

# Volunteer Interests & Abilities

## Support

- Absence/Vacation Home Security
- Caregiver Relief
- Indoor Cleaning
- Outdoor Cleaning
- Errands/Groceries
- Friendly Visits/Walks
- Hair Care
- Home Health Care
- Indoor Plant Care
- Laundry
- Mail Retrieval
- Meal Prep/Kitchen Help
- Nails(manicure)
- Nails(pedicure)
- Organizing Home & Office
- Other Support
- Patient Advocacy
- Pet Care
- Technical (computer, phone, TV)
- Telephone Reassurance
- Trash and Recycling

## Repairs and Upkeep,

### Exterior

- Concrete
- Fences and Deck
- Gutters
- Lawn and Landscaping
- Painting
- Roofing
- Siding
- Snow Removal

## Repairs and Upkeep,

### Interior

- Accessibility
- Appliance Repair
- Doors and Windows
- Electrical
- Flooring
- Interior Design
- Light Bulb Changing
- Other Home Repair
- Painting
- Plumbing
- Remodeling
- Restoration
- Smoke/CO2 Detector Battery Changing/Testing

## Transportation

- Rides to the grocery store, appointments, etc.

## Administration

### Committee Work

- Finance
- Fundraising
- Outreach
- Volunteer
- Membership
- Services
- Organization Support
- Fund Development
- Office Work

## Other

- Please list any additional services that you can do:

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