

Newton at Home 2017 ANNUAL REPORT



“It makes ALL the DIFFERENCE”

Dear Friends,

We are delighted to report that, since our inception just six years ago, membership in Newton at Home has more than doubled as word of our success has spread rapidly throughout the Newton community.

But more important than numbers is the profound impact the organization has had on those members and the more than 100 NAH volunteers who are the driving engines of much of what we do.

In this report we have chosen to highlight three individuals who tell us what Newton at Home has meant to them: two are current members; one is a long-time volunteer. All have benefited in different ways from their NAH experience.

As many of you know, NAH offerings fill a wide variety of needs.

- Last year alone, 676 check-in calls gave peace of mind to some of our more fragile members;
- Volunteer-based technology support enabled many others to use social media to communicate with grandchildren;
- Our Winter Buddies program paired 42 members with volunteers who made sure they were safe during major snowstorms;
- Transportation again remained our premier service, with volunteers completing more than 1,637 rides throughout Greater Boston.

One of the most life-changing aspects of NAH membership has been the opportunity for social connection. Our affinity groups brought folks together by appealing to a broad range of interests from knitting to restaurant dining. This past year we launched a new group called History Folks that made field trips to venues such as the Jackson Homestead, the Larz Anderson Auto Museum, the Museum of World War II and the Edward M. Kennedy Institute for the U.S. Senate.

Our volunteers also benefitted greatly from their own affiliations with Newton at Home. When they tirelessly helped members with transportation, home repairs, grocery shopping and computer support, it was often hard to tell who was getting the most out of these encounters. Friendships have blossomed, enriching the lives of members and volunteers alike.

While we are deeply encouraged by the positive effect NAH has had on all of our constituents, we know this would not have been possible without the generous support of friends, donors and our wonderful staff and board. ***Your efforts and contributions have made an enormous difference in so many lives.*** And for that we are extremely grateful.

Sincerely,



Maureen Grannan
Executive Director



Stephen R. Logowitz
President

THE DIFFERENCE IT MADE

July 2016 through June 2017

This year's report focuses on the impact Newton at Home has had on members and volunteers alike. Some have told us that it has been a life-changing experience. Almost all agree that NAH has enriched and improved their lives on multiple levels. We have selected three individuals who exemplify this in various ways. They are just a sampling of our many constituents for whom NAH has really made a difference.

“My parents didn't adapt well to aging, and I wanted something different for myself.” -Dan Reilly



Dan Reilly secures a loose railing at a member's home.

Dan Reilly has been a volunteer for Newton at Home for six years. He learned about NAH while researching the Village Movement for his master's thesis in Elder Care Marketing at Lasell College in 2011.

As a volunteer, Dan brings his “fix it” talents to the organization helping many NAH members with household repairs and projects. But for Dan volunteering is much more than doing the work and providing a service. It's about people. He has always been curious about people so it is no surprise that he learns a great deal about the members he visits. And this has given him a better idea of what he wants for himself as he ages. “Many of these folks are leading rich and productive lives. They are my role models now,” he said.

Dan is proud of the impact that his services have upon members. He points out that if a house isn't kept up it can affect the health and safety of those who live there. At the same time, he recognizes the value of social relationships and how important they are at every age. “Relationship building does not come reflexively to me,” he observed. “But being a volunteer at Newton at Home certainly does help. It's been a life-changing experience.”

*“Newton at Home is always there for me, and I find that very reassuring.”
- Sheila Brownstein*



Sheila Brownstein gets computer support by phone from an NAH volunteer.

Sheila Brownstein can't always call a friend when she needs something. Instead, she calls Newton at Home. A member for more than five years, Sheila enjoys the security of knowing that NAH is there to help, and that has made a huge difference in her life.

Sheila is particularly grateful for NAH transportation services as she has frequent medical appointments and no longer drives herself. In addition, she has taken full advantage of NAH's computer support. An avid e-mailer and internet user, she knows that if she runs into a "glitch" she can call an NAH technical support volunteer who most likely will solve the problem right over the phone.

Sheila also looks to NAH for intellectual stimulation. She is an active member of one of the NAH book clubs and has attended many local theatrical productions with other NAH members. These contacts have led to some new friendships and social opportunities.

"Newton at Home allows me to continue to live independently in my apartment and enjoy a wide range of activities and interests," she says. "I feel secure knowing that I have a marvelous organization I can depend on and one that has enriched my life immeasurably."

"Newton at Home made me feel that I could survive—in fact, thrive—without a job." -Maria Truslow

When Maria Truslow retired in 2014 after 35 years as a nurse at the Boston VA Medical Center, she wondered about life after work. Would her many interests be enough to fill her time? Would she be able to expand her social network in Newton? A demanding nursing schedule had left her little time to do so.

What attracted her to Newton at Home was the opportunity to become a member and a volunteer. "I had a strong need to give back," Maria said. "I also was looking to meet other people my age who lived in Newton." NAH enabled her to do both.

In addition to volunteering as an NAH driver, Maria takes full advantage of the many social activities and informational sessions the organization provides. She is an active member of the Reading Aloud, History and



Maria Truslow enjoys a gathering of the NAH Knitting Club at the Scandinavian Living Center.

Knitting groups as well as the Ready Readers book club, and frequently attends Health and Wellness presentations. Consequently, she has enjoyed lots of social interactions and has become acquainted with many NAH members.

"I have a handyman. I have kids to advise me. I have friends in the area and I keep in close touch with my three brothers. But I still find that NAH offers things they cannot give me," she said. "It's a very important part of my life."

Vital Statistics

	2016	2017
Members	205	212
Service Requests Filled	3,032	3,094
Transportation Requests	1,082	1,637
Percentage of Requests Filled by Volunteers	97.5%	99%
Volunteer Hours	8,773.3	9,398
Program Attendance	1,142	1,262

Statement of Financial Position	Year Ended June 30, 2017
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Assets	
Cash and equivalents	24,591
Equipment (computers and office furniture)	4,160
Prepaid Insurance	1,946
Total Assets	<u><u>\$30,697</u></u>
Liabilities	
Accounts Payable	4,532
Deferred Income	56,496
Accrued Expenses	4,664
Total Liabilities	<u><u>\$65,692</u></u>
Net Assets	
Unrestricted	(39,254)
Temporarily Restricted	4,259
Total Net Assets	<u><u>(\$34,995)</u></u>
Total Liabilities and Net Assets	<u><u>\$30,697</u></u>

Statement of Operations	Fiscal Year 2017	
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Revenue		
Membership Dues	102,160	46%
Donations	99,406	45%
Grants	7,156	3%
Programs	4,493	2%
Interest and Other Income	8,587	4%
Total Revenue	<u><u>\$221,802</u></u>	
Operating Expenses		
Payroll	191,572	78%
Accounting and Consulting Services	12,200	5%
Rent	9,600	4%
Printing, Postage and Supplies	7,936	3%
Insurance and Workers' Comp	1,471	1%
Programs	4,809	2%
Other	18,001	7%
Total Operating Expenses	<u><u>\$245,589</u></u>	
Net Operating Results	<u><u>(\$23,787)</u></u>	

Note: The amounts above have not been audited and may not be final.

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