

SEPTEMBER 2020

Mondays Sep 14, 21, 28	Core Fitness with Melinda 10am – 10:50am RSVP to Melinda at melindarosefitness@gmail.com for Zoom link information
Mondays Sep 14, 21, 28	Mind over Matter with Melinda 11am – 11:50am RSVP to Melinda at melindarosefitness@gmail.com for Zoom link information
Tuesdays Sep 15, 22, 29	Core Fitness with Melinda 10am – 10:50am RSVP to Melinda at melindarosefitness@gmail.com for Zoom link information
Tuesdays Sep 15, 22, 29	Restorative Yoga with Melinda 11am – 11:50am RSVP to Melinda at melindarosefitness@gmail.com for Zoom link information
Wednesdays Sep 16, 23, 30	Core Fitness with Melinda 10am – 10:50am RSVP to Melinda at melindarosefitness@gmail.com for Zoom link information
Wednesdays Sep 16, 23, 30	Mind over Matter with Melinda 11am – 11:50am RSVP to Melinda at melindarosefitness@gmail.com for Zoom link information
Thursdays Sep 17, 24	Core Fitness with Melinda 10am – 10:50am RSVP to Melinda at melindarosefitness@gmail.com for Zoom link information
Thursdays Sep 17, 24	Restorative Yoga with Melinda 11am – 11:50am RSVP to Melinda at melindarosefitness@gmail.com for Zoom link information
Wednesday, Sep 9	Cooking with Marlene Sorosky Gray 3pm – 4pm RSVP to Sophia at svhutson.fcv@gmail.com by Sep 8 for Zoom link info
Friday, Sep 11	Book Club 1:30pm – 3pm Contact Gail Mintz at gmmintz@yahoo.com
Tuesday, Sep 15	Creative Arts Workshop with Frances 1pm – 2pm Tissue Collage, 2pm-3pm Open Studio RSVP to Frances at franpancheta@yahoo.com two weeks prior class date for supply info & Zoom link. Supplies will be available for pick-up one-week prior class date outside the Foster City Community Center.
Thursday, Sep 24	Cooking with Marlene Sorosky Gray 3pm – 4pm RSVP to Sophia at svhutson.fcv@gmail.com by Sep 23 for Zoom link info
Tuesday, Sep 29	Music Workshop with Frances 1pm – 2pm Name that Tune, 2pm-3pm Drum/Percussion Circle RSVP to Frances at franpancheta@yahoo.com two weeks prior class date for supply info & Zoom link. Supplies will be available for pick-up one-week prior class date outside the Foster City Community Center.
	Lunch & Learn: Date and Time To Be Determined