#### **HOW TO GET INVOLVED**

#### **BECOME A MEMBER:**

 $Sign\ up\ online\ at\ our\ website,\ village of takomapark.com.$ 

Click "Join" and "Member Signup."

Don't have access to a computer? Request a membership form by calling 301-646-2109. Membership dues are \$25 per year per member. Let us know if the dues are a hardship.

#### **VOLUNTEER:**

Volunteers are essential to the success of the Village. There are two types of volunteering, both important:

- direct service to members
- volunteering to help the organization

In most cases you may serve on a regular or periodic basis, giving as much or as little time as fits your schedule. Anyone age 18 or older is welcome. Our insurance coverage requires that all volunteers join as members. The membership form will ask you to select your volunteering preferences.

Visit villageoftakomapark.com, click "Join" and "Member Signup" or email Sandra Egan at sandyeganretired@gmail.com to volunteer.

#### **SUPPORT:**

The Village of Takoma Park is a non-profit, tax-exempt 501(c)(3) organization. We rely on grants and donations to supplement income from dues. All contributions are tax-deductible.

Donate online by credit card at villageoftakomapark.com or send a check payable to Village of Takoma Park, PO Box 11420, Takoma Park, MD 20912.

We greatly appreciate your support.

#### **OUR PARTNERS:**

The Village collaborates and partners with the City of Takoma Park's Recreation Department and the City's Providers Council (a network of non-profits); County programs such as Rebuilding Together and the Office of Aging and Disability Services; Jewish Council for the Aging; EveryMind; Lifelong Homes Coalition (Habitat for Humanity, Rebuilding Together and Montgomery College Faculty); local faith communities; neighboring aging-in-place villages; and local hospital programs.

Printed courtesy of Jewish Council for the Aging





## THE VILLAGE OF TAKOMA PARK

Helping Neighbors Age in Community

Founded in 2014, the Village of Takoma Park provides intergenerational support to seniors and persons with disabilities who wish to live actively in the Takoma Park community.



villageoftakomapark.com | 301-646-2109 | villageoftp@gmail.com facebook.com/villageoftakomapark PO Box 11420, Takoma Park, MD 20912

#### **SERVICES**

The following services are offered to Village members. Please see back page for membership info. To learn more, volunteer, or request a service, call 301-646-2109 or email sandyeganretired@gmail.com.

#### TRANSPORTATION THROUGH VILLAGERIDES



VillageRides pairs volunteer drivers with neighbors who need help getting to appointments, shopping, religious services, or social events. Drivers provide rides based on their own availability.

One week notice for ride requests is required.

#### FRIENDLY VISITS AND CALLS



Members who can't get out of the house as easily as they once could may request check-in phone calls several times a week, or a weekly visit from a Village volunteer. To request phone calls, contact the Village at

301-646-2109 or sandyeganretired@gmail.com. The visitor program is coordinated by EveryMind, a non-profit dedicated to strengthening communities and promoting mental wellness. To register for the service, call EveryMind at 301-424-0656 and connect to ext. 507 to speak to the Director of the Friendly Visitor program. EveryMind will match you with a Village of Takoma Park volunteer.

#### **ERRAND SERVICE**



Members who need something outside the home for which no delivery option exists, and who can't easily get to the needed destination, may contact us to request help from a volunteer. Note that for insurance reasons, errands are done by volunteers alone, not in a car with the member requesting the errand.

#### SENIOR STROLL



Want to get out and exercise, but not comfortable walking alone? We will pair you with a volunteer walking partner.

#### SMALL HOME REPAIRS/ TASKS



Contact us for help with small repairs and non-health related tasks in the home. The service can include help as diverse as changing light bulbs, moving furniture, or installing a doorbell. Volunteers will contact you to arrange an evaluation of the job to determine if it can be done by the small home repair

team. The member bears the cost for any materials needed.

#### HELP WITH APPLICATIONS FOR LARGER HOME IMPROVEMENTS



We can help income-qualified members apply for home improvements, accessibility modifications, and repairs through Rebuilding Montgomery or Habitat for Humanity, both parts of the Lifelong Homes Coalition.

The Village offers the following services to both members and non-members.

### SUPPORT GROUPS



The Village includes two support groups. One is for residents with neuromuscular disorders (e.g., Parkinson's Disease, Multiple Sclerosis) and their caretakers. For more information contact the Village at villageoftp@gmail.com or 301-646-2109. The other is for parents of special needs adults (POSNA). Contact Mary Muchui at 240-582-6199 or

muchui@aol.com for more information.

#### **CONNECTION TO RESOURCES**



Though independent of the City of Takoma Park, the Village helps to facilitate access to information about services, benefits, and events offered by the City, Montgomery County, other government agencies, local businesses, and non-profit

groups. We do so through a newsletter (available in print to members upon request and to anyone via email or our website's home page), Facebook, occasional emails to members, and our website. Visit villageoftakomapark.com and click on "Links and Resources" to learn about services and benefits beyond the ones offered by the Village – tips on discounted classes, transportation options, snow shoveling service, protection against scams, access to food, grocery and pharmacy delivery options, and much more.

#### **PROGRAMS AND ACTIVITIES**



#### AGING WELL EVENTS

Monthly events range from guest speakers on topics of interest to film screenings to storytelling by community members. For upcoming events, visit villageoftakomapark.com/calendar. Open to all.

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#### **CULTURAL OUTINGS**

The Village offers trips to museums, concerts, and other cultural and arts venues. Most require registration. Some require membership and/or modest fees. See our website's calendar for more details.

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#### **WALKING GROUP**

A walking group meets twice a month. See our calendar for more information. Open to all.



#### **SOCIAL GATHERINGS**

Occasional social gatherings may include a potluck picnic, ice cream social, and a luncheon celebrating our volunteers.