

**BrewCouver Brother Cascadia – 21.5 miles – 965' climbing**

Leg	Dir	Type	Notes	Total
Start: Salmon Creek Park Softball Fields				
	→	Right	NE 117th St	0
0.1	←	Left	NE 117th St	0.1
0.9	↑	Straight	onto NE 119th St	1.1
0.2	←	Left	NE Salmon Creek Ave	1.3
0.9	←	Left	NE 134th St	2.2
0.1	→	Right	NE 29th Ave	2.3
0.3	←	Left	NE 139th St	2.5
0.5	→	Right	NE 20th Ave	3
0.8	↑	Straight	NE Union Rd	3.8
0.6	↑	Straight	NE 15th Ave	4.4
0.7	←	Left	NE 179th St	5.1
0.4	→	Right	NE Delfel Rd	5.6
1.6	↑	Straight	NW 209th St/Wm Blank Rd	7.2
0.4	→	Right	NW 11th Ave/NorthWest11th Ave	7.6
1.2	←	Left	NW Ecklund Rd	8.8
0.3	←	Left	NW Carty Rd	9.1
1.1	←	Left	NW Hillhurst Rd	10.2
0.4	↑	Straight	NW 31st Ave	10.6
1	↑	Straight	NW 209th St	11.6
0.2	←	Left	NW 36th Ct	11.9
0	←	Left	NW 209th St	11.9
1.7	←	Left	NW Krieger Rd	13.6
1.6	↑	Straight	NW 179th St	15.2
0.4	→	Right	NW 61st Ave	15.6
0.5	←	Left	NW 169th St	16.1
1	→	Right	NW 41st Ave	17.1
0.8	←	Left	NW Seward Rd	17.8
0.7	↑	Straight	NW 36th Ave	18.5
0.3	←	Left	Salmon Creek Trail	18.8
1.4	←	Left	stay on Salmon Creek Trail	20.3
1	←	Left	stay on Salmon Creek Trail	21.3