



The Village In Howard Newsletter

Volume 5, No 12 • January 2018



The TVIH offices will be closed January 1st and January 15th in observance of New Year's Day and Dr. Martin Luther King Day respectively.

VOLUNTEER POWER!

If you were at the Annual Member Meeting, you heard about the 6,500+ volunteer hours contributed to the Village in 2017. TVIH only happens because members are willing to offer their time and talent. We are the “engine” that makes it all work! Our committees are re-organizing this month and new voices and ideas are needed. Know something about websites? Have a grant suggestion? Can you meet a new member to provide an orientation? Know a business that might consider partnering with TVIH? Can you give 2 hours a week to handle office phones and visitors? How about providing an occasional ride for a member who cannot drive? Do you have some recruitment ideas? Have a suggestion for a new activity or program? If so please send an email to 4info@thevillageinhoward.org to indicate interest in contributing to our community. YOU are needed and you will benefit from involvement!



Barnes & Noble Gift Wrapping Fundraiser

ANNUAL MEMBER MEETING

Thanks to TVIH members who gathered to celebrate our work at the Annual Member Meeting last month. More than 70 members were in attendance celebrating our activities and volunteers.

INCLEMENT WEATHER POLICY

The TVIH Center and activities will be closed if the Howard County Public Schools are closed due to inclement weather. If schools have a delayed opening, the Center will open at noon and afternoon activities will meet. If unsure, please check the website or call the office at (443) 367-9043.

Welcome New Members:

Kathryn Goldstein of Columbia
Karen Ohrich of Columbia
Ron Putz of Columbia

Support TVIH by using AmazonSmile, a giving program offered by Amazon.com for the same products and prices. When you use AmazonSmile for your shopping, 0.5% of the purchase price of eligible products will be donated to TVIH. How does it work? Start each shopping session at the URL <http://smile.amazon.com>. Be sure to designate The Village in Howard to receive your donation by clicking on the link smile.amazon.com.



OPEN EVENTS: ALL ARE WELCOME

(No need to sign up, just show up; those who would like to learn about the Village are welcome to join us.)

Happy Hour Tuesday, January 2, 4pm – 6pm

Join us at Facci's at 7530 Montpelier Road, Laurel, MD 20723. This casually elegant restaurant serves Neopolitan wood-fired pizza, Italian classics with a modern twist, and discounted beverages.

Sneakers and Coffee Every Saturday, 9am

Meet at People Tree on Lake

Kittamaquindi at 9am for walk and 9:30am at Whole Foods for coffee. Inclement weather, meet inside Mall at Apple Store for walk at 9am and 9:30am at Panera's for coffee and conversation.

Monday Morning Meanderings

Meet Every Monday, 10am – 12pm at Lake Elkhorn if the weather is above 35 degrees.

Lunch Bunch Every Wednesday, 11:30am – 1:00pm

Join us at Nordstrom's Café inside the Mall in Columbia, 10300 Little Patuxent Pkwy, Columbia, MD 21044 in January. Enjoy fresh salads, soups, fish, pastas and pizzas, plus contemporary and classic sandwiches in a European marketplace setting.

TVIH MONTHLY ACTIVITIES REQUIRING REGISTRATION

There are three ways to register for an event:

- Visit the website at www.thevillageinhoward.org and sign in. After you have signed in, click on the "Calendar" tab for the activities for this month or for future months. Click on the activity you want to register for. If you are having difficulty registering on the website, please call the office at 443-367-9043.
- Call the TVIH Office at 443-367-9043 to register. If no one picks up, please leave a message and a volunteer will get back to you.
- Click this link to go directly to the website Calendar:

http://thevillageinhoward.clubexpress.com/content.aspx?page_id=2&club_id=855297&sl=504175908

TVIH Players

Friday, January 5, 10am – 12pm

Bring your talent and enthusiasm for amateur performance with a song, skit, reading or music. Showcase your creative talents with this friendly group and help with preparation for an event in 2018.

Trivial Pursuit: Monday, January 8, 2pm – 3:30pm

Test your memory in a fast-paced memory game or other board games at the TVIH Center.

Elders' Wisdom: It's Hard To Be Nostalgic If You Can't Remember Anything

Thursday, January 11, 11:30am – 1pm

The group will meet and discuss aspects of remembering and ways to cope with forgetting. Meet at TVIH Center.

Travel Near, Travel Far and Potluck Dinner: Iceland, Land of Fire and Ice

Thursday, January 11, 6pm – 8pm

Enjoy phenomenal images from a 10-day photographic journey of Iceland capturing the beauty of this Nordic country, just south of the Arctic Circle. Meet at HC Central Library, 10375 Little Patuxent Parkway, Columbia.

The Village Readers

Thursday, January 18, 10am – 12pm

Village Readers welcomes new members. *Leonardo da Vinci* by Walter Isaacson will be discussed. The group meets at TVIH Center.

TVIH Website Training and iPhone Workshop

Thursday, January 18, 10am – 11:30am

If you have questions about navigating our website, Joy Cheung will help answer your questions. Please bring your iPhone, iPad, or laptop if you need instruction. Meet at TVIH Center.

Easy Yoga, Stretch and Guided Meditation

Thursday, January 18, 1pm – 2pm

Easy yoga postures and stretching followed by guided meditation and relaxation. Be sure to bring a mat or blanket. You will need to be able to get down on the floor. The session will be held at TVIH Center.

Needles, Hooks and Coffee

Friday, January 19, 10am – 12pm

Join other members to knit, crochet, sew, quilt, hook; make alterations, jewelry, or cards. Bring your own projects to finish and learn from others. This is a great opportunity to meet new friends.

Here's To Good Health In 2018: Going To The Pharmacy

Tuesday, January 23, 1pm – 2:30pm

This session is the first of a new wellness series in 2018 and will feature Fariborz Zarfeshan, R.Ph. of Alpha Specialty Pharmacy in Ellicott City discussing medications and the role of the pharmacist in maintaining good health. Learn more about prescriptions, common medication side effects, generic vs. prescribed name brands, etc. Meet at TVIH Center.

My 3 Cents Monthly Discussion

Tuesday, January 23, 2pm – 4pm

The group will begin the new year confronting the issues surrounding sexual harassment and the #metoo movement. Meet at TVIH Center.

Village Singles: Movie and Early Dinner

Sunday, January 28, 11:45am – 4pm

Make plans to join with other TVIH singles for a Sunday outing. You will be notified a week ahead of time of movie choices which the registrants will decide, followed by discussion and dinner afterwards at Bertucci's. The group will meet at United Artist Snowden Square 14; 9161 Commerce Center Drive, Columbia, MD 21046; early dinner at Bertucci's, 9082 Snowden River Pkwy, Columbia, MD 21046.

Fortified Wines: Sip and Get Up Slowly

Sunday, January 28th, 2pm – 4pm

Learn about the different styles of Ports and other fortified wines such as Sherry, Marsala and Madeira. This teach and taste will pair a food item with each wine. We'll also taste a Brandy and have a food item paired with it. Private address; will be emailed to registrants.

Village Singles: Rep Stage Live

Saturday, February 24, 12pm – 4:15pm

(Note registration deadline is January 29)

Join TVIH singles at Rep Stage at Howard Community College for a pre-show lecture and world premiere of the live theatrical production, *All She Must Possess*, a story of the Cone sisters and their artistic collections. Meet at The Horowitz Center at Howard Community College, 10901 Little Patuxent Parkway, Columbia, MD 21044

SUPPORTER:



The Village In Howard

Aging in Howard just got easier....

If you have problems with, or need information on:

Membership, email membership@thevillageinhoward.org

Volunteering, email volunteer@thevillageinhoward.org

If you would like to be removed from this email list, please email your name and email address to 4info@thevillageinhoward.org. We will not share your email address or personal information with anyone.