

**Top Ladies of Distinction, Inc.**

**46<sup>th</sup> Area One Leadership Conference**

**Senior Citizens**

**Lady Brenda Murphy, Area One Senior Citizen Chairperson**

**Thrust Objective:** Transforming Lives to assist our senior citizens in living a more wholesome life and to aid in their optimal living by increasing their focus on Computer based training, Alzheimer's, heart/stroke disease, mental health/ depression/ stress disorders, and promoting Eye Care- Cataract/Glaucoma disease awareness.

**Program Dates:** July 2019 – February 2020

<b>Participants/Formula</b>	<b>Volunteer Hours</b>
<b>Total # of Ladies Present</b>	488
<b>Total # of Teens Present</b>	226
<b>Total # of Lords Present</b>	8
<b>Total # of Clients, Community Members, and/or Partners</b>	6,888
<b># of Volunteer Hours</b> (include Actual event hours, planning time, travel time, etc.)	2,547
<b>Donations</b>	\$2,895

**Reporting Chapters:**

<b>Chapters</b>	<b>Programs</b>
<b>Beaumont Chapter</b>	National Grandparents Day at Oak Nursing Home
<b>Houston Chapter</b>	National Pink & Blue Service Outreach
<b>Humble Intercontinental Chapter</b>	Great Day Houston – Grandparents Day, Grandparents Day Honoree Reception, Grandparents Day Celebration Dinner
<b>Lake Charles Chapter</b>	Physical Health and Safety Senior Workshop, Caring for Alzheimer Patients Workshop, Senior Christmas Social, Mental Illness Seminar, Heart Disease and Stroke Seminar, Chair Exercise and Balance Session,
<b>Lake Houston Chapter</b>	Mount Zion Missionary Baptist Church Annual Family Conference, Launch Point CDC Food Distribution, Share our Blessings Holiday Food Baskets, Mt. Zion Missionary Baptist Church Holiday Event, The Empowered You Senior Citizen Conference, Computer Literacy and Snack for Senior Citizens at Oakmont
<b>Missouri City Houston Space City Chapter</b>	Festive Fall Senior activity, Senior Valentine Day Celebration
<b>Monroe Chapter</b>	Provided toiletries to Nursing Home
<b>Nonpareil Chapter</b>	Nursing Home Toiletry Bags, Valentine Cards for Seniors
<b>Port Arthur Chapter</b>	Senior Day Center Holiday Celebration, Flowers delivered to Seniors, Miniature Christmas Trees delivered to Seniors
<b>River City Chapter</b>	Grandparent's Day at New Union MBC, Grandparent's Day at Cameron Elementary, End of Summer Party with Seniors at Merritt Lakeside, Breast Cancer Awareness and World Arthritis Month, Alzheimer's Walk, Sharing Thanksgiving with Seniors, Nursing Home Surprise Birthday Party Ola McNeil, Decorating Senior Doors for Christmas, Tea Party with Seniors, Know Your Heart
<b>San Antonio Metropolitan Chapter</b>	National Pink and Blue Packages for Grace House, Movie Night with Senior Citizens
<b>Shreveport Chapter</b>	Bingo with Seniors, Harvest Fest, Christmas Bag Giveaway, Harmony House Valentine Celebration, Black History/Heritage Celebration
<b>Spring-Cypress Chapter</b>	UNCF Walk with Grandparents
<b>Suburban Bayou Chapter</b>	Grandparents Day, The Empowered You Senior Citizen Conference, Pre-Thanksgiving Senior Dinner, Mt. Zion Missionary Baptist Church Senior Citizen Breakfast, Computer Lab Workshop, Pink & Blue Day of Service Package with a Purpose

**Sugar Valley Chapter**

Chapter presentation on the importance of grandparents, Chapter Breast Cancer Awareness session, Capstone Annual Cancer Awareness Program, Thanksgiving Meals with Interfaith Ministries Meals on Wheels, Christmas at the Cap, Healthy Heart and You with the YMCA and Blue Ridge Baptist Church