

"THE HARBOUR LIGHT"

The Newsletter of
Herrington Harbour Sailing Association
Rose Haven on the Bay
Friendship, MD 20758



COMDR. Bob Enstam
VCOMDR. Al Walker
RCOMDR. Earl Hall
SEC. Jayne Spence
TREAS. Kathy Hall
CRU. COM. CHPN. Jocelyn Marquez
RAC. COM. CHPN. Al Doyon
SOC. COM. CHPN. Joe Batts
MEMB. COM. CHPN. Colleen Kirn
NEWS. COM. CHPN. Mary Ellen Neff

May 1, 1984

CALENDAR AT A GLANCE

Friday, May 4- New members party- 8:00pm- ice breaker HH upstairs
Sat/Sun. May 5-6- New members cruise to Harness Creek/South River-
9:30am. cc: George and Chris Cooper
Sunday, May 13- Mothers Day Race- Spring #3- 1:00pm.
Wednesday, May 16- Evening series- Race #1. Skippers meeting- 5:30.
Friday, May 18- Executive meeting- *1st one in the evening- 8:00pm.
Sunday, May 20- Race- Spring #4.
Wednesday, May 23- Evening #2.
Sat/Mon. May 26-28- "Willeless Honeymoon Cruise"- Wye River. 9:00am
Sat. CC: Joe and Lana Batts
Return to port race #1.
Wednesday, May 30- Race- Evening #3.
Sunday, June 3- Race- Spring #5.
Wednesday, June 6- Race- Evening #4.
Friday, June 8- Executive meeting- 8:00pm.
Sat/Sun. June 9-10- Cruise to Whithall Bay. 9:30- cc. Hans and Pat
Ulander.
Return to port race #2.

OVERHEARD IN THE COCKPIT

By Bob Enstam

As always in April, HHSAs members are chomping at the bit to get back out on the water. So far Mother Nature has not been giving us her full cooperation, but a lousy spring often leads to a delightful summer.

With sadness we bid farewell and smooth sailing to the Mc Waters family. Jack is retiring from the Army in June and the family is moving back home to Pennsylvania, where Jack will head the cardiology department of a major medical clinic. "Sharalee", their like-new 28 foot S-2 is for sale. We sure hope you guys do some chartering once in a while and come back to cruise with us.

Our first three seminars were very well received and will definitely become a standard part of HHSAs program. In that regard, plans are underway to hold some mini seminars on Friday evenings (cruising weekends) on such topics as radio procedures and rules of the road, etc.

A tip of the hat to our energetic social chairman, Joe Batts, who in his spare time (JOKE!) has built two bulletin boards for the marina and HHSAs. They will be located outside the heads on both the east and west sides of the marina. It will behoove all of us to check the boards periodically, as we intend to use them as a prime means of communication. Joe put the same loving care into the boards as he does into his gorgeous boat, "Belfry". They are beautiful.

An update on our fiscal situation- HHSAs is now publishing a cookbook and we hope to have it available for sale by the end of this month. Jocelyn Marquez is editing the cookbook and reports that she has been overwhelmed with recipes! Al Walker is also working on a "Poseidon's Locker" raffle, including about \$200 worth of top shelf booze to the winner. The prize will be on display in the bar for about two months before being raffled off- probably at the Crab Feast. If you want to sell any tickets please let Al know.

SPECIAL THANKS to Charlie Wehland, who took the time to write your truly a four page letter with comments and suggestions regarding our fiscal situation. Charlie, your interest and comments are most appreciated.

By the time you read this, HHSAs sailing season will be in full swing. If you haven't been getting the use out of your boat that you would like, make plans to join in the fun and come sailing with us. You'll be glad you did!

WELCOME ABOARD

Greetings from the club to some more new members: joining HHSAs recently were Jerald and Melane Cohen. They sail a Sabre 38 named "Wild Goose" and can be found in slip K 31. Another new member is Michael Ferguson. Hello also to Stuart Mathison. He sails "Odessey", a Bristol 29 sloop that will be in slip P- 15. Finally there is James McGill sailing a Pearson 26, "Mary Lou". Hope to meet you, one and all, at a sailing event very soon.

SPLINTERS FROM THE BOARD

by Mary Ellen Neff

Mother Nature wasn't in the best mood on April 14th, and not very many things went "right" all day; not until the banquet, and that was a huge success. Ernie will be pleased to hear of the compliments on the great food he provided. Everyone had a great time.

Earlier in the day the plans for the daysail fell through, due to the yukkey nature of the day. The executive board was also cancelled due to the inability of enough members to get there. Those who did come "met" in the bar, sneaked a peak at the cook-book coming out later this month, and generally decided that we really hoped the weather would turn better pretty soon. Someone mentioned his plans to mow the lawn, but was quickly reminded that sailors can only mow Monday through Thursdays.

CRUISING IN MAY

TOASTING

Lets have a good turnout of "veterans" to welcome HNSA newcomers to the fold, starting Friday night, May 4th at 8:00pm with an informal get-together upstairs in the restaurant. Just 3.50 a person will cover the appetizers to go along with a cash bar. It is nothing fancy...just a time to catch up with old friends, make some new ones, and socialize.

MORE TOASTING

Then on Saturday, the 5th, meet in front of the rest rooms at 10:00 for the skippers meeting on the cruise to Harness creek. The focus is on the New Members, and Cruise Captains, George and Chris Cooper want a good showing of veterans.

Don't forget the appetizers or to bring your dinghy. Plan on racing it yourself' or lending it to someone else to race. Last minute suggestions? Questions? call the Coopers weeknights at 301-261-9117.

ROASTING

It may be Memorial Day weekend to everyone else, but for us it will be something special. A cruise May 26th to the 28th to the Wye River with Tom willless and his lovely bride, Charlene, as the guests of honor.

Cruise captains, Joe and Lana Batts want an early start so the skippers meeting is scheduled for 9:00am Saturday. Each family should bring posters, trimmings, or such stuff to appropriately decorate the newlyweds boat. (by the way-don't bring crep paper, it's not colorfast!) Also don't forget hors d'oeuvres to share.

Joe and Lana plan a couple different anchorages in the Wye and there will be plenty of time to explore all the nooks and crannies of the beautiful river.

And for those not worn out by all the partying, the three day event will wind up Monday with a new wrinkle...the first in a series of informal races "back to port!" You have to get there anyway. Details will be given at the skippers meeting. FLASH The Willisses are bringing the champagne.

WEDNESDAY NIGHT RACES TO BEGIN
by Rusty Morrison

In an effort to minimize the time between getting away from your office and starting the Wednesday night races, the race committee has selected several pre-determined courses. Before the start of any Wednesday night race, the race committee will have determined the course, depending on the direction and the strength of the wind, and the committee boat will be responsible for communicating the NUMBER of the pre-selected course to the participants. The insert this article refers to should be placed on the boat for instant access. In fact, even if you only intend to race occasionally, it will be handy to have aboard. On the other side is a list prepared by a Dr. Stanley Watkins listing the ingredients of a well-stocked medical chest. Compare it to what you have aboard.

* RACING CALENDAR UPDATE *

Get out your master planning calendar and note an important addition: the Great 'Round Poplar Island Race has been scheduled for Sunday, September 9th. For you newer members, the interesting difference in this race is that racers have the option of choosing which way they want to go around the island. It's a chance to put your tactical skills on the line.

LOOKING AHEAD TO JUNE

"What is so rare as a day in June?" There certainly could be no better way to enjoy this gorgeous month than to join in a cruise to Mill Creek in Whitehall Bay on the weekend of June 9th and 10th.

Plans are being worked on now by Cruise Captains Hans and Pat Ulander to make it a memorable event, replete with some fun and excitement. The return will feature the season's second "Back to Port" race. Look for specific details in the next newsletter.

SOUTHERN BAY CRUISE REMINDER

Plans for the two-week Southern Bay Cruise are coming along smoothly. We leave Herrington Harbour on June 23rd and return July 8th. If you haven't sent in your form, and are interested- or want more information, call George Sabo at 703-573-7985 or Marty Enstam at 703-620-5467. We will be getting in touch with everyone we have heard from, to firm up the final plans.

If you can only cruise for one week (June 30-July 8) call David and Carolyn Brackett at 301-593-3437. They're the Cruise Captains for the cruise that will rendezvous with the Southern Bay Cruise.

It looks like a great turn out for both cruises, so make your vacation plans and get in touch with us soon.

FIRST SPRING RACE RECALLED

by Chris Doyon

The first race of the spring series took place on a cool and breezy day. The results were as follows:

non spinnaker div.- 1st- Jack Marquez (Freebird)
 2nd- Al Doyon (Circus)
 3rd- Charlie Miller (Crisis)
 spinnaker division- no finishers

Circus was the first boat across the line and lead the fleet until after the first mark. Then she and Crisis were locked in a developing fog, and unable to find the next mark. Freebird did find "9B" though, rounding it and finishing almost an hour ahead of the rest of the fleet.

Rusty Morrison, on the only spinnaker boat to show, started the race sailing single-handedly, but dropped out because of the fog.

THE GREAT NORTHERN CRUISE

by Jack Marquez

FLASH: Plans for the Northern Bay Cruise in August are finally ready. We're going to Baltimore, among other locations north of the Bay bridge, and we've been informed that slips in the Inner Harbor cost \$10.00 per boat. They want us to make reservations as soon as possible. Also we've been able to secure some tickets to the Orioles game against Seattle. Call me at 703-569-1616, or call Ardell Hoveskeland at 703-354-6284, if you're interested. The cruise runs from August 18 to August 26.

Date	Depart	Arrive	
Sat. the 18th	Herrington Harbour	Queenstown	Long, beautiful sail under Bay Bridge to Chester River.
Sun. the 19th	Queenstown	Corsica Riv.	Day trip to Chester-town, or swim & picnic at Cacaway Is.
Mon. the 20th	Corsica Riv.	Rock Hall	BBQ or fish fry at Sailing Emporium.
Tue. the 21st	Rock Hall	Fairlee Creek	Beautiful anchorage
Wed. the 22nd	Fairlee C.	Baltimore	Sail up the Pataasco to Inner Harbor.
Thu. the 23rd	LAYDAY		
Fri. the 24th	Baltimore	Gibson Is.	Shore activity
Sat. the 25th	Gibson Is.	South River	Meet HHSA Welcoming Cruise.
Sun. the 26th	South River	Herrington H.	

OUR BAY
by Jeff Knapp

In 1975, when the EPA Bay study began, most observers were convinced that the decline of the bay grasses were due to herbicide run-off from farm land. However, the early studies showed that poisons are not the problem. The problem is too much food. Nutrients, primarily nitrogen and phosphorus, enter the Bay from a variety of sources, and when the concentration gets too high the trouble starts.

In warm weather the nutrient-enriched waters produce excessive blooms of algae and phytoplankton. These organisms out-compete the rooted grasses, expanding rapidly to cloud the water and block sunlight essential to the grasses. When the algae bloom dies off and decays, it uses up the oxygen dissolved in the water.

The EPA study identified and recommended several nutrient control strategies, including using detergents with low phosphate detergents to avoid overloading treatment plants. We recognize that as more people become aware of the problem, that this problem can be solved.

Dear Gilley,

It's been cold for a long time now, but it's end is near (So I'm told) What do you suggest to warm the crew after those first cruises of the season?

Anxious Annie

Dear AA,

We all understand the urge to cast off the lines. Have a great time, and on your return, try this stew. By the way, people have finally convinced me to record all of my recipies for posterity. It will be ready soon and should be able to get you through the sailing season in a very satisfying way.

Humbly yours,

Gilley

MARYLAND OYSTER STEW

4Tbl butter	3 cups milk
1/2 cup cooked minced celery	Dash salt & pepper
1 pt. oysters with liquor	Peprika (optional)
1 cup half & half	

Melt butter in the top part of double boiler over boiling water and lightly saute celery. Add oysters, half & half, milk and salt. Cook slowly until the edges of the oysters begin to curl and the mixture is hot. (The oysters will float.) Sprinkle with seasonings and serve immediately.

WEDNESDAY NIGHT RACING COURSE GUIDE

You should have these numbered courses on your boat for every race. You would also be wise to calculate the compass bearing for all legs of every course. This will eliminate much of the onboard navigating that oftentime contributes to confusion and delay on the race course. Course distances are provided for handicap calculations.

The courses can be doubled by going twice around. If the race committee so desires, the committee boat will display a "2" before the course number.

COURSE	WIND DIRECTION	COURSE	DISTANCE	COMMENTS
1	SW- more south than west	2-9B-C69-2	7.7 nat. mi.	round marks to stabd.
2	"	2-8B-C69-2	6.2	"
3	SW- more west than south	2-9B-1-2	6.2	"
4	"	2-8B-1-2	4.7	"
5	NW- more north than west	2-C69-9B-2	7.7	round marks port
6	"	2-C69-8B-2	6.2	"
7	NW- more west	2-C69-1-2	4.9	"

Even though the courses for the weekend races are determined individually, and may start at Herring Bay #1 instead of #2 (in which case the courses belowdo not apply). The race committee suggests the following typical courses for a weekend race.

8	NW	2-71-10B-2	13.3	round marks to port
9	SW	2-10B-C69-2	12.3	round marks to starbd.

key: 1= F1 2.5sec. 15 ft. 7M "1" PA
 69= C "69"
 71= F1G. 4sec Bell

2= F1 4sec "2"PA
 9B=BW N "9B"
 8B= BW N"8B"

General Medical Chest

Presented by Dr. Stanley Watkins

Aspirin	bottle 100	
Sunscreen lotion	2 bottles	
"Chap Stick" sunscreen	2	
Vaseline	1 medium jar	
zinc oxide	1 tube	
Ipecac	1 oz.	Give 3 teaspoons to induce vomiting
Milk of Magnesia	6 oz.	
Meat tenderizer	1 bottle	
Band-Aids, assorted	2 large boxes	
Betadine - scrub	1 bottle	
Betadine - ointment	2 tubes	
Steri-Strips (butterfly)	1 package	
Sterile gauze squares	10 2/2 in	
	10 3/3 in	
	10 4/4 in	
	5 yard roll	
Adhesive tape 3 in. wide	3	
Ace bandage	1	
Tweezers	5	
Roller bandages	4 oz.	
Boric acid solution		Use to wash foreign bodies from eyes
Eye cup-for eyewash	1	
Scissors	1 pair	
Safety pins	10	
Q-tips	1 box	
Phisohex	1 bottle	
Telfa surgical bandages	2 boxes	
Tincture of benzoin spray	1 can	