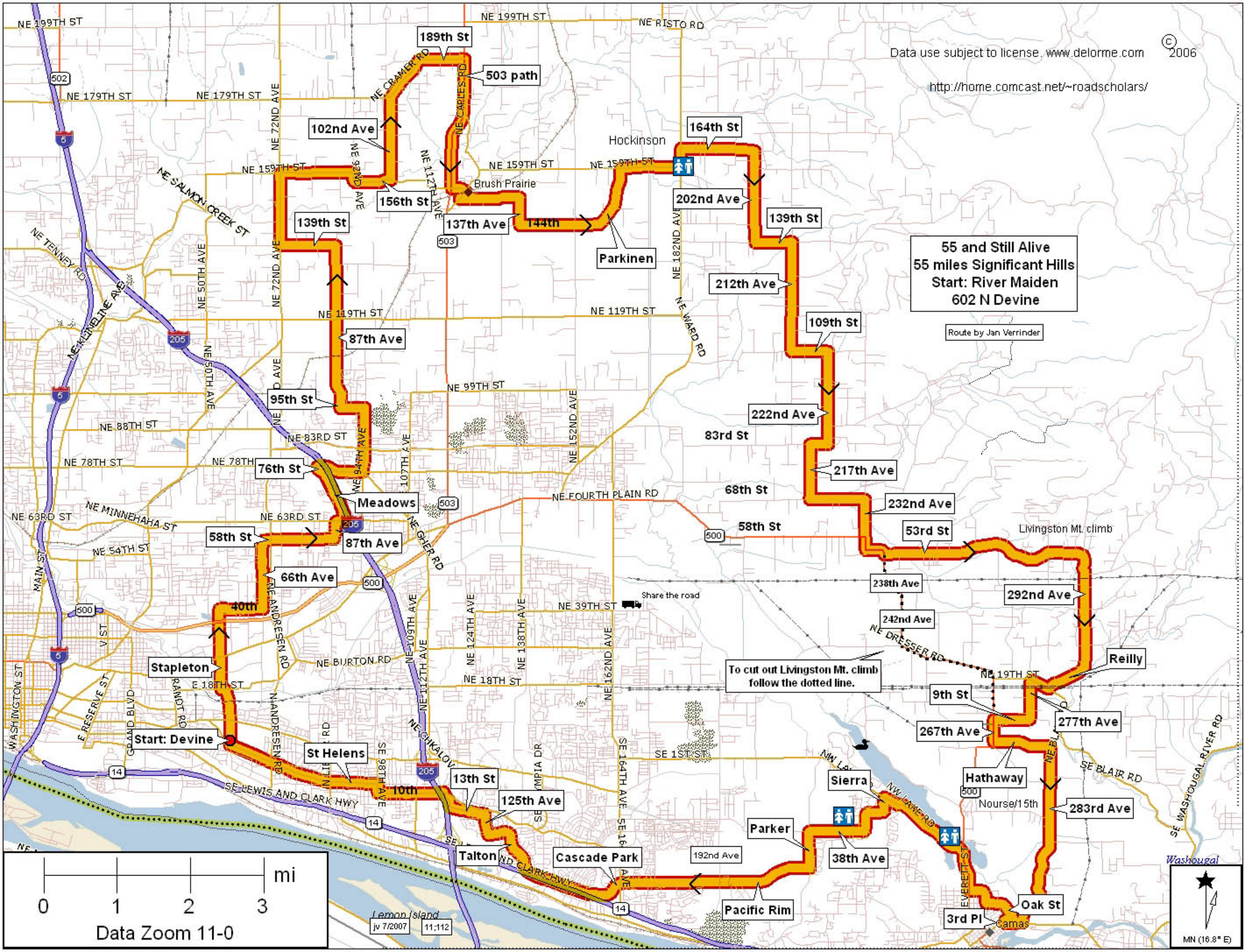
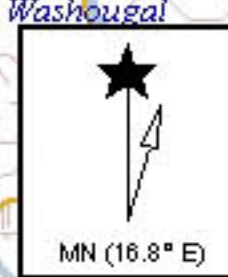
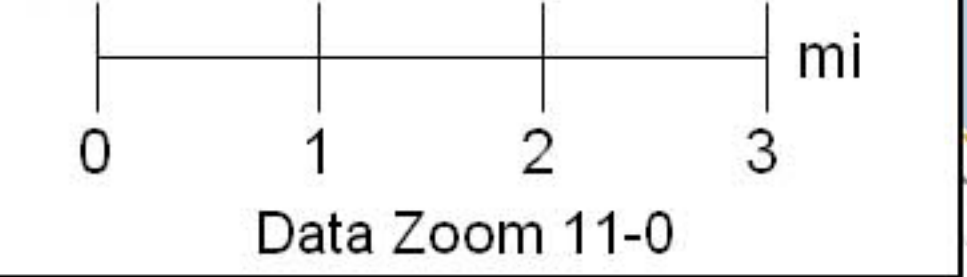





55 and Still Alive
55 miles Significant Hills
Start: River Maiden
602 N Devine

Route by Jan Verrinder

To cut out Livingston Mt. climb
follow the dotted line.

Share the road



mi.	R	Devine from school parking lot
	X	Mill Plain
	L	18th St
	R	54th Ave bc Stapleton
	X	Hwy 500
1.9	R	40th St
	L	66th Ave
	R	58th St
	X	Andresen
	L	87th Ave
	R	63rd St
4.7	L	Meadows
	R	78th St bc 76th
	L	94th Ave; then X Padden
7.1	L	95th St
	R	88th Ave bc 87th, 139th
	R	72nd Ave
	R	159th St
	R	92nd Ave bc 156th 
13.0	L	102nd Ave
	R	Cramer bc 189th St
	X	SR 503 - push button
	R	503 bike path, beyond light
	BR	122nd Ave (path dumps you here)
	R	179th & quick L on path just before traffic light
17.2	L	HOLE in fence onto 154th
	R	Caples
	L	151st St
	R	137th Ave
	L	144th St bc Parkinen
	R	159th
21.4	L	182nd Ave @ Hockinson Market
	R	164th St - Hockinson 
	R	202nd Ave 
	L	139th St
	R	212nd Ave
	L	109th St
	R	222nd Ave






55 and Still Alive

55 miles, Significant Hills

Start: River Maiden 602 N Devine

mi. *Route continued:*

	R	83rd St
	L	217th Ave
	L	68th St bc 232nd, 54th, 237th
30.5	L	53rd bc Bradford 
	R	292nd Ave at top bc Reilly
	R	Blair
35.7	L	277th Ave bc 9th St <i>E-Z TO MISS!</i>
	L	267th Ave
	L	Hathaway bc 283rd Ave, Crown
40.5	R	3rd Ave
40.7	R	3rd Place bc Oak, 19th <i>E-Z TO MISS!</i>
	R	Ione
	L	22nd St
	R	Everett
42.3	L	Lake  Heritage Park Water/Restroom
	L	Sierra
	R	43rd Ave bc Astor
	R	38th Ave
	L	Parker
	R	Pacific Rim bc 34th Ave
	X	164th Ave
48.2	CS	Cascade Park bc Talton
50.2	L	19th St bc Riveridge
	R	125th Ave
	L	13th St to dead end
	R	116th Ct (thru pathway)
	L	10th St
	R	98th Ave
	L	St Helens bc MacArthur 
	R	Devine 55 miles or so & still alive!

Key

L = left	BC = becomes
R = right	X = cross
CS = continue straight	