

## HOW TO GET INVOLVED

### BECOME A MEMBER:

Sign up online at our website, [villageoftakomapark.com](http://villageoftakomapark.com).

Click "Join" and "Member SignUp."

Don't have access to a computer? Request a membership form by calling 301-646-2109. Membership dues are \$25 per year per member. Let us know if the dues are a hardship.

### VOLUNTEER:

Volunteers are essential to the success of the Village.

There are two types of volunteering, both important:

- direct service to members
- volunteering to help the organization

In most cases you may serve on a regular or periodic basis, giving as much or as little time as fits your schedule. Anyone age 18 or older is welcome. Our insurance coverage requires that all volunteers join as members. The membership form will ask you to select your volunteering preferences.

Visit [villageoftakomapark.com](http://villageoftakomapark.com), click "Join" and "Member SignUp" or email Sandra Egan at [sandyeganretired@gmail.com](mailto:sandyeganretired@gmail.com) to volunteer.

### SUPPORT:

The Village of Takoma Park is a non-profit, tax-exempt 501(c)(3) organization.

We rely on grants and donations to supplement income from dues.

All contributions are tax-deductible.

Donate online by credit card at [villageoftakomapark.com](http://villageoftakomapark.com) or send a check payable to Village of Takoma Park, PO Box 11420, Takoma Park, MD 20912.

We greatly appreciate your support.

### OUR PARTNERS:

The Village collaborates and partners with the City of Takoma Park's Recreation Department and the City's Providers Council (a network of non-profits); County programs such as Rebuilding Together and the Office of Aging and Disability Services; Jewish Council for the Aging, EveryMind; Lifelong Homes Coalition (Habitat for Humanity, Rebuilding Together and Montgomery College Faculty); local faith communities; neighboring aging-in-place villages; and local hospital programs.

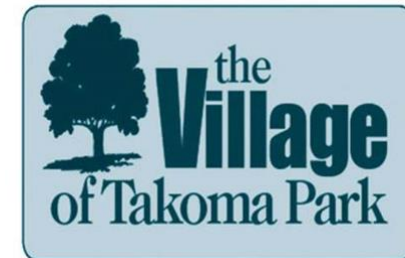
Printed courtesy of the Jewish Council for the Aging.



## THE VILLAGE OF TAKOMA PARK

*Helping Neighbors Age in Community*

*Founded in 2014, the Village of Takoma Park provides intergenerational support to seniors and persons with disabilities who wish to live actively in the Takoma Park community.*



[villageoftakomapark.com](http://villageoftakomapark.com) | 301-646-2109 | [villageoftp@gmail.com](mailto:villageoftp@gmail.com)

[facebook.com/villageoftakomapark](https://facebook.com/villageoftakomapark)

PO Box 11420, Takoma Park, MD 20912

## SERVICES

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The following services are offered to Village members. Please see back page for membership info. To learn more, volunteer, or request a service, call 301-646-2109 or email [sandyeganretired@gmail.com](mailto:sandyeganretired@gmail.com).



### TRANSPORTATION THROUGH VILLAGERIDES

VillageRides pairs volunteer drivers with neighbors who need help getting to appointments, shopping, religious services, or social events. Drivers accept rides based on their availability. One week notice for ride requests is required.

### FRIENDLY VISITS AND CALLS



Members who can't get out of the house as easily as they once could may request check-in phone calls several times a week, or a weekly visit from a Village volunteer. To request phone calls, contact the Village at 301-646-2109 or [sandyeganretired@gmail.com](mailto:sandyeganretired@gmail.com). The visitor program is coordinated by EveryMind, a non-profit dedicated to strengthening communities and promoting mental wellness. To register for the service, call EveryMind at 301-424-0656 and connect to ext. 507 to speak to the Director of the Friendly Visitor program. EveryMind will match you with a Village of Takoma Park volunteer.

### ERRAND SERVICE



Members who need something outside the home for which no delivery option exists, and who can't easily get to the needed destination, may contact us to request help from a volunteer.

### SENIOR STROLL



Want to get out and exercise, but not comfortable walking alone? We will pair you with a volunteer walking partner.

### SMALL HOME REPAIRS/ TASKS



Contact us for help with small repairs and non-health related tasks in the home. The service can include help as diverse as changing light bulbs, moving furniture, or installing a doorbell. Volunteers will contact you to arrange an evaluation of the job and to determine if it can be done by the small home repair team. The member bears the cost for any materials needed.

The Village offers the following services to both members and non-members.



### LEARNING AND ENRICHMENT

Attend one of our monthly "Aging Well" events. Events range from guest speakers on topics of interest to film screenings to storytelling by community members. For upcoming events, visit [villageoftakomapark.com/calendar](http://villageoftakomapark.com/calendar).



### SUPPORT GROUPS

The Village has fostered the development of two support groups and helps promote them. One is for residents with neuromuscular disorders (e.g., Parkinson's Disease, Multiple Sclerosis) and their caretakers. For more information contact the Village at [villageoftp@gmail.com](mailto:villageoftp@gmail.com) or 301-646-2109. The other is for parents of special needs adults (POSNA). Contact Mary Muchui at 240-582-6199 or [muchui@aol.com](mailto:muchui@aol.com) for more information.



### CONNECTION TO RESOURCES

Though independent of the City of Takoma Park, the Village helps to facilitate access to information about services, benefits, and events offered by the City, other government agencies, local businesses, and non-profit groups. We do so through a newsletter (available in print to members upon request and to anyone via email or our website's home page), Facebook, occasional emails to members, and our website. Visit [villageoftakomapark.com](http://villageoftakomapark.com) and click on "Links and Resources" to learn about services and benefits beyond the ones offered by the Village – tips on discounted classes, transportation options, snow shoveling service, protection against scams, access to food, grocery and pharmacy delivery options, and much more.

## NEIGHBORHOOD RESOURCES

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Many individual neighborhoods and apartment buildings within Takoma Park have their own informal groups providing mutual support and community-building activities. The Village of Takoma Park builds on their successes and invites their residents to join the larger Village.

Here are some of the groups and their contact information as of 2018 (for updates, see [villageoftakomapark.com](http://villageoftakomapark.com)):

**Essex House:** Cherwanda Oliver [nananunu56@yahoo.com](mailto:nananunu56@yahoo.com)

**Hampshire Tower Apartments:** Michelle Robinson [michelle.robinson@nih.gov](mailto:michelle.robinson@nih.gov)

**Long Branch-Sligo:** Emily Koechlin [e.koechlin@starpower.net](mailto:e.koechlin@starpower.net)

**Philadelphia Eastern Neighborhood (PEN):** Wolfgang Mergner [wolfgang.mergner@gmail.com](mailto:wolfgang.mergner@gmail.com)

**Sherman Avenue Elders:** Linda Kolko [127lkolko@gmail.com](mailto:127lkolko@gmail.com)

**South of Sligo Citizens Association (SOSCA):** Martha Feldman [mb.feldman@verizon.net](mailto:mb.feldman@verizon.net)

**Victory Tower Senior Association:** Jackie Davison [jcqlndav@verizon.net](mailto:jcqlndav@verizon.net)