

# June 2018

May '18							July '18						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30	31			29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2 Cosley Zoo Run for the Animals 10K
3 Run for the Roses 5K 7am Trail Run at Great Western Trail in St. Charles	4 Group Run @ 5am PP	5 Group Run @ 6:30 pm PP 5K Training @ 7pm PP	6 Global Running Day 6:30pm @ RRS	7 Group Run @ 6:30 pm CM 5K Training @ 7pm CM	8	9 Group Run @ 7am LZHS <b>*Marathon Training and Half Marathon Training Begins</b>
10 Group Run @ 7am BW	11 Group Run @ 5am PP	12 Group Run @ 6:30 pm PP 5K Training @ 7pm PP	13 Group Run @ 6pm PP	14 Group Run @ 6:30 pm CM 5K Training @ 7pm CM	15	16 Group Run @ 7am LZHS
17 Group Run @ 7am BW Ricky Byrdsong memorial Race Against Hate 5K	18 Group Run @ 5am PP	19 Group Run @ 6:30 pm PP 5K Training @ 7pm PP	20 Group Run @ 6pm PP	21 Group Run @ 6:30 pm CM 5K Training @ 7pm CM	22	23 Group Run @ 7am LZHS
24 Group Run @ 7am BW	25 Group Run @ 5am PP	26 Group Run @ 6:30 pm PP 5K Training @ 7pm PP	27 Group Run @ 6pm PP	28 Group Run @ 6:30 pm CM 5K Training @ 7pm CM <b>**Last day of 5K Program</b>	29	30 Group Run @ 7am LZHS
1	2	Notes PP = Paulus Park CM = Cuba Marsh RRS = Road Runner Sports Kildeer LZHS = Lake Zurich High School BW = Busse Woods		Special Events Board/Committee Meetings 5K Training Marathon/HM Training Alpine Circuit Race CARA Circuit Race		* Beginning of Program **End of Program  Calendar Templates by Vertex42 <a href="https://www.vertex42.com/calendars/">https://www.vertex42.com/calendars/</a>