



## **BCR Plan for Resumed Outdoor Rowing Operations No Indoor Activity Permitted**

### Phase 1 – 1x Only Rowing

#### Permitted Rowing

- Members with private 1x
- Bow certified members in club-owned 1x

#### Special Considerations:

- Members must register before deadline for time slots to launch for the entire upcoming week to ensure no more than one member in the boathouse at a time; registering for launch times will not allowed after the deadline
- Masks should be worn at all times in boathouse and on the dock
- All members must thoroughly clean boats and oars with diluted bleach solution after each row
- Social distancing practices shall be adhered to at all times
- Members should wash hands as often as possible
- All rowers must complete online BCRP health questionnaire before each practice or rowing session

### Phase 2 – 1x Only Rowing w/ Organized Practice

#### Permitted Rowing:

- Members with private 1x
- Bow certified members in club-owned 1x
- Non-bow certified members in club-owned 1x at three weekly practices with maximum of 9 participants and 1 coach per practice – Tuesday/Thursday 6:30 – 8:30pm & Saturday 8:00 – 10:00am
- Possible Juniors practice times depending on program offering

#### Special Considerations:

- Members must register for time slot to launch to ensure no more than one member in the boathouse at a time
- Masks should be worn at all times in boathouse and on the dock
- All members must thoroughly clean boats and oars with diluted bleach solution after each row
- Social distancing practices shall be adhered to at all times
- Members should wash hands as often as possible
- All rowers must complete online BCRP health questionnaire before each practice or rowing session

### Phase 3 – Modified Juniors, Competitive, and Open Program Rowing in Team Boats Begins

#### Permitted Rowing:

- Juniors, Competitive, and Open rowers in team boats in two groups with a maximum of 9 participants and 1 coach per group in staggered practice start times
  - Juniors – Group 1: 4:00pm – 5:30pm; Group 2: 4:30pm – 6:00pm (Fall)

Group 1: 6:30am – 8:30am; Group 2: 7:00am – 9:00am (Summer)

- Competitive - Group 1: 5:15am – 6:45am; Group 2: 5:45am – 7:15am
- Open – Group 1: 6:30pm – 8:00pm; Group 2: 7:00pm – 8:30pm
- Practices times dependent upon season and coaches' preferences
- Members with Private 1x
- Bow certified members in club-owned 1x

Special Considerations:

- 1x rowers cannot launch & dock at the same time as Juniors, Competitive, and Open programs
- All members must thoroughly clean boats and oars with diluted bleach solution after each row
- Members should wash hands as often as possible

Phase 4 – Normal Rowing Operations Resume

Permitted Rowing:

- All programs resume normal rowing schedules
- Private boat owners and bow certified members can row at any time

Special Considerations:

- All members must thoroughly clean boats and oars with diluted bleach solution after each row
- Members should wash hands as often as possible