that students enrolled in this course are currently teaching a ballet class or have instructional access to a group of students, in order to apply assignments that require student demonstrations. If you do not have access to students during this course, please inform the instruction immediately for alternate assignment. Book Required: Grant, G. (2014). *Technical Manual and Dictionary of Classical Dance*. New York, NY: Dover Publications.

**OPDI Application:** If you have never filled out the OPDI application and paid the \$25 app fee (free for NDEO members), and you want to take OPDI courses, then you will need to complete the online application and pay the fee at [www.ndeo.org/opdiapply](http://www.ndeo.org/opdiapply). If you are a current NDEO member, then you can apply to OPDI for free as long as you are logged in to the [www.ndeo.org](http://www.ndeo.org) website.

**NDEO Membership Policy:** All accepted OPDI students must have a current "individual" Membership in NDEO (Professional, Graduate Student, Undergraduate Student, Retiree or PhD/EdD Membership) before they can register for courses. If the institution where you are the main contact has a current NDEO Institutional Membership and you want to register for an OPDI course, please call 301-585-2880 or email ([opdi@ndeo.org](mailto:opdi@ndeo.org)) the home office and request an OPDI Membership which is free to you as the main contact. Membership information can be found at [www.ndeo.org/membertypes](http://www.ndeo.org/membertypes).

**How to Register for a Course:** To register for an OPDI course just log into your NDEO member account at [www.ndeo.org](http://www.ndeo.org) and proceed to the Profile link in top right corner near your name, then click on Access OPDI link within the Profile. Then click on the Enroll icon next to the course you wish to take and proceed to the payment section where you can pay online with a credit card. We accept Visa, Mastercard, Amex, Discover, and Paypal.