

National Dance Education Organization | **NDEO**  
**NATIONAL CONFERENCE** | **2019**

October 23-26, 2019  
Miami, Florida

REGISTRATION  
**FORM**

**The Creative Process:  
Choreography, Choice-Making,  
and Communication**



# Please check your preferences here and on the Registration Form.

## WEDNESDAY, OCTOBER 23, Pre-Conference Intensives

### ❑ 1. Model Dance Programs in Miami Schools

Bus Tour (Facilitated by FDEO)

8:00am – 2:00pm

For more than 50 years Miami-Dade County Public Schools (M-DCPS) has been at the forefront of the choice movement in education. As of the 2018-2019 School Year, approximately 41% of Pre-K through 12 students in M-DCPS have made an active choice in school or program in which they are enrolled. NDEO Conference attendees will have the opportunity to tour at least three M-DCPS offering challenging academic curriculums alongside professional arts programs. The tour will culminate with a studio performance at New World School of the Arts (NWSA), one of only 15 Demonstration Schools in the U.S., named by Magnet Schools of America. NWSA provides a comprehensive program of artistic, creative, and academic development through a curriculum that reflects the Miami community and the rich multicultural State of Florida. Conference attendees will be inspired by the dance programs' successes and will gain information related to program design. The tour includes bus transportation and a box lunch. [Registration Deadline: September 1, 2019.](#)

### ❑ 2. Hands-On Anatomy Body Synergy: Discovering "Core" Muscles!

Presented by Maureen O'Rourke

8:00 – 11:00am

Synergy is the coordination of two or more actions to produce a result greater than the sum of their individual effects. In this hands-on workshop, participants will build "core" muscles, such as the deep psoas major, transversospinalis and the abdominals, in clay on the Maniken® skeleton model and discuss how they work synergistically to maintain length in the spine and pelvic stability. Dynamically connecting the upper and lower torso, these deep and superficial muscles of the back and abdomen maintain control, while allowing at the same time considerable freedom of movement. Teachers who understand the importance of good alignment and injury prevention will find their teaching enhanced by this three-dimensional knowledge of the "core" musculature. In the words of Jon Zahourek, the creator of the Maniken® skeleton model used in this intensive, "The mind cannot forget what the hands have learned." Attendees should be prepared to work with non-toxic orange plastilene clay to form muscles on the model.

### ❑ 3. Using the Danielson Framework for Teaching in Dance Education

Presented by Ron Anderson

8:00 – 11:00am

The Danielson Framework for Teaching is a research-based set of components of instruction, aligned to the Interstate Teacher Assessment and Support Consortium (InTASC) standards, and grounded in a constructivist view of learning and teaching. The Framework for Teaching is used widely across the United States for teacher evaluation and professional improvement. The complex activity of teaching is divided into 22 components (and 76 smaller elements) clustered into four domains of teaching responsibility: Domain 1: Planning and Preparation; Domain 2: The Classroom Environment; Domain 3: Instruction; and Domain 4: Professional Responsibilities. This session introduces educators to the Framework for Teaching and the newly developed classroom examples for Dance Education. The classroom examples for Dance Education do not prescribe "what" should be taught, and collectively do not comprise a dance curriculum. The classroom examples, instead, provide a description of what good teaching might look like and sound like in a dance classroom. A committee of NDEO members reviewed and provided insights on the framework.

### ❑ 4. The Joffrey Ballet: A Company Who Changed the Face of American Dance

Presented by Cameron Basden

8:00 – 11:00am

The Joffrey Ballet has become known as the "mavericks" of American dance. In a time when dance was growing in the U.S., and modern and ballet dancers remained rather exclusive to their genre, Joffrey Ballet founders Robert Joffrey and Gerald Arpino were paving the way, opening parameters and creating the mold for what the future of dance and dance organizations would be. Cameron Basden – former Joffrey dancer, Arpino muse, and associate director of the Joffrey Ballet, will explore the creation of the Joffrey Ballet, expose the vision of Robert Joffrey and the torso-infused choreography of Gerald Arpino, and discuss the many firsts that paved the way for the future of dance. The presentation will be followed by an optional class based on the teachings of Robert Joffrey. A master teacher and authority on dance styles, Joffrey's class was attended by classic and contemporary dancers alike. The class is a simple and pure technical class that allows all dance genres to participate and learn. Joffrey did not adhere to one style of dance, but was a master of all styles.

### ❑ 5. Improving Movement through Visual Integration: Science and Practice

Presented by Lisa Thorngren and Dominika Gaines

8:00 – 11:00am

Vision is a key component to movement. We need our vision not only to navigate through space and other people, but for balance and coordination. While we help our students increase their body awareness and proprioception, we do not often consider the significant impact poor visual skills can have on students' abilities. Given the prevalence of hand-held technology, today's students may have grown up with their eye movements frequently limited to the size of a smartphone or tablet; put them in a dance studio, and their peripheral vision and ability to switch between seeing near and far could be seriously lacking. However, we can train students' vision at the same time that we are training their movement, and it is important that we do so to help students move better both in and out of the studio. This workshop will begin with a discussion of the anatomy and neuroscience behind vision and visual skills and the relationship between these skills and movement. We will explore various stand-alone exercises demonstrating each of these visual skills. Participants will then be guided through various movement sequences incorporating visual work, giving them ideas for the integration of vision into their practice.

### ❑ 6. What to Publish: Tackle These Make-or-Break Issues First

Presented by Bethany Bentley, Susan Cingrasso, and Helene Scheff

8:00 – 11:00am

This session builds on the 2018 What to Publish intensive, "Clarifying Your Purpose from the Publisher's Perspective." Participants at previous sessions reported wanting additional time to focus on these make-or-break issues. To meet this request, the facilitators will structure this intensive to provide opportunities to address challenges you face in crafting four key aspects of your proposal and ways to connect them with a publisher's objectives. We will work with you to address four questions: 1) Who will buy your book? 2) What will your book contribute to the field? 3) How does your book differ from existing products in the marketplace? 4) How will your publisher identify and reach your intended audience? You will need this information to understand if and how your work matches a publisher's objectives. You will work interactively with other participants and the facilitators to receive constructive

feedback. We encourage you to think of publishing as a way to broaden the reach of your ideas, to grow knowledge in our field, and to serve as a voice for dance in the global arena. You will leave this session feeling empowered to tackle these make-or-break issues.

### ❑ 7. Isadora in the 21st Century:

Duncan's Somatic Movement Principles and the Art of Radiant Presence

Presented by Andrea Mantell Seidel

8:00 – 11:00am

This intensive focuses on several key aspects of the technique and repertory of Isadora Duncan that may be applied to the teaching of contemporary dancers of all ages and abilities, from young children to professional dancers. These elements include Duncan's natural, organic movement principles and the cultivation of the qualities of luminosity and radiant presence at the heart of Duncan dance. The intensive includes an introductory video/lecture followed by a series of floor, center, and barre exercises, creative improvisation, and selections from Duncan's repertory. The lecture introduces participants to the key movement elements that distinguish Duncan dance from other techniques. These elements include use of the breath; initiation from the solar plexus; whole body movement; a sensuousness in the lyrical dances that flows from the prevalent use of arcs, curves and "wave" motions; visualization of the music; a clear sense of intention and focus developed from an emotional, mythic, or imagined narrative; organic, natural movements; an emphasis on the uniqueness of the individual; a sense of creating community and connectedness with others; and a credo where "emotion precedes motion."

### ❑ 8. Creative Applications of the Michio Ito Legacy for Dance Educators

Presented by Mary-Jean Cowell and Sandra Stratton-Gonzalez

11:30am – 2:00pm

This workshop introduces participants to the basic movement components of the method created by modern dance pioneer Michio Ito and illustrates creative applications of his gestures and walking styles for children as well as adults. Beyond the rhythm, coordination, and somatic aspects implicit in the method, the basic gesture work introduces choreographic processes that students may use in their own individual and ensemble work. Teachers can also use this method as a foundation for structured improvisations and for understanding of improvisational process relative to choreography. The workshop will include an overview of Ito's life and career as an artist/teacher, explaining how this Japanese born dancer played a pivotal role in the development of early American modern dance. This information may be especially useful to classroom teachers for discussions and projects focused on diversity and dance history as related to contemporary political, social, and cultural developments. Participants will learn a short dance from the Ito repertoire that can be used in class instruction and will walk away with sample lesson plans and handouts summarizing the material presented. This workshop reflects the diverse origins and training practices of American modern dance.

### ❑ 9. Haitian Folk Dance LAB: A Yanvalou Pedagogy

Presented by Weiselande Cesar

11:30am – 2:30pm

Haitian Folk Dance LAB (HFDL) actively engages participants using movements as the basis for a Haitian cultural experience and exploration. Participants will learn about Haitian folkloric dances through eight specific dance movements. The Yanvalou dance/rhythm sets the tone for the LAB in regards to pedagogy and history. Yanvalou serves as a cultural data platform relating to its roots in Dahomey (now Benin) and Haiti. Yanvalou dance affords participants the opportunity to explore the parallelism or derivation of Dunham techniques. Importantly, this LAB will clarify and demystify some of the myths and stigmatizations of the Haitian folklore dance and rhythms. Participants are encouraged to come with open minds and without assumptions. HFDLAB is conducted with live drumming. HFDL will start with body conditioning, followed by warm-up, floor formation, and movements progressing from cool to hot rhythms. Participants will learn movements as a base for a new choreography and finish with self-alignment and cooling off movements. There will be time for questions at the end of the session.

### ❑ 10. Idea to Article: A Practical Workshop with the JODE Editorial Board

Presented by Matthew Henley, Alison Leonard, Karen Schupp, Robin Collen, Wendy Oliver

12:30 – 2:30pm

Do you have an idea for an article that you would like to write but are unsure of how to move from idea to article? Do you have a choreographic or teaching practice that you would like to share with the broader Journal of Dance Education (JODE) community but are unsure how to translate practice to writing? Do you not see yourself or your dance practice represented in the articles JODE publishes and want to help make JODE more inclusive? Would you like to review books, films, or software for JODE but don't know how to get involved? In this workshop we invite aspiring or experienced authors at all levels to come and work closely with a member of the JODE editorial board to move from idea to article. Practical advice will be given for developing an article for one of JODE's publishing categories: Feature, In Practice, Student Reading, and Book/Media Review. During the workshop we will break into small groups to discuss and develop ideas through short writing exercises. Participants will leave with a template for how to move forward towards publication.

### ❑ 11. Dance 2050: Changed Contexts, Media, and Mentoring in Choreography

Facilitated by Donna Davenport, Robin Lakes, Susan Lee, Ilana Morgan, Kelly Lester

12:30 – 5:30pm

Since 2012, Dance 2050: A ThinkTank for Dance in Higher Education has gathered annually to craft a vision for the future of dance in higher education and to propel dance as a leader of change within education. This year's convening features 1) reports and follow-up from this year's work in sharing the vision with students, dance educators, and administrators; and 2) discussions about choreography and art-making in higher education. The Dance 2050 Vision Document and current work in the field guides our processes in the classroom, and as leaders and choreographers. This year's discussions will delve into embracing changes in how we mentor choreographers, what we see and produce on and off the stage, how we include "community," expectations of cultural diversity, the effects of technology and inter/multi-disciplinarily on definitions of "dance," etc. New participants to Dance 2050 are welcome!



## National Dance Education Organization 2019 National Conference OVERVIEW

**Wednesday**  
OCTOBER 23

**Thursday**  
OCTOBER 24

**Friday**  
OCTOBER 25

**Saturday**  
OCTOBER 26

Pre-Conference Intensives  
**ADDITIONAL FEES**  
Range from \$35-\$75

Regular  
Conference Day  
**INCLUDED IN FEE**

Regular  
Conference Day  
**INCLUDED IN FEE**

Regular  
Conference Day  
**INCLUDED IN FEE**

Choose from 15 different  
Pre-Conference Intensives

Choose from over 80-100 different presentations, workshops, and movement sessions daily.

Access to the events below are included in your Full Conference Registration Fee, or the day you selected as your One-Day Conference Registration Fee option

STUDENT SHARING  
PERFORMANCE

Performances from  
local dance students  
6:30 – 7:30pm

GRAND OPENING

Seated Dinner  
Key Note Speaker  
Presentation of  
National Awards  
6:30 – 8:30pm

GRAND CLOSING

Reception with Cash Bar  
Presentation of Local Awards  
Dance Party  
6:30 – 8:30pm

### WEDNESDAY, OCTOBER 23, Pre-Conference Intensives

#### 12. Visioning Private Sector Dance within NDEO

Facilitated by **Kathryn Austin, Cory-Jeanne Houck-Cox, Tori Rogoski-Rutta** 3:00 – 6:00pm

Thirty percent of NDEO members work in the private sector. Across this broadly-defined sector, dance educators navigate many different and varied environments with a range of needs and characteristics. This Special Interest Group strategic planning session welcomes members who work in the private sector to explore how the private sector exists and what is needed for it to thrive within NDEO. The following questions will be considered: How can members of the private sector best position themselves as leaders in the field? How can the private sector entities work effectively within varied environments? What resources and professional development programs are needed to support the private sector? How can the Registry of Dance Educators (RDE) operate as an integral part of the private sector? The results of this session will help frame a future Special Topic Conference and possible online courses. Let your voice be heard! Join us for this important event!

#### 13. Dance Education Laboratory (DEL)

Presented by **Jody Arnholt and Ann Biddle** 3:00 – 6:00pm

The Dance Education Laboratory (DEL) at 92Y is celebrating its 25th year in 2020 as a nationally recognized dance teacher-training program. An experimental laboratory, DEL provides an inclusive learning environment for dance teachers to develop a wide range of tools and strategies to be successful in diverse teaching contexts. Join DEL Founder, Jody Cottfried Arnholt, and Founding Faculty, Ann Biddle, as they share their extensive knowledge of dance education in an interactive, joyful dance making workshop which will explore key components of the DEL model: applied LMA linked to dance making and lesson planning; effective and inspired instructional practices; and applications of DEL to a wide range of teaching contexts. Participants will experience DEL "classic" lesson plans as a vehicle to deepen their understanding of the core principles of the DEL model, recently updated to reflect a 21st century perspective. Participants will experience DEL in action through guided improvisation, collaborative dance making, and reflective practice focused on knowing how to adapt DEL pedagogy and curricula to a wide range of teaching contexts. Come help us celebrate our 25th year!

#### 14. Creating, Implementing and Assessing Arts Based Research Projects 3:00 – 6:00pm

Presented by **Lynnette Overby and Ann Moffett**

Arts based research (ABR) is a qualitative research methodology based in arts practices. The outcome of arts based research moves beyond the technical/performative aspects to illuminate social and cultural issues. Although ABR has been utilized more often in visual arts and literary arts, dance researchers are beginning to focus on dance ABR. The goal of this pre-conference session is to present arts-based research as a viable methodology for dance researchers, and to look at ways that choreographers might use the methodology to extend the reach of their work beyond the stage.

During the session, participants will first view and analyze several video clips of arts based dance research projects. Next, participants will be guided in designing their own arts based research. The pre-conference participants will become a learning community with follow-up collaboration after the conference. They will also receive materials prior to the conference and provide a brief description of their goals.

#### 15. Functional Awareness® Strategies to Develop Growth Mindset and Agency within Creative Processes Presented by **Allegra Romita and Nancy Wanich-Romita** 3:00 – 6:00pm

This session provides explorations in experiential anatomy while investigating creative approaches to choreography and transforming the anatomical material into artistic resource. Participants learn methods to deepen one's understanding of movement function, practice communication strategies to honor individual diversity of structure through verbal cues, and experience creative dance making through explorations in embodied anatomy. Functional Awareness® (FA) is a somatic approach to embodied anatomy based in an educational methodology of reflective practice to develop student agency during movement exploration. The FA principles empower artists to see past habitual choreographic choices in order to create unique movement vocabulary. The session introduces the FA reflective practice of the 4Rs (Recognize habit, Release unnecessary tension, Recruit new muscle action, Restore toward balance) as a tool for moving out of habit and into awareness. This approach teaches specific FA cueing and communication strategies to inspire growth mindset. The presenters will disseminate lesson plans based on the principles and activities presented during the session. The cueing strategies are applicable for teaching diverse populations of age, ability, and background.

### FRIDAY, OCTOBER 25, NDEO Special Session

#### 16. Dance Archeology: Billion Dollar Baby – the 1945 Broadway Musical 5:15 – 6:45pm Presented by **Dr. Ann Hutchinson Guest, assisted by Tina Curran and Suzanne Knosp**

After his hit Broadway show, On the Town, Jerome Robbins featured another America era, the Roaring Twenties, in the musical Billion Dollar Baby. The Charleston Ballet captured the prohibition period frenzy, complete with speakeasy, flappers, gangsters, and a dance marathon. Hear the story, first hand, of what happens when 'The Timid Girl' meets 'Good Time Charlie.' In another presentation of "Dance Archeology," Dr. Ann Hutchinson Guest vividly reignites the experience of the Broadway stage through her personal accounts and from historical and movement research. Be ready to expand your dance knowledge and to inspire your choreography dancing the legacy of the Charleston.

REGISTRATION FORM

PLEASE PRINT

NDEO Mbsp ID #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Primary Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Professional or Institutional affiliation to appear on your badge: \_\_\_\_\_

NDEO Food/Social Events: Mark which ones you will attend:

Thursday 10/24 Grand Opening with seated dinner (6:30 – 8:30pm)

Circle Meal Type: Chicken Fish Vegetarian

Saturday 10/26 Grand Closing (6:30 – 8:30pm)

Dietary Restrictions:

Vegetarian  Vegan  Gluten Free  Dairy Free  None

These events are included in your registration fee. One-day registration includes any social event scheduled that day. You MUST have a ticket for each social event you wish to attend. To bring a guest, please contact the NDEO office for a la carte prices.

**Photo & Video Release:** By submitting this registration, I understand that NDEO will have a photographer shooting photos and video during all days of conference. I hereby give and forever grant to National Dance Education Organization, its successors and assigns, the right to use, publish and copyright my picture and video, portrait and likeness, in whole or part, including alterations, modifications, derivations and composites thereof, on their website, in social media, in their printed marketing / PR / display / video materials, in advertisements or in any media kit which NDEO might use to supplement articles written about NDEO, the conference, or dance education in newspapers, magazines, etc.

If you require accommodations for a disability, please describe below & a staff member will be in touch.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**ALL REGISTRANTS MUST BE CURRENT NDEO MEMBERS. MEMBERSHIP MUST BE ACTIVE FOR THE CONFERENCE DATES.**

For more detailed information regarding membership requirements, go to [www.ndeo.org/conf2019](http://www.ndeo.org/conf2019).

International members please use credit card only.

Refund Policy: \$50 administration fee charged. No refunds after 9/6/19.

Make CHECK or MONEY ORDER payable to: NDEO

Check # \_\_\_\_\_ Check Date \_\_\_\_\_ Amount \$ \_\_\_\_\_

CREDIT CARD:  Amex  Discover  Mastercard

Visa Expiration Date: \_\_\_\_ - \_\_\_\_

Card #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Billing Address

V-code (last 3 digits on back of card above signature): \_\_\_\_\_

Name printed on card: \_\_\_\_\_

Return to: **National Dance Education Organization**  
 8609 Second Avenue #203 B  
 Silver Spring, MD 20910  
 301-585-2880 [conference@ndeo.org](mailto:conference@ndeo.org)

**FULL CONFERENCE REGISTRATION FEES**

- Early Bird (ends 5/29/19) ..... \$ 395
- Regular (5/30/19 – 8/28/19) ..... \$ 445
- Late (8/29/19 – 10/9/19) ..... \$ 495
- On site (after 10/9/19) ..... \$ 530

**FULL CONFERENCE REGISTRATION FEES (Student)**

- Student of Non-Institutional Mbr (ends 10/9/19) . . . . \$ 225
- Student of Institutional Mbr (ends 10/9/19) . . . . . \$ 175

*Student rate is not available after 10/9/19*

**ONE-DAY CONFERENCE REGISTRATION FEES**

- 1-day attendance (date: \_\_\_\_\_) (ends 5/29/19) . . . . . \$ 200
- 1-day attendance (date: \_\_\_\_\_) (5/30/19–8/28/19) . . . . \$ 225
- 1-day attendance (date: \_\_\_\_\_) (8/29/19–10/9/19) . . . . \$ 250
- 1-day attendance (date: \_\_\_\_\_) (after 10/9/19) . . . . . \$ 270

**Pre-Conference Intensives**

\*Costs not included in registration fees above.

**Wednesday Intensives:**

- 1: Model Dance Program in Miami Schools  
 Bus Tour (8:00am – 2:00pm) . . . \$ 75
- 2: Hands-On Anatomy Body Synergy  
 Maureen O'Rourke (8:00 – 11:00am) . . . . \$ 45
- 3: Using the Danielson Framework for Teaching in Dance Education  
 Ron Anderson (8:00 – 11:00am) . . . . \$ 45
- 4: The Joffrey Ballet  
 Cameron Basden (8:00 – 11:00am) . . . . \$ 45
- 5: Improving Movement through Visual Integration  
 Lisa Thorngren, Dominika Gaines (8:00 – 11:00am) . . . . \$ 45
- 6: What to Publish  
 Bethany Bentley, Susan Gingrasso, Helene Scheff (8:00 – 11:00am) . . . . \$ 45
- 7: Isadora in the 21st Century  
 Andrea Mantell Seidel (8:00 – 11:00am) . . . . \$ 45
- 8: Creative Applications of the Michio Ito Legacy  
 Mary-Jean Cowell, Sandra Stratton-Gonzalez (11:30am – 2:00pm) . \$ 40
- 9: Haitian Folk Dance LAB  
 Weiselande Cesar (11:30am – 2:30pm) . . . \$ 45
- 10: Idea to Article  
 JODE Editorial Board (12:30 – 2:30pm) . . . . \$ 35
- 11: Dance 2050  
 (12:30 – 5:30pm) . . . . \$ 45
- 12: Visioning Private Sector Dance within NDEO  
 Kathryn Austin, Cory-Jeanne Houck-Cox, Tori Rogoski-Rutta (3:00 – 6:00pm) . . . . FREE
- 13: Dance Education Laboratory (DEL)  
 Jody Arnold, Ann Biddle (3:00 – 6:00pm) . . . . \$ 45
- 14: Creating, Implementing, & Assessing Arts Based Research Projects  
 Lynnette Overby, Ann Moffett (3:00 – 6:00pm) . . . . \$ 45
- 15: Functional Awareness® Strategies  
 Allegra Romita & Nancy Wanich-Romita (3:00 – 6:00pm) . . . . \$ 45

**NDEO SPECIAL SESSION**

- 16: Dance Archeology: Billion Dollar Baby – the 1945 Broadway Musical  
 Dr. Ann Hutchinson Guest (Fri. 5:15-6:45pm) . . . . FREE

**CEUs/COA**

All CEU/COA registrants must pick up their respective forms at registration desk. Forms must be signed by presenters at sessions attended. No refunds.  
 \_\_\_\_ # of Continuing Education Units ..... \$35/per CEU  
 1 CEU=10 hours of presentations/class/workshop time attended.  
 \_\_\_\_ Certificate of Attendance (COA) . . . . . \$ 35

**Conference Program Book**

A PDF of the full program book will be made available to all registrants, and interactive and personalized scheduling with full session and presenter information will be available via NDEO's National Conference App both at no additional charge.  
 For a printed hardcopy there is a \$10 fee . . . . . \$ 10

**TOTAL PAYMENT:**

|              |          |  |          |
|--------------|----------|--|----------|
| Registration | \$ _____ | Membership <input type="checkbox"/> New <input type="checkbox"/> Renewal | \$ _____ |
| CEUs/COA     | \$ _____ | Conference Book (\$10 each)  | \$ _____ |
| Intensives   | \$ _____ | <b>TOTAL</b>   | \$ _____ |