## **Ashley Heights to Orchards Highlands**

36 Miles, Moderate Hills Starbucks near Albertson's 14300 NE 20th Ave Route by Joe Cote 7/2009 R = Right Turn
L = Left Turn
BC = Becomes
BR = Bear Right
X = Crosses

## Begin Starbucks parking lot Salmon Creek

Exit West onto 139th St

X 20<sup>th</sup> Ave R 29<sup>th</sup> Ave

L 134<sup>th</sup> St

R Salmon Creek Ave (1.9 mi)

R 119<sup>th</sup> St BC 117<sup>th</sup> St

X Hwy 99

L Stutz

R 105<sup>th</sup> St

L Hazel Dell (4.0 mi)

R 83<sup>th</sup> St (5.0 mi)

R Old Orchard Dr

L 87<sup>th</sup> St BR 88<sup>th</sup> St

R Lakeshore Ave (6.7 mi)

BC 36<sup>th</sup> Ave

L 127<sup>th</sup> St (8.9 mi)

R 43<sup>rd</sup> Ave L 131<sup>st</sup> St

R 48<sup>th</sup> Ave

L McCann

L Ashley Heights

BC McCann

R 141<sup>st</sup> St (10.5 mi)

R 53<sup>rd</sup> Ave

L 140<sup>th</sup> St

R 50<sup>th</sup> Ave

L Ashley Heights

R 43<sup>rd</sup> Ave

L McCann

L 36<sup>th</sup> Ave (11.8 mi)

R Salmon Creek Trail (12.1 mi)

Opt. regroup Salmon Creek Restrooms (14.8 mi)

R out of parking lot

L 117<sup>th</sup> St

X Hwy 99 BC 119<sup>th</sup> St

L Salmon Creek Ave

R Corbin (16.8 mi)

L 131<sup>st</sup> St

L 50<sup>th</sup> Ave

R 139<sup>th</sup> St (18.2 mi)

R 87<sup>th</sup> Ave (20.0 mi) BC 88<sup>th</sup> Ave

L 95<sup>th</sup> St (22.2 mi)

R 94<sup>th</sup> Ave

L 86<sup>th</sup> St (Dead end)

Pass thru barricade N end (23.4 mi)

L 107<sup>th</sup> Ave

R 99<sup>th</sup> St

Opt. regroup at Chevron (24.7 mi)

X SR 503 (117<sup>th</sup> Ave)

L 124<sup>th</sup> Ave

R 114<sup>th</sup> St

L 132<sup>nd</sup> Ave (26.3 mi)

R 144<sup>th</sup> St

L 137<sup>th</sup> Ave (28.0 mi)

L 151<sup>st</sup> St R Caples

L 154<sup>th</sup> St (just after Railroad track)

Continue thru gate (29.5 mi)

X SR 503

R 112<sup>th</sup> Ave

L 156<sup>th</sup> St

R 92<sup>nd</sup> Ave

L 159<sup>th</sup> St (31.1 mi)

X 50<sup>th</sup> Ave & enter WSU (33.2 mi)

On weekends enter sidewalk to left

L at stop sign

R onto sidewalk

R on 29<sup>th</sup> Ave walkway (34.2 mi)

L 29<sup>th</sup> Ave

R 139<sup>th</sup> St

X 20<sup>th</sup> Ave to Starbucks (35.6 mi)