

HERRINGTON HARBOUR SAILING ASSOCIATION

HARBOUR LIGHT

NEWSLETTER

FROM THE HELM

Commodore Maris Eshleman

What started out as a vicious winter has turned into a beautiful spring! Warm breezes have made for some beautiful sailing opportunities in the dawn of this new season. After our Spring Meeting me and me mate spent a few beautiful hours sailing in the early spring breezes because it will be our last together for several months. Linda recently endured complex back surgery so the opportunity to get out on the water in advance provided a promise of things to come and a chance to toast the budding season.

April and May usually present some of the best sailing of the year. Days are getting longer and the thermal clines create winds that are strong enough to move even the slowest among us. These months also usher in the beginning of cruising and racing programs for the Club. This month we have cruising and racing seminars to help offer advice for the season ahead. Wednesday night racing begins in earnest. Cruising season kicks off with the annual April Fools Cruise with a trip to one of our favorite towns on the Eastern Shore – Oxford. Join us again for our



Race Management & Cruising Seminars

When: Saturday April 16, 2011

Time: 9 AM - Race Management
~11 AM - Cruising

Where: Historic Yacht Club at Herrington
Harbour South

Costs: Free.

All members and their crews are welcome.



HARBOUR LIGHT

2011 Schedule

Date	Time	HHSA Event	Where	Description
April 13	1900	Women Underway Seminar	TBD	Sail Trim 101. Meeting location will be advertised via e-mail and the HHSA web site.
April 16	0900 - 1100	Race Management Seminar & Practice Starts	Historic Yacht Club at Herrington Harbour South.	All boats serving as Race Committee are encouraged to come and refresh their skill in race management. After the race boats are invited out to HHSA Mark "A" for some practice starts.
April 16	~ 1100	Cruising Seminar	Historic Yacht Club at Herrington Harbour South.	Immediately following the Race Management seminar will be a presentation on organizing a foreign cruise.
April 27	1850	Practice Race	Herring Bay	
April 30 - May 1		April Fool's Cruise	Oxford, MD	Maris & Linda Eshleman on <i>Sweet Liberty</i>
May 4 - June 8	1850	Wednesday Series 1	Herring Bay	Wednesday racing. Every Wednesday until August 31.
May 14 - 15		Full Moon Cruise	TBD	Tom McGarry on <i>Ventreil Magh</i>
May 21	0900 - 1030	New Member Breakfast	Herrington Harbour Near North Pool	Old members meet new members.
May 21 - 22		New Member Cruise	TBD	Maris & Linda Eshleman on <i>Sweet Liberty</i> will lead a cruise to one of the area's great anchorages.
May 22	1100	Spring Regatta	Herring Bay	Three windward-leeward races.
May 28 - 30		Memorial Day Cruise	TBD	Stefan Leader on <i>Diva II</i>
June 4 - 19		Lower Chesapeake Cruise	Hooper Islands - Cape Charles	Join Ardell & Lucinda Hoveskeland on <i>Valhalla</i> for two weeks of gunk holing the lower Bay
June 4 - 5		60's Cruise	TBD	Rich & Lynn Clough on <i>Sea Luff</i>
June 11 - 12		Baby Owl Cove Cruise	Baby Owl Cove	Bill & Jill Boggs on <i>Palmetto Moon</i>
June 11	1100	Double-Handed Race	Herring Bay	
June 15 - July 20	1850	Wednesday Series 2	Herring Bay	Wednesday racing. Every Wednesday until August 31.
June 18 - 19		Women's Cruise	TBD	Andrea Heintzelman on <i>Diva II</i>
June 25	1700	Sharp's Island Race	Chesapeake Bay	Evening race to Sharp's Island light and back.

Full racing and cruising schedule can be found on the HHSA Web Site.

HARBOUR LIGHT

early pilgrimage across the Bay for a round of Painkillers and a great dinner.

With beautiful weather and promises of a coming season, what is keeping you from getting your boat in the water and getting the season on? There are always more tasks to do than there is time and one more gadget to get but you can do it all after the boat is in the water.

With 23 cruises planned and racing every week this year is shaping up to be full of fun and excitement with lots of opportunities to enjoy. But it will only be a great year for you if you show up and play. We're here for you. The Club exists to promote friendship and great times on the water so mark your dates to come on out and play!

APRIL FOOL'S CRUISE

By *Sweet Liberty*

Everybody knows that April is the month of fools. Everyone knows that flowers bloom in May and brides get married in June and fools take to the water in April.

Y'ar noble crew of *Sweet Liberty* will once again host its cruise for fools on 30 April to Oxford. The April Fools Cruise will meet for happy hour at 1700 in a slip TBD at Mear's Marina with Painkillers to overcome the winters pain of deprivation and reward the fools who defied the groundhog to venture east. After the

well is dry we will be ferried down to Latitude 38 for dinner and dreams.

Sign-up is on the website and required so that we can make firm reservations with the restaurant and also ensure there is sufficient elixir to overcome all the pain that will be on board.

See you on the water.

RACING REPORT

Rear Commodore (Racing)

Arne Fliflet

The 2011 racing documents are now available and can be downloaded from the website as pdf documents. These include: HNSA Racing Rules, Sailing Instructions, Course Book and Course Book Summary, Race Committee Manual, and Schedule. Racers should be familiar these documents and the 2009-2012 Racing Rules of Sailing and have a set onboard when racing. Racers should send me their 2011 PHRF Valid Ratings or upload them to the PHRF Certificates forum so we can complete the HNSA scratch sheet. All racers are highly encouraged to attend the Race Management Seminar on April 16. The seminar will go over in detail the Race Committee tasks described in the HNSA Race Committee Manual and will cover the changes that have been made for the new season such as increasing the number of race designator sign boards from two to three. Although serving as

Race Committee can seem intimidating to new racers, with adequate preparation it can be a fun event. The HNSA Course Book, introduced several years ago and refined ever since, has removed much of the guesswork from setting the course. Keep in mind that each race boat must serve as Race Committee at least once for a High Point Race order to be eligible for awards.

The racing schedule lasts over seven months and will be familiar to most of you. The popular Wednesday Evening races start off with a practice race on April 27, followed by three series of six races each, and on September 7, the Free-for-All Race. The weekend High Point Races include the Spring and Fall Regattas, and the Sharps Island, Poplar Island, Great Bay, Bloody Point, and Autumn Classic Races. In addition, there are several non-High Point (but some do count towards the Commodore Cup) races including the Double-handed Race, Adopt-A-Cruiser Race, Women's Race, and the Cruise Race. The season winds down with six Frostbite Races held on Sundays from November 6 through December 12. The schedule has been structured to allow racers to participate in CBYRA and One Design events beginning with the Annapolis National Offshore One Design (NOOD) Regatta on April 29–May 1.

Aaron Galvin of *J-World Annapolis* presented a seminar on race tactics on March 19. Aaron carried this off in fine style in the HNS tent without

HARBOUR LIGHT

the benefit of electronic aids. He stressed the importance of thinking strategically as well as tactically during a race and of having a plan even if it turns out not to be the best plan in retrospect. Wind shifts, both oscillating and persistent, were covered in some detail. Be aware of expected shifts from passing fronts or a developing sea breeze. Hint: watch the clouds. In the case of oscillating shifts, the key is to tack "in synch" with the shifts so as to benefit from the lifts that occur (tacking out of synch can be disastrous). However, Aaron pointed out that in upwind sailing one should wait for the shift to reach a nearby competitor before tacking to the lifted side. Keeping track of shifts by periodically recording compass headings is a good way to detect them. This is a good task for a crew member, and Aaron emphasized the advantages of getting crew members involved in information gathering. In a multi-fleet windward-leeward course, the middle of the course will typically have a lot of turbulent air caused by passing sailboats, especially as a boat's wind shadow extends a distance of over 10 mast lengths from the boat, and should be avoided. The tactics of crossing versus ducking a boat approaching on the opposite tack were discussed. Tactical situations near a mark rounding were also covered. Thanks to Joe Laun for arranging this informative talk.

See you on the water.

CRUISING REPORT

Rear Commodore (Cruising)
Rich Clough

The HNSA Cruising Schedule for the Spring, Summer and Fall of 2011 continues to fill up with exciting activities for this coming season. The season starts with a traditional April Fool's Cruise to Oxford on the weekend of April 30th lead by S/V *Sweet Liberty*. The next weekend (5/7 - 5/8) is open but every weekend from Saturday, May 14 thru July 4th weekend is filled with traditional and new offerings such as a Full Moon Cruise, New Members Cruise, 60's Cruise, Baby Owl Cove Cruise, Woman's Cruise and Crazy Hat Cruise. We currently have nothing scheduled for July 4th weekend but are open to offers by hosts. From July 9th thru October 9th, we have another series of continuous weekend cruises starting with a Karaoke Cruise, Trivia Cruise, HNSA BBQ & Cruiser Race, Crab Feast Cruise, Saturday Night Fever Cruise, Labor Day Cruise, Pirate Cruise, Tom Cruise, Hawaiian Cruise, and Octoberfest Cruise. At this time, it appears that we have two open weekends after October 9th and wrap up our cruising season with the ever popular Halloween Cruise on October 28th - October 30th.

In summary, we have 23 cruises planned, with 17 cruises having confirmed dates and 6 cruises having tentative dates. The

response this year from members offering to host cruises has been phenomenal and I appreciate everyone's efforts in making this years opportunities for good fun on the water with good friends so vast and varied. We'll get more specific next month about each months activities and we will post the schedule on the HNSA Website so you can better plan your Spring, Summer and Fall activities.

We hope the weather cooperates and we hope to see you all participating throughout the season.

TRAINING PROGRAM

John Locke

As announced at the Spring meeting, the HNSA board has established a Training Committee. The purpose of the committee is to provide members with enhanced educational opportunities aimed toward improving sailing skills including racing, cruising, sailboat maintenance and safety on the water. The committee will establish a schedule of training and educational opportunities for members to participate in. These opportunities will range from instructor-taught classes and seminars to self taught online or home study courses. The committee will also develop a list of training and educational opportunities available through other organizations and will post the information on the HNSA web site in a Training page and in the Documents and Forums sections.

HARBOUR LIGHT

We will need volunteers to help with the committee and to teach classes. At the Spring Meeting a few stepped forward to volunteer but more will be needed. The first committee meeting will be held in early April. If you would like to participate either as a committee member or an instructor, let me know. I would also like to solicit ideas from the membership as to what classes or seminars would be of interest. A few have already been suggested such as: navigation, basic cruising, first aid, cruise planning, winch maintenance, and weather. If these or other topics would be of interest, or if you would like to volunteer, let me know. My email is locke806@atlanticbb.net.

WOMEN UNDERWAY IN HERRING BAY

Andrea Heintzelman

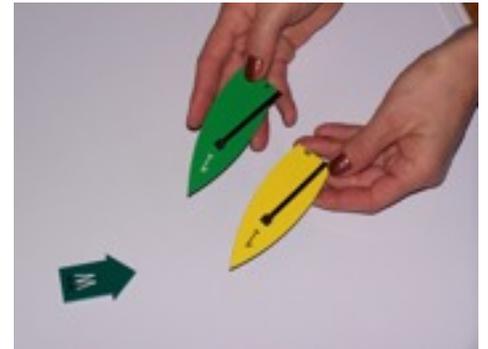
The second meeting of the newly established, all women's sailing group "Women Underway in Herring Bay" met at 7:00PM Wednesday, March 16, 2011, at Kristin Griner's house. Preceding the rules discussion, a potluck dinner with wine and a variety of delectable dishes contributed by 12 enthusiastic attendees was enjoyed as the group discussed the upcoming sailing season and their commitment to becoming more empowered and involved on the water.

The highlight of this enjoyable meeting was when Emily Manders led the Racing Rules of Sailing discussion. While the rules primarily focus on racing, the discussion emphasized the applicability of the right-of-way rules and cruising. Emily provided everyone an abbreviated handout of the 2009 – 2012 Racing Rules of Sailing; specifically Part 2, Rules 10 through 20, and the Definitions. A general discussion ensued on Section A – Right of Way. A lively, engaging, and interactive fun-filled exercise on appropriate maneuvers was experienced by all using model sailboats. The activity generated lots of animated excitement, followed by numerous questions and answers.

In order to communicate effectively with participants, Sarah Harvey discussed the link on the HHSA website specifically for Women's Sailing. The link or forum would have the ability to post a calendar of Women Underway sailing activities such as seminars, member meetings, training, cruising, and racing opportunities. If you would like to participate in the forum, please contact Joe Laun, Rear Commodore of Communications, to work out the details.

The next Women Underway meeting is scheduled for Wednesday, April 13, 2011, location to be determined. This discussion will focus on Sail Trim 101 for jib/genoa, main, and both symmetrical and asymmetrical spinnakers. This

discussion will be fun, informal, and a place where *all* questions are welcome.



Herrington Harbour
Sailing Association

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Mailing Label