

# Eastside Village Voice



## EV ANNUAL MEETING RECAP

The October 7<sup>th</sup> Fall General Meeting began with a short presentation by Elizabeth Andrzejski, a volunteer who has been assisting Warren, a member, with publishing his life story. She has found this two-year experience very rewarding! After talking, they often bake cookies and take walks together.

### Budget Report

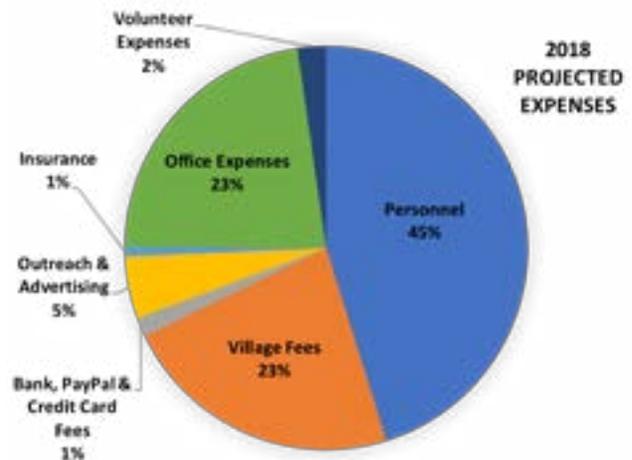
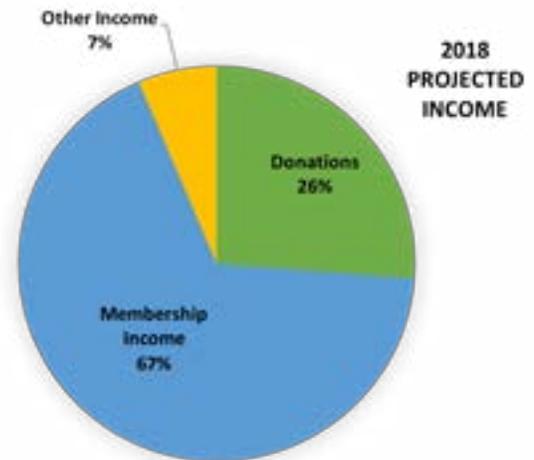
Outgoing Treasurer Mary Bedard then handed out an abbreviated form of the proposed 2018 budget. (The detailed version of the budget was reviewed by the Governing Council at its October meeting and is available to any Village member upon request.)

Over 90% of the projected \$54,396 Eastside Village income is derived from membership fees and donations. The projected \$34,921 in annual expenses are primarily driven by personnel costs (45%) and office expenses and Village fees (46%). The discussion then turned toward how we can best use our \$19,475 “Rainy Day” surplus fund. Ideas included spending a bit more to increase our membership and to increase the hours of paid staff time.

The proposed budget was passed unanimously by the members in attendance.

Ann Gaffke reminded us to—if we are financially able—consider the option of sustained giving to Eastside Village. The addition of small, but consistent financial gifts can help smooth out seasonal variations in our bottom line.

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### Membership

We currently have 56 memberships with 68 members; our goal is to achieve 100 members in the coming year. We have 34 volunteers—15 of whom are members—and 10 drivers.

Several members then shared stories of the services that had been provided to them.

- Jo hosted a successful work party at her home, where four volunteers accomplished much in her yard in only two hours.
- A newer member shared how services were offered a few times in her yard, including stump removal, pruning, and setting up a patio swing.
- Vincenza received dog walking.
- Marilyn gets assistance with driving and technology help.

### Reinvigorating Committees

Jo shared that, before we launched, EV had started with a number of committees that had been charged with various tasks, and that we pulled away from them over time. She would like members to consider forming/joining committees again to take the load off of a few people who seem to take on most of the responsibilities.

### Outreach Team

Jo told group that Ann has pulled a few members together to help us better reach out for membership recruitment speaking opportunities to established groups. Jo is preparing “talking points” for 5-, 10- and 20-minute presentations. Her goal is to have at least one speaking engagement per week.

### Bylaws Changes

Our current Bylaws included both the types of memberships available and their fees. Because this made changing the fees more difficult, a revision was voted on that removed them from the Bylaws. An additional fee level was proposed to include a reduced rate (\$100/individuals; \$200/couple) for members who are below the federal poverty level. Both changes were voted on and approved.

Jo offered recognition for and thanks to Fran Daggett and Charlie Clark who were leaving the Governing Council.

Cary acknowledged Jo for her leadership to bring us to this point of success.

The Proposed Governing Council for 2018 was also voted on and adopted (The Treasurer position will be filled at a later date.)

Chair: Mary Bedard

Vice Chair: Cary Hixon



When was the last time you changed the batteries in your smoke detector? Our newest volunteer, Barrett Jackson, will gladly come test your batteries and, if necessary, change them for you. And he'll even provide the batteries!

Secretary: Claire Cofsky

Members At Large: Peg Farrell and Ellen Howard

### Volunteer Viewpoint

Gene Ellis spoke about how delighted he is to help members; he probably gets more out of it than they do!

### Ongoing Social Events

Members were encouraged to participate in the Village's many social events. Intended to inform and encourage socializing, there's bound to be something for everyone and every interest: from potlucks to movies, and from knitting (and more) to mindfulness.

Mary Tinkham suggested that we look into getting some “Eastside” buttons, like those that NE Village has. Wearing them when we're out and about is a good way to start a conversation.

# Greetings from the Chair: *Happy Birthday, Eastside Village!*

Another year has passed, and we couldn't have done it without JoAnn Herrigel, who has stepped down from her position on the Governing Council. As the new Chair, I have big shoes to fill as I take on her role.

I am so pleased to be a part of the team that makes this Village successful. I hope to continue JoAnn's good work and help our Council make thoughtful, equitable, and financially responsible decisions. I've been involved with EV since the beginning, and I am passionate about its success.

The Governing Council will have a Planning Retreat on November 12, where we will set our goals for 2018, make action plans to reach them, and

get to know our new members. If you have thoughts or suggestions for Eastside Village operations, outreach, funding, or relationships, please don't hesitate to send them along to me or to the Village office. We'll have a report back for you in next month's newsletter.

Having taken this position, I can no longer serve as the Village Treasurer. While we have a wonderful new volunteer, Diana Hsieh, who has been helping with the financial tracking and reporting, we really need to fill the Governing Council Treasurer position. If you can volunteer a few hours per month as the Village money wizard—with Diana's help—we'd love

to hear from you. A background check is required for all volunteer positions.

I encourage each of you to participate in Eastside Village activities, as well as the other Portland area Village events. Villages NW, our "parent" organization and the holder of our 501c3 designation, is holding their Annual Meeting on November 1<sup>st</sup>. It's an excellent opportunity to learn about the other "Spoke" villages and how we work with them at the "Hub" level. Details can be found on our website calendar at [www.eastsidevillage.org](http://www.eastsidevillage.org).

Here's to a good year! Thank you for your continued support.

Mary Bedard  
Incoming Chair

## Wanna Get Away?

Are you looking for something just a little different to do? Got company coming and need to entertain them? Check out these fun and interesting events happening this month.

### Free First Thursday

*Thursday, Nov. 2, 5 – 8:00 PM*

Enjoy free admission to the Portland Art Museum the first Thursday of each month

### Estate Planning Tool Kit

*Wednesday, Nov. 8, 3:30 – 5:30 PM*

Did you know there are five important documents you should consider while creating your estate plans? Deciding how to leave the financial resources you have accumulated during your lifetime to the people and causes you care most about is often a complicated part of life. RSVP [online](#), to [julia.meskel@pam.org](mailto:julia.meskel@pam.org) 503-276-4302

### Building Healthier Lives: Stories from the Field

*Tuesday, Nov. 14, 2017, 7 – 8:30 PM*

Meet Mercy Corps South Sudan Program Manager Tefera Habteyes and food security expert Marilyn Shapley when they share their stories about how Mercy Corps works to improve community health around the world, helping children and their families overcome hunger and build stronger, healthier lives. Tickets available [online](#).

### Olive Oil Festival

*Friday – Sunday, Nov. 17 – 19, 10 AM – 4 PM*

Taste unfiltered extra virgin olive oil with appetizers and wine, and watch the olive mill in action during at the free [Olio Nuovo Festival](#) at the Oregon Olive Mill in Dayton.

### Audubon Society's Wild Arts Festival

*Saturday, Nov. 18, 10 AM – 6 PM;  
Sunday, Nov. 19, 11 AM – 5 PM*

Now in its 37th year, the [Festival](#) is the Northwest's premier show and sale of nature-related art and books. Featured art includes the work of painters, sculptors, jewelers, photographers, woodworkers, glassblowers, and more; authors include novelists, poets, photographers, and writers of non-fiction.

## New Governing Council Members

Mary Bedard is the new Chair of the Eastside Village Governing Council. Her interest in the village model of “aging in place” comes from a deep-seated passion for community, serving others, and creating healthy places in which to thrive.



A retired landscape architect, her encore career is as the office manager for [Store to Door](#), a local nonprofit that delivers groceries to homebound seniors. Her service for Eastside Village includes serving on the initial Planning Committee, Village Treasurer, former bookkeeper for Villages NW, and the first elected Chair of the Eastside Village Governing Council.

She stepped down from Village governance during an extended illness, but returned to assist in the launch of the Village and Club Express, our member services software. A Portland native, Mary loves the rain, but her cats do not. She enjoys cooking, gardening, knitting, painting, and other creative outlets.

**Claire Cofsky** is our new Secretary. Claire has been involved with Eastside Village since before it launched.

During its pre-launch period, she helped get the word out and recruit potential members. She also stepped up to create and lead the Sunshine Club, a group of volunteers who reach out to members who may be ill or recovering from an illness or injury.

Claire witnessed first-hand the value of the village model. Her mother was able to age in place because neighbors in her small town rallied to provide many of the services of a Village.



Claire believes that while aging in place may not be suitable for everyone, for those who prefer to live independently, Villages can play an important role.

Claire and her husband Dennis Hopkins participate in seasonal activities such

as fair weather bike riding, and fall mushroom foraging. They play early recorder music together. Since retiring from teaching eight years ago, Claire has taken up clay hand-building as well. Claire has two children: Elliot, a new physical therapist in John Day, and Anna, a middle school science teacher in Portland.

## Movie Club Happening

Jon Feldhausen has invited as many as six members to his Eastmoreland home at 2 PM on Tuesday, Nov. 7<sup>th</sup>, to watch “*Baby Driver*,” a great movie now in theaters.

The movie follows a young getaway driver who steers incredible escapes fueled by his own killer mix tapes. The movie has an audience rating of 4.2/5 by Rotten Tomatoes ([trailer here](#)).

Popcorn will be served. Attendees are encouraged to bring any drinks and other munchies that they’d like. Feel free to bring enough to share.

Please call the office to reserve your spot!



# November Library Events in the Eastside Village PDX Neighborhood

To register, call 503-988-5123. All events are free of charge

## Belmont Library

1038 SE Cesar E. Chavez Blvd.

### *Stinging Nettle for Cordage*

Meet Grand Ronde Tribal Member Stephanie Craig and learn about sustainable nettle harvesting methods to make cordage or yarn. Cordage and ropes are used for hunting, fishing, pulling, carrying and lifting and date back since the beginning of time. A great class for those looking to expand their fiber knowledge. Made possible by The Library Foundation through support from The Confederated Tribes of the Grand Ronde Fund.

Wednesday, November 29, 6-7:30 PM  
(registration opens November 8)

## Gregory Heights Library

7921 NE Sandy Blvd.

Czech Glass Ornaments for Winter Holidays

Winter holidays are near! Our experienced heritage crafts teacher and cultural educator, Daniela Sipkova-Mahoney, will guide you in crafting and decorating traditional Czech Glass ornaments. These dainty and unique decorations are a wonderful gift to yourself or your loved ones during the holiday season.

Sunday, Nov 19, 2:30 to 4:00 PM,  
(registration required)

## Holgate Library

7905 SE Holgate Blvd.

### *Edible Native American Food Plants*

Have you ever wanted to know what berries are edible when you're hiking in the mountains? What other plants are edible and useable and how to use them? Take this opportunity to learn

about traditional Native American food plants like huckleberry, cedar, sweetgrass, and other plants used for basketry and medicine. This presentation is delivered by Stephanie Craig, Santiam and Yoncalla Kalapuya, Tribal members.

Monday, November 13, 6-7:45 PM  
(first come, first served)

## Midland Library

805 SE 122<sup>nd</sup> Ave

### *A Will Is Not Enough in Oregon*

Learn the basics of wills, living trusts, powers of attorney, and health care directives with attorney and author Richard Schneider.

Wednesday, November 1, 6-7:30 PM  
(registration opens October 11)

### *The Great American Songbook*

William Spillette presents a one-man band performance, using a Boss RC-300 Loopstation, multiple guitars, a ukelele, harmonica, and various percussion instruments. This is a very lively, entertaining, and educational set in a format that can be appreciated by all.

Saturday, November 18, 11 AM-12 PM  
(first come, first served)

## Sellwood-Moreland Library

7860 SE 13<sup>th</sup> Ave.

### *Islamophobia in Our Communities*

Join us for a workshop with Mr. Jawad Khan, MET Board Member and Oregon Islamic Academy Teacher, that provides background on the meaning of Islamophobia, data on religious prejudice, the effects of it on Muslim and non-Muslim communities, and the possible solutions to combatting the

phobia. Made possible by The National Endowment for the Humanities Fund of The Library Foundation.

Sunday, November 5, 3-4 PM  
(registration opens October 15)

### *Boys Alive! Bring Out Their Best*

Understand how the boys (and men) in your life learn, think, feel, and socialize (based on science). *Boys Alive!* provides the information, practical strategies, and support needed to foster a deeper connection with them. When teachers understand how he learns, less time is spent on managing behavior and more on teaching. When our boys are thriving and successful, our girls thrive too. This program is for parents, grandparents, teachers, and care providers of both boys and girls.

Saturday, November 11, 3-4:30 PM  
(registration opens October 21)

### *Poetry Reading*

Three Portland poets—John Brehm, Andrea Hollander, and Paulann Petersen (a Sellwood resident)—will give a reading from *The Poetry of Impermanence, Mindfulness, and Joy*. Edited by Brehm, this anthology's masterful but accessible poems "offer all that one might hope for in spiritual companionship: wisdom, compassion, peacefulness, good humor, and the ability to both absorb and express the deepest human emotions of grief and joy."

Tuesday, November 14, 6:30-7:45 PM  
(first come, first served)

*Anyone's Domain: A Writing Workshop*  
Poetry is not the domain of just a few. It's as natural and accessible as heartbeat and breath. Writing poetry

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# Welcome Our Newest Member: Kait Skyler!

Kate heard about Eastside Village from a friend who is in NE Village. She likes the concept of people helping each other to stay in their homes or apartments. She also loves the social aspects and the chance to lend her skills to help others.

Her interests include writing, (especially poetry), playing board games, shopping, eating out, sing- alongs, coloring adult color books, her faith, going to the beach, doing fun excursions, garage sales and rummage sales, and playing computer games.

She is active in her faith community, which is St. Philip Neri Catholic Church, a writing community called *Write Around Portland*, and Lunch With Seniors at the Madeleine Catholic Church in NE Portland. She has



also been a member of a 12-step support group for family and friends of alcoholics for 33 years.

She moved to Portland from Longview, WA in June of 1979 and has lived at her current house in Lents for 13 years.

When asked what else she would like us to know about her, she said “Although I am 64 years young, I am a kid at heart. I am colorful, fun, and caring. I was born in Calcutta, India. I wrote and published a children’s book called *Up to Our Ears in*

*Elephants* and have won every award in the Oregon State Fair for my poetry. I love cats and everyday, I try to be of service to others.”

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requires nothing more than a love of words and a willingness to let your pen move across a page, following language wherever it takes you. Join Paulann Petersen in a workshop devoted to generating new poems. Using innovative springboards that include notable poems, we’ll make an exhilarating plunge into language. Saturday, November 18, 1-4 PM (registration opens October 28)

**Woodstock Library**  
6008 SE 49<sup>th</sup> Ave.

**Columbia River Native Women**  
Historically, the Native Nations were matriarchal. Women could own property, partake in politics, and preserve the language and the culture. Currently, women own businesses, are lawyers, and continue to preserve the traditional culture. Learn more about the lives of Columbia River Native Women with Pat Courtney Gold, a Wasco Native

and an accomplished fiber artist and basket weaver. Pat teaches, consults, and has pieces of her work shown in museums and collections around the world. Made possible by The Library Foundation through support from The Confederated Tribes of the Grand Ronde Fund.

Saturday, November 4, 3-4 PM (registration opens Oct. 14)

**Audiobooks: Meet the Narrator**

Ever wanted to meet the voice behind your audiobook? Local narrator Matt Haynes will be taking your questions and sharing passages from his favorite projects. Watch a narrator give life to thrillers, YA fantasy, memoirs, business, romance ... even woodworking! You’ll be entertained and surprised to see what kinds of worlds are being created in your own neighborhood.

Tuesday, November 7, 6:30-7:30 PM (first come, first served)

**Tai Chi Fan Dance Workshop**

Tai chi fan is a style of martial

arts fitness which combines tai chi and other martial arts with dance movements. It’s full of elegance and beauty, and can be quite entertaining! Wednesdays, Nov. 15 – Dec. 13, 10-11 AM (registration opens October 25; note: the program is in Mandarin)

**The Eastside Village Voice** is published monthly by **Eastside Village PDX.**

**EVPDX** is a program of **Villages NW**, a 501c3 nonprofit, which serves as the Hub for a network of community-based Spoke Villages in development across the Portland Metro-area.

[www.eastsidevillage.org](http://www.eastsidevillage.org)  
503-866-0571  
[info@eastsidevillage.org](mailto:info@eastsidevillage.org)

Mary Bedard,  
Governing Council Chair  
Peg Farrell, Newsletter Editor



## Leaf Day Pickup 2017

Portland's urban forest is one of our smartest investments, paying economic, social, and environmental dividends everyone enjoys, from cleaner air and water to lower cooling costs and increased property values. Of course, with trees come leaves—and when they fall in an urban environment, it's necessary to clean them up.

From mid-November to mid-December, removing leaves from our streets is critical because letting them stay can clog storm drains, flood intersections, and make streets slippery. The City's Leaf Day Pickup program is about getting the leaves cleaned up in a way that makes a better, healthier, and safer Portland.

Because some parts of the city with significant tree coverage require more service than others, residents and businesses in those neighborhoods help offset the added cost of maintaining trees through an annual leaf removal fee. Use the [Leaf Zone Locator](#) to verify that you're in a service zone and confirm your service dates. Remember: the Leaf Day Service will take away *any* tree leaves on your property, not just those that have fallen in the street.

**Please note that the deadline to opt out is 5 p.m. on November 1<sup>st</sup>.** If you are in a Leaf Service Zone, you may opt out if either of the following is true AND you let us know by calling 503-865-LEAF (5323) to speak to a customer service representative Monday through Friday, 9 AM to 5 PM: 1. You don't have any street trees on your property (that is, trees in the planting strip between the street and sidewalk) or trees on your property that drop leaves on the street, **or** 2. You are removing your own leaves—whether that's raking and bagging them for your curbside recycler; raking, bagging, and hauling them yourself to a recycling center; hiring someone else to rake, bag, and haul your leaves to a recycling center; or composting your leaves on your property.

If you are **not** in a Leaf Service Zone, gather your leaves and place them in your yard debris cart, **not** in the street. Only customers in a Leaf Service Zone who pay for the service can rake their leaves into the street.

Need help with raking your leaves out to the curb? What if you don't live in a "Leaf Zone"? If you'd like a work party to come over to come help, just let the office know. Our next party is scheduled for Sunday, November 19, but we'll add dates if we need to. Provide leaf bags and any rakes you have. We'll provide muscles and more rakes.

## Book Group Update

The book discussion group will meet on November 14 at 10 a.m. at Cary Hixon's house to talk about [\*Hillbilly Elogy : A Memoir of a Family and Culture in Crisis\*](#) by J.D. Vance.

A *New Yorker* review calls it "the season's saddest and most fascinating book," and quotes *The American Conservative*: "*Hillbilly Elogy* does for poor white people what Ta-Nehisi Coates' book did for poor black people: give them voice and presence in the public square." It should be a lively discussion. Please call the office to RSVP and for the address.

While there will be no meeting in December, we have already chosen the book for our January 9th meeting: [\*The Ghost Map: The Story of London's Most Terrifying Epidemic—And How It Changed Science, Cities, and the Modern World\*](#) by Steven Johnson. Johnson uses the 1854 cholera epidemic in London as the basis for a discussion of the connections between scientific breakthroughs, urbanization, and public health.

Anyone interested in joining us is encouraged to bring suggestions for future titles to the November meeting.



# November Village Events

Listings with asterisks (\*) are for EV Members only

			1	2	3	4
					9:30 AM <b>Coffee Gathering</b> Tabor Space (5441 SE Belmont St)	
5	6	7	8	9	10	11
			9 – 11 AM <b>Breakfast at Toast</b> (5222 SE 52nd Ave)			
12	13	14	15	16	17	18
10 AM – 4 PM <b>Governing Council Retreat</b>		10 AM – Noon <b>Book Group</b> (Cary Hixon's home: "Hillbilly Elegy" by J.D. Vance)			9:30 AM <b>Coffee Gathering</b> Tabor Space (5441 SE Belmont St)	11 AM – 1 PM <b>Potluck Lunch</b> (Cary Hixon's home; please call the office to RSVP)
19	20	21	22	23	24	25
10 AM – Noon <b>October Work Party</b> (call office for details)	9:30–11:30 AM <b>Meditation &amp; Mindfulness</b> (Janice Roggenkamp's home)	9:30 AM <b>Coffee with NE Village</b> Café Fleur de Lis (3930 NE Hancock)		<b>Thanksgiving Day!</b>		
26	27	28	29	30		