

HOW TO GET INVOLVED

BECOME A MEMBER:

Sign up online at our website: villageoftakomapark.com

Click "Join" and "Member SignUp."

Don't have access to a computer? Request a membership form by calling 301-646-2109.

Membership dues are \$10 per year per member.

VOLUNTEER:

Volunteers are essential to the success of the Village.

There are two types of volunteering, both important:

- direct service to members
- volunteering to help the organization

In most cases you may serve on a regular or periodic basis, giving as much or as little time as fits your schedule. Anyone age 18 or older is welcome. Our insurance coverage requires that all volunteers join as members. The membership form will ask you to select your volunteering preferences. Let us know if the \$10 annual dues are a hardship.

Visit villageoftakomapark.com, click "Join" and "Member SignUp" or email Sandra Egan at sandyeganretired@gmail.com to volunteer.

SUPPORT:

The Village of Takoma Park is a non-profit, tax-exempt 501(c)(3) organization.

We rely on grants and donations to supplement income from dues.

All contributions are tax-deductible.

Donate online by credit card at villageoftakomapark.com or send a check payable to Village of Takoma Park, PO Box 11420, Takoma Park, MD 20912.

We greatly appreciate your support.

OUR PARTNERS:

The Village collaborates and partners with the City of Takoma Park and its Providers Council (a network of non-profits); County programs such as Rebuilding Together and the Office of Aging and Disability Services; Jewish Council for the Aging; EveryMind; Design for Life Coalition (Habitat for Humanity, Sligo Church, and Montgomery College Faculty); local faith communities; neighboring aging-in-place villages; and local hospital "Ambassador" programs.



THE VILLAGE OF TAKOMA PARK

Helping Neighbors Age in Community

Founded in 2014, the Village of Takoma Park provides intergenerational support to seniors and persons with disabilities who wish to live actively in the Takoma Park community.



villageoftakomapark.com | 301-646-2109 | villageoftp@gmail.com

facebook.com/villageoftakomapark

PO Box 11420, Takoma Park, MD 20912

SERVICES

The following services are offered to Village members only. Please see back page for membership info. To learn more, volunteer, or request a service, call 301-646-2109 or email sandyeganretired@gmail.com.



TRANSPORTATION THROUGH VILLAGERIDES

VillageRides pairs volunteer drivers with neighbors who need help getting to appointments, shopping, or social events. Drivers accept rides based on their own availability. One week notice for ride requests required.



FRIENDLY VISITS

Neighbors who are homebound and isolated may request a weekly visit from a Village volunteer. The program itself is coordinated by EveryMind, a non-profit dedicated to strengthening communities and promoting mental wellness. To register for the service, call EveryMind at 301-424-0656 and connect to ext. 507 to speak to the Director of the Friendly Visitor program. Once registered, EveryMind will match you with a Village volunteer.

ERRAND SERVICE



Members who need something outside the home for which no delivery option exists, and who can't easily get to the needed destination, may contact us to request help from a volunteer.



SENIOR STROLL

Want to get out and exercise, but not comfortable walking alone? We will pair you with a volunteer walking partner.

SMALL HOME REPAIRS/ TASKS



Contact us for help with small repairs and non-health related tasks by volunteers in the home. The service can include help as diverse as changing light bulbs, moving furniture, or installing a doorbell.

Volunteers will contact you to arrange an evaluation of the job and to determine if it can be done by the small home repair team. The member bears the cost for any materials needed.

The Village offers the following services to all (membership not required):



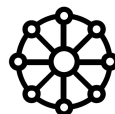
LEARNING AND ENRICHMENT

Attend one of our monthly "Aging Well" events. Events range from guest speakers on topics of interest to film screenings to storytelling by community members. For upcoming events, visit villageoftakomapark.com/calendar.



SUPPORT GROUPS

The Village has fostered the development of two support groups and helps promote them. One is for residents with neuromuscular disorders (e.g., Parkinson's Disease, Multiple Sclerosis) and their caretakers; and another for parents of special needs adults (POSNA). For more information contact the Village at villageoftp@gmail.com or 301-646-2109.



CONNECTION TO RESOURCES

Though independent of the City of Takoma Park, the Village helps to facilitate access to information about services, benefits, and events offered by the City, other government agencies, local businesses, and non-profit groups. We do so through a quarterly newsletter (available in print to members upon request and to anyone via email), Facebook, occasional emails to members, and our website. Visit villageoftakomapark.com and click on "Links and Resources" to learn about services and benefits beyond the ones offered by the Village – tips on discounted classes, transportation options, snow shoveling service, protection against scams, access to food, grocery and pharmacy delivery options, and much more.

NEIGHBORHOOD RESOURCES

Many individual neighborhoods and apartment buildings within Takoma Park have their own informal groups providing mutual support and community-building activities. The Village of Takoma Park builds on their successes and invites their residents to join the larger Village.

Here are some of the groups, with contact information:

Essex House: Cherwanda Oliver nananunu56@yahoo.com

Hampshire Tower Apartments: Michelle Robinson michelle.robinson@nih.gov

Long Branch-Sligo: Catherine Cummings catherine.cummings@gmail.com

Philadelphia Eastern Neighborhood (PEN): Wolfgang Mergner wolfgang.mergner@gmail.com

Sherman Avenue Elders: Linda Kolko 127lkolko@gmail.com

South of Sligo Citizens Association (SOSCA): Martha Feldman mb.feldman@verizon.net

Victory Tower Senior Association: Jackie Davison jcJndav@verizon.net