

# Newton at Home 2016 ANNUAL REPORT



We Are Community

Dear Friends,

We are pleased to present you with Newton at Home's 2016 Annual Report. Reflecting on all we have accomplished since we started NAH more than five years ago, we are struck by the impact our organization has had on the Newton community and how that community has supported us.

NAH draws strength from and contributes to many Newton institutions and businesses. Recently, we were asked to participate in the city's Newton Leads 2040 initiative. Spearheaded by Mayor Setti Warren and facilitated by Deborah Youngblood, Newton's health and human services commissioner, Newton Leads 2040 gives us a voice in planning Newton's future and helping to meet the needs of our citizens.

We continue to partner with Newton-Wellesley Hospital on a readmission prevention program established in 2012. This unique project uses NAH resources and volunteers to help patients avoid recurring hospital admissions after they are discharged.

Another long-standing NAH partnership with Newton North High School's culinary arts department brings older adults together for gourmet meals at the school's Tiger's Loft Bistro. Prepared and served by students, these luncheons are one of our most popular programs, attracting seniors from NAH, the Newton Senior Center and the city's Over 55 Recreation Program.

Food also plays a big role in our collaboration with Whole Foods Markets in Newton. For several years, they have generously hosted our quarterly volunteer appreciation brunches and selected NAH as a recipient of funds generated by their 5% Day event.

There are many other partnerships like these through which NAH has forged relationships with Newton's academic, business, nonprofit and municipal communities. And Newton At Home will continue to reach outward to explore new connections that will benefit our members and the Newton community in the years to come.

None of NAH's successes would be possible, however, without the generous contributions from our loyal donors and the dedication of our incredible staff, volunteers and board of directors. We are deeply grateful for all you do.

Sincerely,



Maureen Grannan  
Executive Director



Stephen R. Logowitz  
President

**Newton At Home**

|  |                   |
|--|-------------------|
| <b>Statement of Financial Position</b> | <b>Year Ended</b> |
|  | <b>30-Jun-16</b>  |

|  |    |                 |
|--|----|-----------------|
| <b>Assets</b>                              |    |                 |
| Cash and equivalents                       | \$ | 48,099      91% |
| Equipment (computers and office furniture) |    | 5,032      9%   |
| <b>Total Assets</b>                        |    | <b>53,131</b>   |
| <b>Liabilities</b>                         |    |                 |
|  |    | 15,479          |
| <b>Net Assets</b>                          |    |                 |
| Unrestricted                               |    | 27,795      74% |
| Temporarily Restricted                     |    | 9,857      26%  |
| <b>Total Net Assets</b>                    |    | <b>37,652</b>   |

**Statement of Operations**

|                                    |    |                  |
|------------------------------------|----|------------------|
| <b>Revenue</b>                     |    |                  |
| Membership Dues                    | \$ | 97,445      44%  |
| Donations to General Purpose Fund  |    | 79,469      36%  |
| Donations to Restricted Funds      |    | 24,883      11%  |
| MA Legislative Grant               |    | 15,000      7%   |
| Programs and Events                |    | 4,059      2%    |
| Interest and Other Income          |    | 489              |
| <b>Total Revenue</b>               |    | <b>221,345</b>   |
| <b>Operating Expenses</b>          |    |                  |
| Payroll                            |    | 175,785      74% |
| Accounting and Consulting Services |    | 10,113      4%   |
| Rent                               |    | 9,600      4%    |
| Insurance and Workers' Comp        |    | 5,316      2%    |
| Programs and Events                |    | 10,527      4%   |
| MA Legislative Grant               |    | 9,844      4%    |
| Office and Related Expenses        |    | 11,602      5%   |
| Marketing                          |    | 3,373      1%    |
| Other                              |    | 2,574      1%    |
| <b>Total Operating Expenses</b>    |    | <b>238,735</b>   |
| <b>Net Operating Results</b>       |    | <b>-17,391</b>   |

**OFFICERS**

*President*  
Stephen R. Logowitz

*Vice-President*  
Dave Chosiad

*Secretary*  
Deborah Jackson Weiss

*Treasurer*  
Paul Davis

**BOARD OF DIRECTORS**

John F. Adkins  
Deborah Dickey  
Arthur Glasgow  
Rachel Kagno  
Susana Lannik  
Emily Meyer  
Cynthia Pill  
Herbert Plovnick  
Josh Weiss

**STAFF**

*Executive Director*  
Maureen Grannan

*Coordinator of Community Partnerships and Volunteers*  
Julie Plaut Mahoney

*Program Coordinator*  
Aileen Murphy

*Member Services Coordinators*  
Barbara Butterworth  
Hannah Goldberg

# BUILDING COMMUNITY FROM THE INSIDE

July 2015 through June 2016

*This year NAH came together as never before. Members bonded over shared interests. Friendships bloomed between volunteers and those they served. Staff worked seamlessly with volunteers to benefit the entire NAH community. Below are just a few of the many ways in which we became a stronger and more vibrant community.*

## Speaking the Same Language

Since its inception, NAH has provided opportunities for members to connect with each other through affinity groups. These groups enable folks to share their passion for a particular activity: discussing



Bob Ellerstern from the Newton Senior Center discusses Barcelona with Pat Burdick, NAH member, and Guichy Waller, volunteer (foreground) at a recent meeting of the Spanish Conversation Club.

books, dining out, knitting, singing, visiting historic sites and talking politics. During the past twelve months, NAH has seen a large increase in the popularity of these groups, initiated and organized by members and volunteers. In great demand, affinity groups have brought people together, fostered friendships and ignited the enthusiasm of many members.

The Spanish Conversation Group is a perfect example of a successful affinity group. When volunteers Guichy Waller, who grew up in Chile, and Maria Beatriz

Arvelo, a native of Venezuela, met at an NAH volunteer recognition brunch, the pair decided that it would be fun to form an intermediate level Spanish conversation group for NAH members. Launched with the help of Julie Plaut Mahoney, NAH's coordinator of community partnerships and volunteers, the group was an immediate success.

Soon word of this enterprise reached the Newton Senior Center and several Spanish language aficionados from that community joined as well. There are now ten active members and their lively conversations cover a wide range of topics from human rights and domestic politics, to world events, women's issues and travel. "No subject is off limits," says Guichy who facilitates the weekly meetings. Sometimes, the group will converse over lunch at a local Spanish restaurant or watch a Spanish film. Members have even shared photos and commentary (in Spanish, of course) from recent trips to Costa Rica, Belize, Norway, Guatemala and Spain.

Thanks to Newton South High School's world language department head, Suzanne Murphy Ferguson, and teacher Viviana Planine, the group also has teamed up with the school's honors Spanish class to exchange ideas and learn from each other.

"It's a very neat group of people," Guichy observes. "Everyone is interesting and they bring so much to our gatherings. I've even learned some English from them. It's fantastic."

## Vital Statistics

|  | 2015  | 2016    |
|--|-------|---------|
| <b>Members</b>                                     | 190   | 205     |
| <b>Service Requests Filled</b>                     | 2,550 | 3,032   |
| <b>Transportation Requests</b>                     | 955   | 1,082   |
| <b>Percentage of Requests Filled by Volunteers</b> | 96.4  | 97.5    |
| <b>Volunteer Hours</b>                             | 7,447 | 8,773.5 |



## The Incredible Nine

Most of NAH's approximately 100 volunteers work directly with members, providing such services as driving, home repair, grocery shopping, yard work, tech support and running errands. Other volunteers, however, help out in the NAH office. This year, NAH has had nine regular volunteers who provide seamless support to our staff. The volunteers make member check-in calls, maintain databases, answer phones, organize files, register members for programs, fix computer glitches and perform other tasks. The staff has gotten to know and depend upon this loyal group and the camaraderie has been extraordinary.

"We absolutely could not function without them," says Executive Director Maureen Grannan. "We really appreciate the special skills of each office volunteer and their dedication to helping our members."

Newton at Home Office Volunteers and Staff. Front row, left to right: Hannah Goldberg (staff), Brenda Roberts, Maureen Grannan (staff), Miriam Drukman. Back row, left to right: Aileen Murphy (staff), Alex Vogel, Kathy Dolan, Julie Plaut Mahoney (staff). Absent: Barbara Butterworth (staff), Ellen Block, Ellie Kritzman, Elliot Gabriel, Guichy Waller, Christie Jacobs.

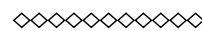


Volunteer Eddie Dolan (left) and NAH member Stan Robbins share a laugh on one of their walks around the track at Stan's gym.

## Driving Mr. Robbins

For months, volunteer Eddie Dolan drove member Stanley Robbins to the gym twice each week. Stan, who is blind, exercised there regularly on a stationary bike while Eddie waited in the lobby. Eddie would later drive Stan home.

After several weeks, bored with sitting in the lobby, Eddie decided to explore the gym's second floor indoor track and began regularly walking it while Stan exercised. One day, Stan inquired about what Eddie did while he waited. When Eddie told him about the track, Stan wanted to try it himself. So Eddie helped him up in the elevator and guided him on to the track. Thus began a regular workout for the two men who faithfully complete 16 rounds of walking and talking whenever they visit the gym together. Over time they learned about each other's families, swapped stories and became friends. Now, the NAH office knows that when Stan calls for a ride, if Eddie is free; he is the one to do the job.



*As Newton at Home has grown, our ties to each other and the greater Newton community have strengthened and deepened. These ties are at the heart of who we are and what we do: neighbors helping neighbors in a community marked by friendship, cooperation and concern.*



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