



APRIL 2018

CVV MEMBER EVENTS

Register/Info:
 Call (805) 372-1826
 Email cvv@conejovalleyvillage.org

Join us for these fun member events – REGISTER EARLY!

<p><u>4/3/18 (Tues.) 8:30-12:30</u> Nature Hike with Julie Enjoy the great outdoors with a leisurely 1-3-mile hike and learn about our local flora and fauna. (Turn around option for those who do not want to go the full distance). Location to be determined by the trail conditions and weather. See April Event Calendar online for details, or call CVV.</p>	<p><u>4/4/18 (Wed.) 10:15-12:15</u> Mexican Train Jump aboard the Mexican Train! This fun game played with dominos will keep you entertained as you try to be the first to use all of your dominos on the train chain.</p>
<p><u>4/11/18 (Wed.) 10:15-12:15</u> Yahtzee! Yahtzee is a dice game. The objective of the game is to score points by rolling five dice to make certain combinations. No talent required and we will show you how to play!</p>	<p><u>4/12/18 (Thurs.) 9:30-10:30</u> Coffee and Conversation Enjoy coffee, breakfast if you so choose, and conversation with fellow CVV Members at The Goebel Cafe.</p>
<p><u>4/12/18 (Thurs.) 6:00 – 8:00</u> Two Step Anyone? Come to Borderline and watch or participate in Line Dancing lessons! We will have a table for CVV Villagers. Doors open at 6:00, lessons start at 6:30. \$5.00 cover charge. Food and drink available for purchase.</p>	<p><u>4/15/18 (Sun.) 5:00 – 7:00</u> Garden Party Potluck! Enjoy the taste and smell of Spring with a Potluck! Meet fellow CVV Villagers! Last names beginning with A-L please bring an appetizer or salad and last names beginning with M-Z please bring a dessert. If you cannot bring anything – No Problem! All members and volunteers welcome!</p>
<p><u>4/17/18 (Tues.) 10:00-12:00</u> Behind the Scenes with Seerden THEATER LOVERS! Take a Peek Behind the Curtain with veteran stage actor, Jim Seerden. Learn all that goes into bringing a show to the stage. Our group will explore all aspects of Live Theater and will prepare to attend a performance with Jim at a later date!</p>	<p><u>4/18/18 (Wed.) – 10:15-12:15</u> Rummikub Join us for a fun game of Rummikub! We will teach you how to play this fun game that combines elements of rummy and mahjong. Goebel - Chaparral Room.</p>
<p><u>4/19/18 (Thurs.) 4:00 ish</u> Movie Matinee with Nancy Come enjoy a movie with fellow Villagers! Nancy will notify us a week before which movie she has chosen to entertain the moviegoers. Stay tuned!</p>	<p><u>4/22/18 (Sun.) 2:00 – 4:00</u> Camarillo Skyway Playhouse Presents: Sylvia We will attend this theater matinee as a group with veteran stage actor, Jim Seerden. The play is about “Sylvia”, a dog, the couple who adopts her, and the comedy that results. If time permits, discussion to follow afterwards at a restaurant. (Please get your tickets ahead of time)</p>
<p><u>4/23/18 (Mon.) 9:30-10:30</u> Mall Walk and Talk Need steps? Stroll the Mall at your own pace with fellow CVV members and reward yourself afterward with coffee! Meet at Coffee Bean and Tea Leaf near JC Penney. All fitness levels welcome!</p>	<p><u>4/24/18 (Tues.) 10:30-11:30</u> Hear Ye, Hear Ye! Can You Hear Me? Would you like to hear better? Come and “hear” Ron Roberts give an informal talk on a wide variety of hearing devices. Learn how to enhance and correct hearing situations.</p>

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4/27/18 (Fri.) 3:00 – 4:00

Joy of Journaling

Bring a notebook and pen for an enlightening hour of journaling. Learn how to tap into your many layers. Explore your life stories and the stories others bring to their writing. Learn how to be more mindful and positive!

5/6/18 (Sun.) 5:00-7:00

Conejo Valley Village's 1st Anniversary

Spring Fiesta!

Come one, come all as we celebrate our first anniversary! We will provide a Mexican feast to thank everyone for helping us make the first Village in Ventura County a success! Meet all the wonderful people who are making it happen! **All members and volunteers welcome!**

Other Member Events and Community sponsored events are listed on our online Events Calendar at www.conejovillage.org. Register for an event online or call our Call Manager at 805-372-1826 to reserve your spot. CVV events are subject to change and may have limited space.

Remember your Full Membership includes free transportation - Call us if you need a ride to an event.

April Community Events - Bring your Friends!

Note: These events are not sponsored by Conejo Valley Village

3/1/18 through 4/16/18 – CSVP Free Tax Preparation

CSVP is offering FREE Tax Preparation services for Seniors 60 years of age or older (any income level) OR persons with an income of \$54,000 or less, regardless of age. No appointments taken. Call 805-381-2742 for more details.

4/8/18 – Sun. – 8:00-1:00 – Community Garage Sale – Goebel

Come shop for new and exciting treasures and explore the selections from over 50 garage sales in 1 location.

4/23/18 – Mon. – 2:45-3:30 – Stress: What Have You Heard? – Goebel

Dr. Paul Gilmartin, D.C. is her to give us the understanding of what stress is to us. No age limit, no health condition, no one can escape it! However, you can take steps to prepare for the best outcomes and not let stress get the best of you!

4/24/18 – Tues. – 4:00-5:30 – Navigating a Hospital Stay – Senior Concerns

Speakers will include: Adriane Stefanson, Clinical Manager, AMR, Lt. Sterling Johnson (Ret.) Paramedic, AMR, Boris Pearlman, M.D., Chief Hospitalist, Debbie Licht, RN, ER Dept., Sejal Shah, Senior Health Services. RSVP by April 23rd to (805)497-0189. Respite care is available with an advance reservation.

4/26/18 – Thurs. – 1:00-3:00 – Will You Pass Your Next Driving Test? – Goebel

This seminar helps seniors be prepared and more comfortable when taking the DMV test. Presentation focuses on how to study for the written test and provides hints on what you should do if required to take the road test. Study handouts included for each attendee. Reservations required and can be made by calling: 805-381-2744.