

NDEO's Online Professional Development Institute (OPDI) for Dance Education
Fall 2021 Semester – Tentative Schedule as of 7-14-21

How do OPDI Courses work?

Our “online” courses are guided by a professor and include a co-hort of students (other dance teachers) with whom you will collaborate. They also include graded assignments, feedback, final grades, and Continuing Education Units (CEUs). Our OPDI online courses require on average between 6 to 8 hours of work each week, but it all depends on the student's learning style. It could be less or could be more. You can also register as an Audit student and do as much or as little work as you want and will not receive a grade.

We utilize the Sakai online learning platform to deliver the course materials and instruction. In most of our courses, the first week of the course is all about learning how to use our online platform, then you begin content in week 2.

Our courses are asynchronous, so there are no required meeting dates or times but we do have a Course Start and Course End date. Every week of the course there are assignments that you will need to complete. Typically the due date is on Sunday each week.

Assignments can be done at any time during the week and may include reading, watching videos, posting answers to prompts on a discussion board, writing an essay, reading and responding to other students' posts on the discussion board, taking a cell phone video of yourself completing a particular movement, taking a quiz, or completing a final project. The professor provides written feedback and grades and you get to connect with other students (who are actually dance teachers) via our discussion board and a few optional live video chats.

List of Course Titles and Dates

OPDI-111ab: Dance History: Global, Cultural and Historical Considerations

(Part 1) (Sept. 13 – Oct. 24, 2021) (Part 2) (Oct. 25 - Dec. 5, 2021)

OPDI-122: Celebrating Voices of Contemporary Choreographers (Sept. 13 – Dec. 5, 2021)

OPDI-123: The Dancing Brain (Sept. 13 to Dec. 5, 2021)

OPDI-M1: Dance Pedagogy - Learning Styles and Theories (Sept. 13 – Oct. 10, 2021)

OPDI-115: Dance Integration: Re-envisioning the Creative Process (Sept. 27 to Dec. 19, 2021)

OPDI-116: Harkness Ctr for Dance Injuries: Science of Dancer Health & Injury Prevention (Sept. 27 – Dec. 19, 2021)

OPDI-M4: Developmental Domains in Dance (Sept. 27 – Oct. 24, 2021)

OPDI-M12: Jazz Dance Theory and Practice (Sept. 27 – Nov. 7, 2021)

Courses that start on September 13th

OPDI-111ab: Dance History: Global, Cultural, and Historical Considerations (September 13– December 5, 2021)

Professor: Patricia Cohen; Tuition \$295 for 111a & \$225 for 111b; 3 NDEO-Endorsed CEUs; 12 weeks; This course provides an overview of dance history in cultural and historical context, from its earliest documentation (pre-historic times) to current practices, including the emergence of new dance forms through transmigration (e.g. Kathak to Flamenco, Clogging to Tap, Gumbot to Stepping). Global in its perspective, the course equally emphasizes Western and Non-Western dance forms. Using context as its primary lens, the course covers theatrical, folk and social forms of dance in socio-economic, religious, and political environments. The effects of culture on what and how we dance and the corresponding influence of dance on its society will also be explored. The course is intended to serve the needs of a wide variety of students including: 1) dance students, professional dancers and educators who desire a global overview of dance history, 2) students, professional dancers and educators who are curious about the interconnections of dance and society, 3) students who need a dance history prerequisite for further study, or 4) dance educators preparing for K-12 certification content exams in certain states such as New York. **Book Required:** Dils, A. and Albright, A. (2001). *Moving History/Dancing Cultures*. Middletown, CT. Wesleyan University Press.

- **OPDI-111a: Dance History: Global, Cultural and Historical Considerations (Part 1)** (Sept. 13 – Oct. 24) **Tuition \$295 for Part 1; 1.5 NDEO-Endorsed CEUs; 6 weeks; This course is a pre-requisite for OPDI-111b** In Part 1 of this course the student will explore the terminology and descriptions used in the study of dance history along with the functions that dance plays in our lives such as social, theatrical, political, religious, etc. The course will then move on to a review of Classical dance forms (e.g. ballet, Bharata Natya, etc.) and Blended dance forms (e.g. tap).
- **OPDI-111b: Dance History: Global, Cultural and Historical Considerations (Part 2)** (Oct. 25 - Dec. 5) **Tuition \$225 for Part 2; 1.5 NDEO-Endorsed CEUs; 6 weeks;** In Part 2 of this course the student will explore dance forms from pre-historic dance, myths and legends, transmigration, globalization and nationalism. The course then ends with a culminating essay project.

OPDI-122: Celebrating Voices of Contemporary Choreographers: Applications to Teaching, Learning, & Appreciation

(September 13 – December 5, 2021)

Professor: Naima Prevots; Tuition \$520; 3 NDEO Endorsed-CEUs; 12 weeks

In this course, we look at a wide range of artistic works created by Black, Women, and indigenous choreographers and explore applications to utilize these works in our teaching, learning, and appreciation of dance. These voices address critical issues in American life and in the development of American dance. Students will examine their own practices in the classroom and in their choreography and discuss ways of expanding what they've learned into practice. This course will expose students to contemporary choreography and cultural material often not available to them in live performance and will help develop a student's ability to integrate dance as a relative art into other disciplines such as literature, visual art, music, history, women's studies, African American studies, Asian studies, Latinx studies, anthropology, sociology, and social justice. Drawing on the vast library of the Jacobs Pillow Dance Interactive, this course uses a wide array of video clips, assignment and discussion boards, and hosts two synchronous class discussions to share concepts and applications to teaching and learning situations and to the creative process.

OPDI-123: The Dancing Brain (September 13 - December 5, 2021)

Professor: Dr. Rima Faber; Tuition \$520; 3 NDEO-Endorsed CEUs; 12 weeks; This course examines the mind in action as it orchestrates skilled movement and how it understands the kinesthetic, symbolic language of dance. Brain function is approached from inside the body as embodiment of thought as experienced in the 12 modes neuro-cognition: observation, engagement, high-level thinking, emotions, memory, imagination and imagery, learning, problem-solving, communication, and creativity. Research about thought processes in learning and performing dance encompasses a vision of dance as creative art, communication, education, and life. Theoretical knowledge is experienced in movement throughout the course. Kinesthetic understanding about how the brain functions while dancers create, perform, or teach dance helps to provides broader comprehension about how audiences perceive movement, how choreographers development ideas, and how students learn dance. EVERYONE who wants to know why we love dance should take the course. Book Required: *Thinking with the Dancing Brain*, co-authored by Rima Faber and Sandra Cerny Minton. **Book Required:** [*Thinking with the Dancing Brain*](#), co-authored by Rima Faber and Sandra Cerny Minton.

OPDI-M1: Dance Pedagogy - Learning Styles and Theories (September 13 – October 10, 2021)

Professor: Susan McGreevy-Nichols; Tuition \$200; 1 NDEO-Endorsed CEU; 4 weeks; This Mini Course explores some of the educational theories that dance educators apply in the classroom and studio. A working knowledge of this material allows students to develop a tool kit of teaching approaches, which serves the educational needs of the students in their studios and classrooms. Each theory is accompanied with specific applications, usable in all teaching environments. In succession, this course will explore the work of Muska Mosston's Spectrum of Teaching Styles, Bloom's Taxonomy, Arthur L. Costa and Bena Kallick's Habits of Mind, and Howard Gardner's Multiple Intelligences.

Course that starts on September 27th

OPDI-115: Dance Integration: Re-envisioning the Creative Process (September 27 to December 19, 2021)

Professor: Marty Sprague; Tuition \$520; 3 NDEO-Endorsed CEUs; 12 weeks; Dance Integration is an exploration of arts integration into core academic subjects through use of the creative process as a method for developing movement, dance phrases, dances, and entire units of study. This course helps dance educators (teaching artists, K-12 educators, studio teachers, instructors at company schools, university professors along with their pre-service student teachers) integrate dance across the curriculum through: understanding the creative process (from concept, investigation and exploration through selection, development, refinement and exhibition); creating dance-making activities and lessons; designing and assessing integrated projects; understanding the use of different teaching styles, and selecting and adding appropriate national, state, or local standards, and applicable 21st Century Learning Skills. The content of this course is also useful for teacher preparation programs and professional development (for dance and non-dance educators). **Book required:** *Dance About Anything* by Susan McGreevy-Nichols, Marty Sprague, and Helene Scheff available on NDEO online store at www.ndeo.org.

OPDI-116: Harkness Center for Dance Injuries: The Applied Science of Dancer Health and Injury Prevention (September 27 – December 19, 2021); **Professors: Marijeanne Liederbach with Joshua Honrado, Kristen Stevens, and William Zinser; Tuition \$520; 3 NDEO-Endorsed CEUs; 12 weeks;**

Dance educators in every genre of dance serve a myriad of student populations. The goal of this evidenced-based course is to present you, the dance educator, with key principles of overall health in a way that will allow you to critically interpret the information, apply it to your dance education setting, and formulate a dance injury prevention plan of action in your teaching practice. Participants will explore the relationship, or spectrum, between overall health and dance injuries in order to consider what a dance injury prevention plan of action would include in any given environment. Topics covered will include physical, psychodynamic, and environmental factors; motor skill development; strength and conditioning principles; common dance injuries and their formal nomenclature; common myths about injury and training; adolescent dancer health; basic functional anatomy/biomechanics and nutrition; and teacher self-care. Upon analyzing the course material, participants will design an action plan for their students and receive feedback from Harkness Center for Dance Injuries (HCIDI) clinicians. At the end of this course, students will demonstrate knowledge of what factors constitute overall health and how they can use this knowledge to develop and deepen their own teaching practices, regardless

of educational setting. It is strongly encouraged but not required that prior to engaging in this course, that participants have previously taken NDEO's OPDI-110 Dance Kinesiology and Applied Teaching Practice or another anatomy/kinesiology course. **Required Materials:** Lectures from HCDI's DanceMedU online learning platform. These will be ordered during the course. Price is c. \$20.

OPDI-M4: Developmental Domains in Dance (September 27 – October 24, 2021)

Professor: Patricia Cohen; Tuition \$200; 1 NDEO-Endorsed CEU; 4 weeks; This Mini Course explores human development as it informs our teaching of students of all ages and abilities. Exploration will cover general domains including physical, cognitive, social, and emotional development. As dance educators, we need to be aware of our students' development in each of these domains. Participants will utilize this information in observing and identifying behaviors in each of the domains, and in creating learning environments in which all dance students can succeed.

OPDI-M12: Jazz Dance Theory and Practice (September 27 – November 7, 2021)

Professor: Pat Taylor; Tuition \$295; 1.5 NDEO-Endorsed CEUs; 6 weeks; This course traces the continuum of jazz dance from its roots to its many manifestations today. Students will explore their own jazz dance identity through a process of examining historical jazz eras and styles (authentic, vernacular, theatrical, and contemporary) and by engaging in reflection, choreographic explorations, and dialogue with classmates. Additional course components include reading, video viewing and analysis, and writing assignments that allow students to focus their understanding of jazz dance. Whether you teach in a privately-owned dance studio, in K-12, or in higher education, this course will also offer participants the opportunity to practice a historically-rooted approach for teaching jazz dance that is relevant today in contemporary jazz dance practices. By applying essential jazz dance characteristics that are derived from the origins of jazz but are often forgotten in dance studios today, participants will be able to integrate a rich understanding of jazz dance to classroom exercises that are already in your tool box. Feedback from classmates and instructor will open the doors to a dialogue where, as a community, one can share successes and challenges. In turn, participants will complete this course with a series of class exercises that can be explored and integrated into regular studio classes. **Book required:** *Jazz Dance: A History of the Roots and Branches* by Lindsay Guarino and Wendy Oliver. (2014). Gainesville, FL: University Press of Florida.

How secure a spot in an OPDI course?

OPDI Application: If you have never filled out the OPDI application and you want to take OPDI courses, then you will need to complete the online application and pay the fee at www.ndeo.org/opdiapply. If you are a current NDEO member, please make sure to login to your NDEO member account before filling out the application.

NDEO Membership Policy: All accepted OPDI students must have a current "individual" Membership in NDEO (Professional, Graduate Student, Undergraduate Student, Retiree or PhD/EdD Membership) before they can register for courses. If the institution where you are the main contact has a current NDEO Institutional Membership and you want to register for an OPDI course, please call 301-585-2880 or email (opdi@ndeo.org) the home office and request an OPDI Membership which is free to you as the main contact. Membership information can be found at www.ndeo.org/membertypes.

How to Register for a Course: To register for an OPDI course just log into your NDEO member account at www.ndeo.org and proceed to the drop down menu in top right corner under your name, then click on the Profile link, then click on Access OPDI button within the Profile. Then click on the Enroll icon next to the course you wish to take and proceed to the payment section where you can pay online with a credit card. We accept Visa, Mastercard, Amex, Discover, and Paypal.