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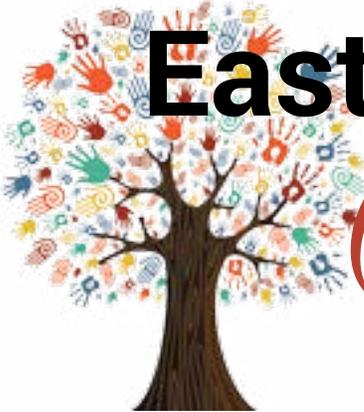
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# Eastside Village *Voice*

## Come Join Our Village

*[The EV Council members have opted to write this introductory article in turns. This month's article was written by Judy Ringerson.]*

*"Come join our Village,"* I say to those I meet on my hiking trips, or at book groups, or at Norsk Hall.

*"You will enjoy making textile artwork with engaging craftsmen. You will have lively discussions of books about exotic parts of the world attended by people from foreign shores. You will discover new cuisine at the homes of fascinating people. You will attend unusual movies together with those who love to discuss life's meaning. You will be challenged to give a speech, write a grant, supervise volunteers, or otherwise be useful. You will meet vibrant people who have overcome severe handicaps in order to lead lives of service. You can request services of endearing and competent computer experts and leaf raking enthusiasts. You can meet lots of interesting parents who have followed their sons and daughters*

*to this delightful, northwestern part of the world. Oh, and you can also find someone who can take you to a medical procedure and stay with you to record what is said, and then drive you home."*

These are things I say to those I meet while playing bridge or enjoying nature, but what I say to *myself* is that I wish to remain in my home as long as is humanly or "Villagingly" possible.

I love my dear friends and acquaintances in Eastside Village, the best of the villages, of course!

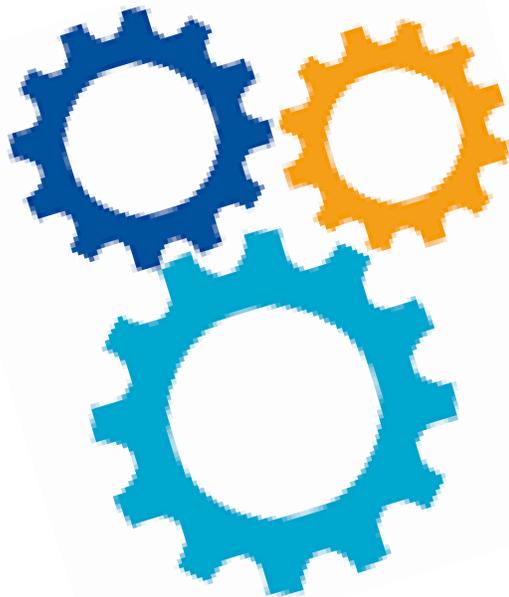


# Eastside Village 101

Eastside Village is holding its monthly information session on June 15<sup>th</sup> at the Woodstock Wine & Deli from 10:30 to 12:00. If you've been wondering what this "Village thing" is all about, this is the time to come and spend time with knowledgeable volunteers who can answer any questions you may have.

There are many possibilities that you can consider: Volunteering (all ages); a social membership that keeps you connected with friends and neighbors; or assistance that will help you stay in your home as long as possible. Just drop in, or better yet, call and register with the office so we know you're coming, 503-866-0571.

~ Anne-Marie Dallaire



## Transportation Coordinator: Job Announcement

Villages NW is recruiting a volunteer for the position of Transportation Coordinator. This is a new position that would have the responsibility of working with the Villages NW Board, Assistant Transportation Coordinator, and Transportation Affinity Group to set up policies and standards for training drivers, checking driving records and insurance, keeping a record system of all driver information, and setting up new ride reporting requirements as the Villages transition from Ride Connection to a new in-house training program.

The person in this position would continue, after transition, to act as liaison to the Transportation Affinity Group, provide support to Villages as needed and to advise and recommend to the VNW Board on transportation issues.

No prior knowledge of transportation processes is required, but welcomed. Experience working with volunteers and program management would be valuable.

If you are interested in this position or would like to hear more about it, please contact Grace Merchant, [gracemerchant1@gmail.com](mailto:gracemerchant1@gmail.com), by June 15<sup>th</sup>.

The Eastside Village Voice is published monthly by Eastside Village PDX. EVPDX is a program of Villages North West, a 501c3 nonprofit, which serves as the Hub for a network of community-based Spoke Villages across the Portland Metro area.

[www.eastsidevillage.org](http://www.eastsidevillage.org) | 503-866-0571 | [info@eastsidevillage.org](mailto:info@eastsidevillage.org)

Peg Farrell, Editor | [editor@eastsidevillage.org](mailto:editor@eastsidevillage.org)

# “Rain or Shine,” Eastside Village Has Got You Covered

There are so many ways we show that we care about one another in Eastside Village. The **Rain or Shine Committee** (formerly known as The Sunshine Team) is here to strengthen our connections and offer nurturing help when life gets hard.

The **Committee** has three main functions:

First and foremost, we are committed to supporting any member who is recovering from surgery or illness. This support can take the form of meal trains, friendly visits, check-in phone calls, pet care, plant care, errands, prescription pick-up, taking back your library books, or other short-term household help you may need.

Secondly, we have volunteer members in the wings to “buddy up” with new members. The New Member Buddy holds the new member by the hand for at least two months, explaining services and Club Express, and inviting the newbie to meetings and social events.

Lastly, the **Rain or Shine Committee** also sends out birthday cards, so make sure you have your birthday listed on your Eastside Village profile. (Contact Marilyn Lipko if you need help with your profile).

We have learned that most folks don’t want “friendly” phone calls from people they don’t know. With that in mind, the Rain or Shine Committee has at least one New Member Buddy in each of the four neighborhood circles.

If you or someone in your Neighborhood Circle needs help, please contact one of the following Committee members for more information:

**Bagdad:**

Sue Ayer  
503-705-7823

**RISE Circle:**

Marilyn Lipko  
971-285-7901

**Eastiders:**

Susan McCall  
503-481-2256

**Sandy Branch:**

Linda Safran  
716-548-9444



~ Marilyn Lipko/Ellen Howard

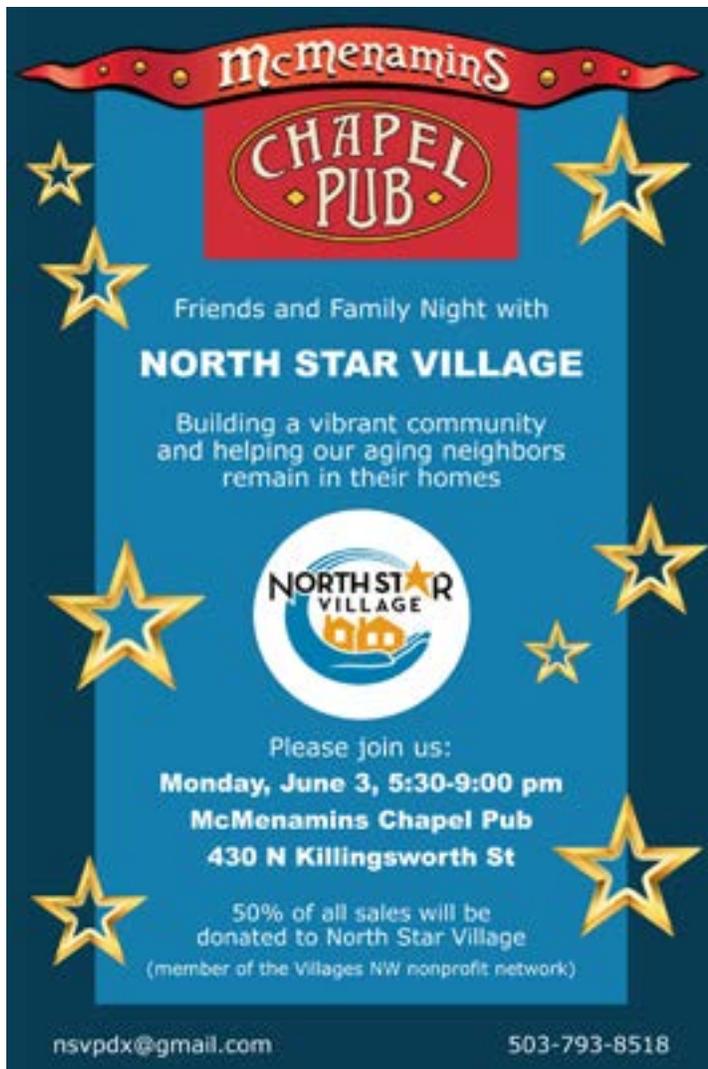
# WLO Village Launches, Bringing Support for “Aging in Place” to Clackamas County

WLO Village, a program of Villages NW, is pleased to bring the nationally known Villages movement to West Linn, Lake Oswego, and the Stafford Hamlet. WLO Village is an all-volunteer virtual community that helps members navigate the opportunities and realities of aging. Volunteer services start

on Monday, June 3<sup>rd</sup>. An official launch party is planned for June 11<sup>th</sup>.

WLO Village is one of its eleven villages in the Portland Metro area, Clark County, and Manzanita. WLO Village is the first Village to launch in Clackamas County.

Welcome, neighbors!



## Dinner Out for North Star

If you should find that you don't feel like cooking on Monday, June 3<sup>rd</sup>, we've got a solution: Grab a friend or two and head up to McMenamins Chapel Pub on Killingsworth. Why, you ask? Because between 5:30 and 9 pm, McMenamins will generously donate 50% of all sales in support of our colleagues in North Star Village.

It would be wonderful to have a big EV turnout in support of our neighbors to the north.

## Laurelhurst Park Tree Walk

Would you like to learn more about the trees in Laurelhurst Park? Take a tree walk with Jim Stevens, Eastside Village volunteer, and Neighborhood Tree Steward. We'll meet at 10 am, on Wednesday, June 12th, at the Laurelhurst Park Horseshoe Pits near the corner of SE Oak and SE Cesar Chavez. From there, we'll take a slow walk, talking about the trees in the Park and some Park history, wrapping up around 11:30.

Please let us know if you plan to attend so we will know who to look for before we depart.



## Village Night at the Hops!

C'mon, Eastside Village, let's support Rivers West Village and have a fun evening, too! Join your friends at Ron Tonkin Field (4460 NE Century Blvd. Hillsboro) on Wednesday, July 31<sup>st</sup>, at 7:05 pm.

Tickets are only \$16 for seats in Section 3, just beyond First Base with the evening sun at our backs, and good eats, libations, and other facilities very close by. The stadium is ADA compliant with wheelchair seating at concourse level directly behind our section.



Please send your RSVP and checks to Richard Eyde, c/o Viva Village, 4905 SW Griffith Dr, Ste. 104, Beaverton 97005. Payment must be received by June 25<sup>th</sup>.

Carpooling is highly recommended (parking is \$5 per

vehicle). You can also take the Max Blue Line to Orenco Station and then the FREE Hops shuttle directly to the stadium's front gate. Check with the office if you can drive or need a ride.

Batter up!!

# What Eastside Villagers

## A Walk in Crystal Springs Garden

On an afternoon in early May (which turned out to be the absolutely most perfect afternoon), three other Villagers—Sue Ayer, Ann Gaffke, and Ellen Howard—joined Linda Safran for a walk in the Crystal Springs Rhododendron Garden. The sun was shining, a gentle breeze was blowing, and the garden was in full bloom.

Sue turned out to be our species expert as she identified for us hellebores and *mertensia*, Japanese snowball, star of Bethlehem, heather, and many other flowering plants. We saw several varieties of geese and ducks, including a wood duck couple with a family of 15 fluffy ducklings paddling in the lake. We heard an eagle screech, and Sue may have seen it as well. We spotted red-wing blackbirds in the reeds and a number of birds we identified as “little brown birds.”

There was a good deal of laughter and chat as we wandered along at a pace compatible with two canes and a walker. When we were tired, there was a pleasant bench, overlooking the water, to rest on.

Many thanks to Linda for inviting other Villagers to join her. We left talking about another walk soon in another of Portland’s beautiful gardens.

~ Ellen Howard



## RISE Meet-Ups

Our neighborhood circle (Residents In the South East) held its monthly get-together at Dick’s Prime Burger on May 6<sup>th</sup>. We shared some excellent food and conversations as we decided where to meet each month and what we wanted to do as a group to help us keep connected as friends and neighbors.

At our May meeting, we invited Erin Zumbaum from Amberlight, a boutique cannabis establishment, to tell us about all the products

made from the cannabis plant and which of them she recommends to be safe and useful for aches, pains, anxiety, sleeplessness, etc. Her presentation was interesting and informative, and we now know as much as we will ever need to know about the cannabis plant.

Next month we’ll meet on June 7<sup>th</sup> at 12:00 at the Trinity United Methodist Church on the corner of Steele and 39<sup>th</sup>.

~ Anne-Marie Dallaire

# Have Been Up To?

## Men's Group in Fine Fiddle

Jim O'Connor led the Men's Group (with Adult Beverages) over hill and dale in a May exploration of the wilds of Eastmoreland. Appetites baited, the group met up for lunch at the Double Mountain Taproom on Woodstock.

In June, the intrepid explorers will set out from Laurelhurst Market on Burnside under the guidance of Eric Roost. Their walk will take them to the Trinity Greek Orthodox Cathedral and back again.

All members and volunteers of the gentleman persuasion are invited. Please sign up online.



## Summer Potlucks

It's summertime again and we all want to live outside as much as possible. What could be better than a shared meal outside? Each month, an EV member will host a potluck in their yard (weather permitting, of course) as a chance to get together and enjoy the pleasures of food and gardens.

The first one will be on June 6<sup>th</sup> in Craig & Jin's backyard. All the spaces have already been taken for this event, so why not host one yourself? Nothing special is required other than a few chairs, a candle or two, and maybe a table.

Pick a date, call the office to post it on the calendar, and enjoy a lovely evening with your neighbors and friends!



## Speaking of Potlucks...

Folks residing in the far eastern hinterlands of Eastside Village—those who belong to the Eastsiders Circle, that is—are invited to a summer supper potluck (say that fast three times!) on Sunday evening, June 9<sup>th</sup>.

Details are coming via a post card; please call the host to RSVP so that we can be sure we have enough seats for everyone.

# June Library Events

Library programming this month is lighter than usual; many meeting rooms are in use for staff training, as the system prepares to launch a software upgrade in mid-May. Feel free to check out regularly scheduled library events such as Pageturners, crafting groups, and tech help—or bring a child to Storytime! All offerings are free of charge. To register, call 503.988.5123 (except where noted).

## **Belmont Library** 1038 SE Cesar E. Chavez Blvd

### ***Talking Across the Political Divide***

Learn listening skills and speaking skills that will help find perspectives, feelings, and experiences of another person as well as communicating your own.

Sat, June 1, 2-4:30 pm (first come, first served)

### ***Salves for Summer***

Summer brings new challenges in the form of bumps, bruises and itchy bug bites from our adventures out-of-doors. In this class, we will make a few salves to help you heal naturally that are safe for children of all ages. After talking about a few key healing herbs and their traditional uses, we will make an herbal infused oil, an herbal first aid salve, and a natural salve for itchy skin from bug bites and poison ivy.

Sun, June 23, 1-2:30 pm (reg. opens June 2)

### ***Lynda.com Basics***

Want to learn a new skill from the comfort of your own home? Let us introduce you to Lynda.com, an online learning platform with courses in business, software, technology and creative skills. This class will cover basic registration

and navigation of the Lynda.com site, plus a few other free online education resources. Computers are available to use or bring your own device. Please bring your active Multnomah County Library card to class. You must be comfortable using the internet to participate.

Sun, June 30, 2-4 pm (reg. opens June 9)

## **Gregory Heights Library** 7921 NE Sandy Blvd.

### ***Jazz Up Your Garden!***

Make your garden even more beautiful by creating handmade garden ornaments. Artist Kathy Karbo will show you how to use hammers, anvils and other tools to create these fun, decorative pieces.

Sun, June 9, 2:30-4:30 pm (first come, first served)

### ***"Priced Out" Film Screening***

*"Priced Out"* is an investigative look at how rising housing prices are displacing Portland's Black community and reshaping the entire city. The documentary explores the complexities and contradictions of gentrification and what neighborhood life means now. The film is a sequel to the 2002 documentary *"NorthEast Passage: The Inner City and the*

*American Dream."* The screening will be followed by a Q&A with the filmmaker.

Sat, June 22, 12-1:30 pm (first come, first served)

## **Holgate Library** 7905 SE Holgate Blvd.

### ***Banh Su Kem***

Learn how to make a delicious filling for cream puffs with the owner of Lanvin French Bakery. Instruction in Vietnamese.

Sun, June 9, 3:15-4:45 pm (registration opens May 19)

### ***Jazz Up Your Garden!***

Make your garden even more beautiful this spring by creating handmade garden ornaments. Artist Kathy Karbo will show you how to use hammers, anvils and other tools to create these fun, decorative pieces.

Sat, June 29, 3-5 pm (first come, first served)

## **Midland Library** 805 SE 122 Ave.

### ***Team Building Ukulele Workshop***

*Micah and Me* will provide 23 ukuleles or you may bring your own. They lead the group—from zero performing, musical or ukulele experience — through simple one-

chord songs to the entire group singing and jumping around as they play the grand finale! Weds, June 26, 6:30-7:30 pm (reg. opens June 5)

### ***Living While Dying: Screening and Discussion with Filmmaker***

In a world that sees death as something to vanquish, the 45-minute documentary “*Living While Dying*” presents an alternative: people living with terminal illness who greet the inevitable with courage, humor, creativity, and acceptance. The film invites us to reimagine and set the stage for our own inevitable endings and offers profound opportunities to uncover value, grace, and meaning for all stages of life. The program includes a discussion with the filmmaker and content experts.

Sun, June 30, 2-3:30 pm (first come, first served)

### ***Android Basics***

Learn the basics of using your Android smartphone or tablet. We will cover text messaging, taking and attaching pictures, installing apps, using the Play Store, accessing the internet, managing your contacts, and more. Bring your questions and your fully charged Android device. Oregon Lifeline participants are welcome. Tues, June 4, 2-4 pm

### ***Paper Crafts: Pop-Up Cards and Shadow Boxes***

In this two-class series, presented by Portland YouthBuilders, you will create a nature-inspired pop-up card by utilizing a Silhouette

Cameo craft cutter.

Thurs, June 6/13, 12-2:30 pm (reg opens May 16)

### ***My MCL Catalog Basics***

Explore the library's catalog, *My MCL*, and learn how to manage your account, search the library's collections, and make the most of your online library experience. Never created a *My MCL* account? For the first 30 minutes, we'll help you get signed up with your own *My MCL* account and explore check-outs, holds, and borrowing history. Bring your current library card and password to class.

Tues, June 11, 11am-1pm

### ***Sellwood-Moreland Library*** 7860 SE 13th Ave.

### ***Jazz Up Your Garden!***

Make your garden even more beautiful by creating handmade garden ornaments. Artist Kathy Karbo will show you how to use hammers, anvils and other tools to create these fun, decorative pieces.

Sun, June 2, 2-4 pm)

### ***Google Productivity***

You can get things done using your Google account! Come to this class to learn the basics of Google Drive, Google Docs, Google Slides and Google Sheets, plus tips to make using Google easier. You must have a Google or Gmail account before coming to class in order to participate.

Tues, June 11, 10 am-12 pm (reg. opens May 21)

### ***Woodstock Library*** 6008 SE 49th Ave.

### ***Summer-Scented Scrubs***

Join this workshop to make salt and sugar body scrubs with sustainably, locally harvested herbs and flowers. Have fun making the body care products, decorating the jars, and then go home with handmade, all-natural summer-scented scrubs.

Sat, June 15, 2-3 pm (registration. opens June 1)

### ***The Orchid Trio Presents String Trios***

Listen to classical, popular and world music for string trio (violin, viola and cello). The Orchid Trio is a recently founded string trio in the Portland area with a mission to share an appreciation of chamber music performance and collaboration.

Sat, June 15, 3-4 pm (first come, first served)

### ***AshCrest.NET: Emergency Preparation Training***

Emergency Preparation Training will help people understand the risks posed to our neighborhoods by earthquakes and other weather-related incidents. It will provide information from respected sources on the inevitability of a major earthquake along the Oregon/Washington coast, a clear list of items to begin accumulating and resources to access to assist in preparation and general suggestions.

Sat, June 29, 3-4:30 pm (registration opens June 8)

# Reasons to Get Out in June

OK, fellow Villagers. This is June, when the days are as long as they're going to get all year. How long, you ask? Well, nearly 16 hours long on the 21<sup>st</sup>!

Go on, get out there!!

## › **Starlight Run**

Portland's largest fun run/costume-themed street party; June 1. ([starlightrun.com](http://starlightrun.com))

## › **Rose Festival Starlight Parade**

From traditional marching bands and flood-lit floats, to glow-in-the-dark umbrellas and unique hand-built entries, you'll see the best of Portland's diverse community groups together in one whimsical pageant; June 1. ([rosefestival.org/event/starlight-parade](http://rosefestival.org/event/starlight-parade))

## › **Dragon Boat Races**

Held on the Willamette River near the Hawthorne Bridge, the races feature exciting four-team heats held every nine minutes. More than 60 different teams—local, national and international—compete. This year marks the 20th anniversary of this fun event. June 8-9. ([rosefestival.org/event/dragon-boat-race](http://rosefestival.org/event/dragon-boat-race))

## › **Cannon Beach Sandcastle Contest**

Sandcastle builders descend upon the Oregon Coast for a little friendly competition in Cannon Beach. Dozens of teams of professional sand sculpture artists, amateur groups and families will construct remarkable creations in the sand during the event. The Masters division teams compete for cash prizes and construct large, elaborate creations often utilizing construction forms similar to those used for pouring concrete in order to accomplish their monumental size. June 8. ([cannonbeach.org](http://cannonbeach.org))

## › **Bites for Rights**

Eat statewide at participating coffee shops, bars, restaurants, and bakeries to raise funds for local LGBT organizations; June 20. ([basicrights.org/](http://basicrights.org/))

## › **Recycled Arts Festival**

The Recycled Arts Festival started in 2005 as a way to educate and get the community excited about waste reduction, reuse, and recycling in Clark County.

Come on out and peruse the artists' wares, make your own handiwork, relax, and listen to music, and get all sorts of info on what you can do to improve the environment! June 29-30. ([recycledartsfestival.com/](http://recycledartsfestival.com/))

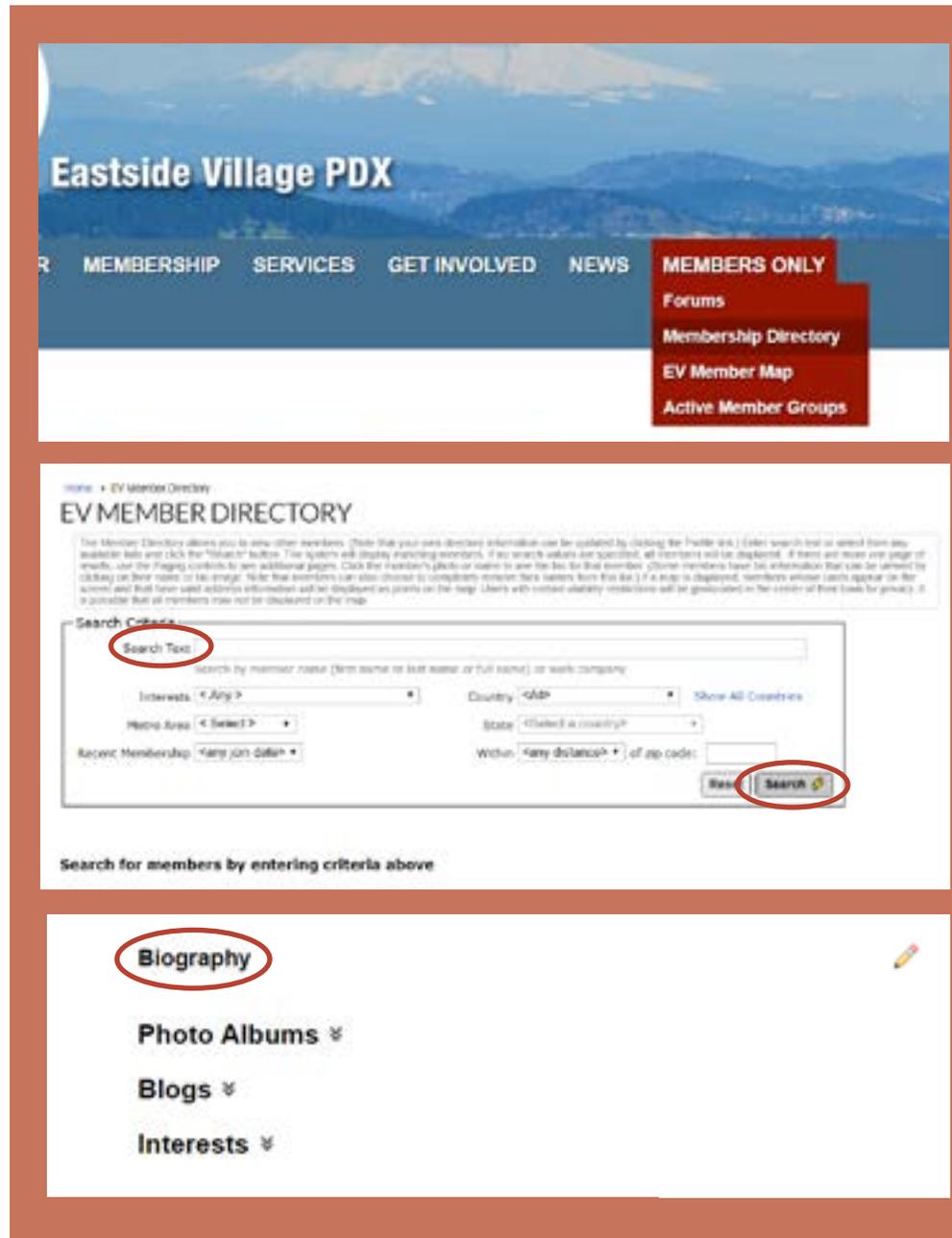


# “I Know She’s There Somewhere...”

As a member of EV, you’re eventually going to need to look-up another member’s contact info. But the whole process seems so intimidating! Don’t despair! We’ve got you covered! Here are the surprisingly easy instructions.

The Membership Directory area of the EV website allows you to find the phone number, email, and street address for those members who choose to make their information available. -

- » Beginning at the EV homepage, use the green “Member Login” button at the very top right to log in
- » Click on the “Members Only” link in the toolbar (in the middle right side of the page).
- » A drop-down menu will appear, as seen to the right.
- » Click on the “Membership Directory” link.
- » In the middle of the next screen, look for a box labeled “Search” with a yellow lightning bolt (circled in the image to the right).
- » Click on the “Search” link for a list of *all* members.
- » If you just want to search for a specific member, type that person’s first or last name into the “Search Text” box (toward the top left side of the screen), then click “Search.”
- » You’ll see the member’s email and phone number.
- » If you’d like their street address – assuming they’ve given permission for it to be displayed



– you can bring it up simply by clicking on their picture. Just for fun, now go ahead and search for your *own* name, just to see what’s there. Do you see the entry for “Biography” (down at the bottom of the page)? Why not take a few minutes while you’re there to tell

us a bit about yourself? Just click on the pencil to the right. What did you do before you retired? Have you lived in any interesting places? What gives you joy now? No need to be shy: the only people who will see it are your fellow Eastside Villagers.

# JUNE VILLAGE EVENTS

R = Register online or with office. MV = Attendance limited to Eastside Village Members or Volunteers.

## 7&21 COFFEE @ TABOR SPACE

Join your friends and neighbors for coffee and conversation at Tabor Space. 9:30-10:30 am. 5441 SE Belmont

## 15 EASTSIDE VILLAGE 101

Want to learn more about Eastside Village? Join us at Woodstock Wine and Deli, 10:30-noon, 4030 SE Woodstock Blvd.

## 9 WOODSTOCK FARMERS MARKET

Stop by and say "Hi!" the members staffing the EV info table at the Farmers Market. Help them to spread the word!

## 18 CONVERSATION & ART @ PAM

(R) Coffee & conversation, followed by a lecture. Portland Art Museum. Free for adults 62+. 9:15-11 am.

## 11 BOOKIES & PAGETURNERS BOOK GROUPS

(R, MV) Join us for a discussion of *The Electric Kool-Aid Acid Test* by Ken Kesey. Get the real scoop from a fellow Villager who was on Kesey's bus! 10 am to noon. (See the office or website for location.)

## 19 OREGON'S ENIGMATIC BLACK HISTORY

(R) Join fellow Villagers for an evening at the Oregon Historical Society. (See the website for details.)

## 12 BREAKFAST @ TOAST

Come for a nosh at this traditional neighborhood cafe. 9-10 am. 5222 SE 52nd.

## 20 MEN'S LUNCH (WITH ADULT BEVERAGES)

(R, MV) See the online calendar for details about the pre-lunch Laurelhurst Neighborhood walk.

## 12 LAURELHURST TREE WALK

(R) Come learn more about the wonderful trees in Laurelhurst Park. 10-11:30 am. (Please RSVP online or through the Office.)

## 23 KNOT JUST KNITTING

(R, MV) Bring your favorite fiber project and join us for talk, technique, and lots of textile-touching. All skill levels welcome! 1-3 pm.