

# NAPERVILLE WAVES SWIM CLUB

## Free Guest Practices

Interested in swimming with Waves this summer? Try out one of the following swim practices at EEHF Naperville

Wednesday, May 9	5:30am – advanced 6:30am– intermediate
Thursday, May 10	10am – beginners 5pm – sprint all levels 7pm - 8:15pm – all levels
Friday, May 11	10am – advanced 11am – intermediate
Saturday, April 12	7:30am – advanced
Sunday, May 13	8am – beginner practice
Monday, May 14	5:30am & 10am - advanced 6:30am & 11am - intermediate
Tuesday, May 15	10am – distance, adv and inter 5pm & 7pm – distance, all levels

*Try out a practice or two with the Naperville Waves Swim Club. **Please bring your photo ID with you** to the Edward Elmhurst Health & Fitness located behind Edward Hospital at 775 Brom Dr.*

*Check the Waves web site for the practice schedule and more information on the program. [www.napervillewaves.org](http://www.napervillewaves.org)*