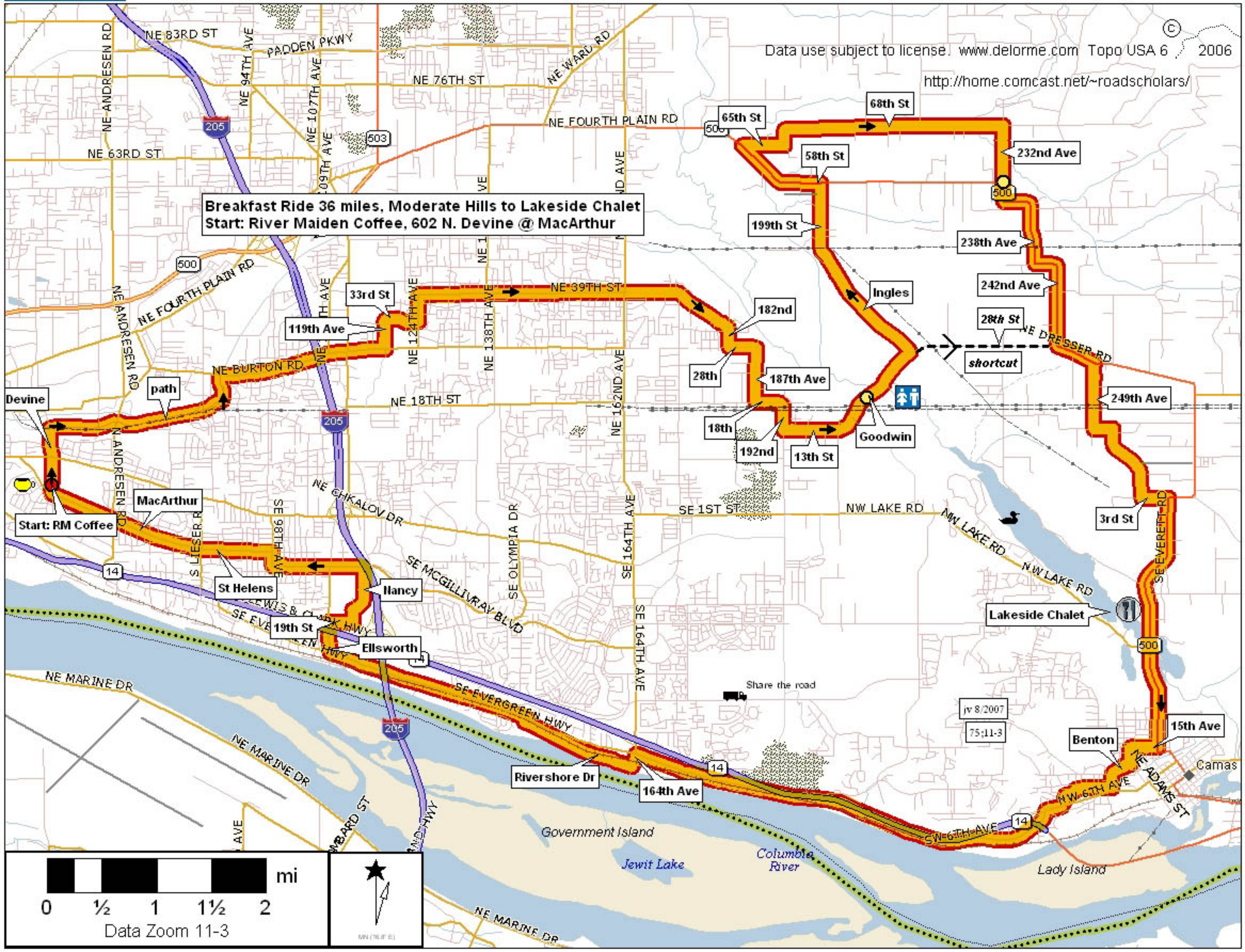


Breakfast Ride 36 miles, Moderate Hills to Lakeside Chalet
Start: River Maiden Coffee, 602 N. Devine @ MacArthur



Start: RM Coffee

MacArthur

St Helens

Hancy

Ellsworth

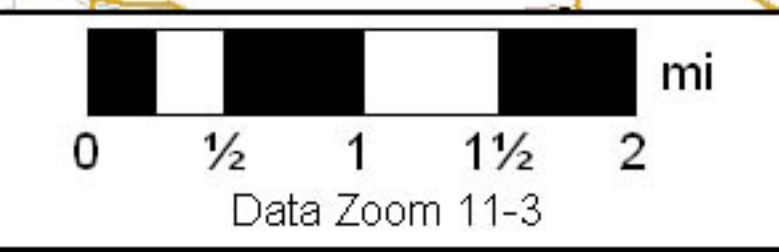
Rivershore Dr

16th Ave

Lakeside Chalet

Benton

Camas



mile

Breakfast Ride 36/30 miles, Moderate Hills

Start: River Maiden

602 Devine @ MacArthur

Across the street from McLouglin Middle School

KEY

BC becomes	L left
BL bear left	R right
BR bear right	X cross
CS continue straight	

CAUTION OR EASY TO MISS

Route continued

R		Devine from school lot
X		Mill Plain
CS		Devine --FAST DESCENT!
R	0.5	Burnt Bridge Creek Path -
		BOTTOM OF HILL, sharp turn
X		Andresen on trail at crosswalk
CS		Burnt Bridge Creek Path
BL	2.6	at Y in path toward Burton Rd
R		Exit path to Burton Rd (sidewalk)
X		112th Ave BC 28th
L	3.9	119th Ave
R		33rd St
L		124th Ave
R		39th St
X		162nd Ave
CS		39th BC Edmunds
BR		182nd Ave BC 28th, 187th
L		18th St BC 192nd Ave
L	9.1	13th St BC Goodwin
	10.0	Regroup at Park on right
(Shortcut continues E on Goodwin/28th St - see map)		
L	10.5	Ingles BC 199th
L		58th St
R	13.3	65th St BC 192nd, 68th
R		232nd Ave
CS	16.3	232nd Ave @ 58th/SR500
BC		54, 237, 238, 242nd
L	18.2	Dresser
R	18.6	249th Ave
		BC 14, 252 Delp, 257, 3rd
R	20.3	Everett/SR 500
R	21.7	Lakeside Chalet for chow
R		Everett/SR 500
R	22.7	15th Ave
X		Division
L		Ash
R		12th Ave

L		Benton BC Drake
R		7th Ave
BL		Logan
R	24.0	NW 6th Ave
L	24.2	SW 6th - first left --TRAFFIC!
BC		Evergreen Hwy
BL		Evergreen Hwy at Y
L	28.1	164th Ave
X		RR tracks
R		Rivershore Drive
R	29.3	148th Ave
L		Evergreen Hwy
R	31.3	Ellsworth
R	31.5	19th St
L		113th Ave
BR		Nancy
L	32.3	10th/McGillivray
R		98th Ave
L		St. Helens
X		Lieser
CS		MacArthur
R		Devine to have coffee!
R		school parking lot

