


Join us for these fun member events – REGISTER EARLY!

If you have one, please wear your name badge to the events! Registration Requested For All Events.

<p>10/2/18 (Tues) 4:30-6:30 <u>Stone Fire Grill Sunset Supper (M V G)</u> Meet and Greet fellow members, volunteers and friends at Stone Fire Grill for an early supper on the beautiful oak shaded patio.</p>	<p>10/3/18 (Wed.) 1:00-3:00 <u>Mexican Train (M)</u> Jump aboard the Mexican Train! This fun game played with dominos will keep you entertained as you try to be the first to use all of your dominos on the train chain.</p>
<p>10/4/18 (Thurs.) 9:00-10:00 <u>A Walk in the Park (M)</u> Stroll through Conejo Creek Park North with Julie. All fitness levels welcome! Enjoy the beauty and fresh air!</p>	<p>10/16/18 (Tues.) 10:30-11:30 <u>CPR Training for CVV at Los Robles Hospital (M V)</u> Learn CPR at Los Robles Hospital by a trained professional who will show you how and when to perform this lifesaving skill. You never know when you might need it to save a life!</p>
<p>10/17/18 (Wed.) – 1:00-3:00 <u>Rummikub (M)</u> Join us for a fun game of Rummikub! We will teach this fun game that combines elements of rummy and mahjong Goebel - Chaparral Room.</p>	<p>10/18/18 (Thurs.) 10:00-11:00 <u>Coffee and Conversation (M)</u> Come and enjoy coffee, breakfast if you so choose, and conversation with fellow CVV Members at The Goebel Cafe.</p>
<p>10/23/18 (Tues.) 9:00-1:00 *(C) <u>Historic Adamson House & Malibu Museum (M)</u> Join us as we tour this beautiful California Historical Landmark to learn about Malibu's colorful history. Built in 1929, it occupies one of the most idyllic oceanfront spots in all of California. Lunch to follow at La Paz Restaurant. *(C-denotes Carpool driver mileage reimbursement available)</p>	<p>10/25/18 (Thurs.) 4:00 ish <u>Movie Matinee with Nancy at the Janss (M)</u> Come enjoy a movie with fellow Villagers! Nancy will notify us a week before which movie she has chosen to entertain the moviegoers. Stay tuned!</p>
<p>10/26/18 (Fri.) 3:00 – 4:00 <u>Joy of Journaling (M)</u> Bring a notebook and pen for an enlightening hour of journaling. Explore your life stories, the stories others bring to their writing. Learn how to be more mindful and positive!</p>	
<p>10/28/18 (Sun.) 4:30-6:30 <u>OctoberFest Potluck (M V)</u> Join fellow members and volunteers as we celebrate Fall with a potluck! An all Village event to enable everyone to meet and mingle! Halloween costumes optional. (Birthday month: Jan-Sept. bring salads or appetizers; Oct.-Dec. bring desserts)</p>	<p>10/30/18 (Tues.) 1:45-3:30 <u>Enriching Hour: A DVD showing of Topics to Enlighten and Inspire us! (M)</u> <i>The Impressionists: The Other French Revolution</i> Part 4 and final DVD, chronicling a group of artists in 19th century Paris. They turned away from academic traditions by painting their immediate visual response to a scene.</p>

(M V G) Attendance Legend: M = Member, V = Volunteer, G = Guest

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Other Member Events and Community sponsored events are listed on our online Events Calendar at www.conejovalleyvillage.org. Register for an event online or call our Call Manager at 805-372-1826 to reserve your spot. CVV events are subject to change and may have limited space.

Full Members: Remember to request transportation - Call us if you need a ride to an event.

October Community Events – Bring your Friends!

(Note: These events are not sponsored by Conejo Valley Village)

10/2/18 (Tues.) 6:30-7:30 – The Basics of Memory Loss - Grant R. Brimhall Library Community Room

Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, the stages and risk factors and current research and treatments available to address symptoms.

10/13/18 (Sat.) 5:00-7:00 – Brats and Beer Oktoberfest – Goebel

Celebrate Oktoberfest with German food, music, beer and FUN! \$10.

10/18/18 (Thur.) 10:00-12:00 – Seniors Managing Drug Costs – Camarillo Library

A panel of 3 speakers will include 2 pharmacists and a HICAP counselor. They will discuss Medicare part D, options for supplemental insurance, and the Extra Help Program. Many topics will be covered in this very educational presentation. Q & A will follow.

10/19/18 (Fri.) 2:30-4:00 – Writing Your Family Story - Goebel

Are you thinking about writing your family story and don't know where or how to start? Join Dr. Mary Gordon to learn how to start the process. She will give you templates and guidance.

10/21/18 (Sun.) 9:00-4:00 – Thousand Oaks Rotary Street Fair – Moorpark Rd. at Janss

The 27th annual street fair will feature over 370 vendors specializing in hand-made products. Live music, food and entertainment too! **Bring your friends to learn about CVV at booth SWE-26 by Jack in the Box!** Free admission.

10/21/18 (Sun.) 2:00-3:00 – On Stage: Joey Leone Blues History – Grant R. Brimhall Library Community Room

The history of American Blues comes to life in this performance by music historian and acclaimed guitarist Joey Leone and his band. Featuring songs, historical facts, and personal stories from Joey from his days playing and touring with blues legends like Etta James, Wilson Pickett, Chubby Checker, The Coasters and even Bruce Willis!

10/23/18 (Tues.) 4:00 – 5:30 – The Ins and Outs of Long-Term Care – Senior Concerns

Learn what Long Term Care is, what the benefits are, where it can be received, and how it interacts with Medicare.