

### 12.75 Mile Route (Out-and-Back)

- From Powell, take a LEFT down Geary (along Union Square) to Market St.
- LEFT on Market to Justin Hermann Plaza and the Embarcadero
- Head North (LEFT turn) along the Embarcadero past Pier 39 to Jefferson
- STRAIGHT on Jefferson along Aquatic Park straight past muni pier to Fort Mason Hill
- Continue UP Fort Mason Hill and over and down path to Marina Blvd
- RIGHT along Marina Blvd past marinas and yacht club to Mason St in the Presidio
- DIAGONAL RIGHT out to Bay Trail (sand/dirt trail)
- LEFT out Bay Trail as far as: Long Ave (6 miles) or Fort Point (6.375 miles)
- Return back along same route.

### Turnarounds

- 4 miles- at Bay St and Embarcadero
- 6 miles- at Nautical museum (at Aquatic Park)
- 8 miles- at Fillmore and Marina Blvd
- 10 miles- at Bay Trail bridge
- 12 miles- at Long Ave
- 12.75 miles- at Fort Point Fence

Running Routes  
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