



**Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.**

## **NEWSLETTER**

**MAY 2018**

### **COFFEE AND CONVERSATION ON WEDNESDAY, MAY 16, 9 a.m.-11 a.m.**

Members are invited to bring a friend to La Madeleine French Bakery and Café on Wednesday, May 16, 9 a.m. to 11 a.m., for coffee and conversation. Call Peggy Reinhold at 281-845-4441 by May 14, so we will know how many to expect. Beverages, a morning pastry, or a full breakfast are available for purchase. La Madeleine is located at 9595 Six Pines Drive, Suite 100, 281-419-5826. The menu is on the website: <https://lamadeleine.com/blog/locations/woodlands>.

### **VOLUNTEER SPOTLIGHT**

Wendy Lyons explains in her own words why she is an active volunteer with AIP-TW and several other non-profit organizations.



My good friend, Peg Reinhold, recruited me for Aging in Place to be a driver last fall. My hubby, Pat, was already involved helping her with administrative duties. I am so glad I joined and am able to serve these amazing ladies. In addition to helping them, which makes me feel good, I also enjoy their company and learning about their lives. They are very sweet, appreciative, funny and very interesting! Currently I also volunteer at JoyRide Therapeutic Riding Center in Magnolia, where I am a horse handler and sidewalker for special needs children and adults. I also maintain their gardens and participate in work days. In addition to JoyRide, I am president of the Bluebonnet Garden Club, a book club leader, and a treasurer for another new non-profit, Ruby's Home for Good.

I have spent a lifetime serving in volunteer positions of leadership and responsibility—approximately 50 positions at last count! These have included Girl Scout leader, PTO Board member, Room Mother, HOA Board secretary, Tennis team captain (many years), Oak Ridge Tennis Booster club, math tutor, Oak Ridge Band treasurer, and WWTA Tennis Board. Most notably, I was president and vice-president of the 900-member Newcomer's Club of Mexico City, Mexico, and served in 6 Board positions for National Charity League-Bluebonnet Chapter, including president and regional finance director.

I attained my first bachelor's degree from Lehigh University in Bethlehem, PA in urban management. Later while working in consumer finance, I completed a post degree certificate in business administration from Muhlenberg College. When my son, Michael, was born, I chose to stay home and be a full-time mom, and then my daughter, Katie, was born 2 years later. This was the beginning of my many years of volunteer service which has given me great personal satisfaction and many challenges.

### **INTERNATIONAL FRIENDS SHOWS ITS GENEROSITY WITH A DONATION TO AIP-TW**



International Friends President Erika Bondy-Pratt, left, and Gillian Williams, treasurer, present a \$400 check to Bruce Cunningham, Aging in Place – The Woodlands, treasurer.

### **GOT QUESTIONS? WE CAN HELP YOU FIND ANSWERS**

Need help finding information on topics pertinent to older adults? Our "Information Service" Director can assist you! We have compiled contact information for numerous private and government organizations, and websites on a wide range of topics. These include specific health disorders, evaluating health providers and hospitals, hospice, caregiving, fraud and ID protection, downsizing your belongings, traveling with pets, volunteering, work opportunities,

home maintenance and more. Our volunteers can help reduce your search time and find relevant information or lists of services from which you can choose. For details on accessing this service, call 281-845-4441, or send us an email at [aiptwtx@gmail.com](mailto:aiptwtx@gmail.com).

### **AIP-TW PARTICIPATED IN INTERFAITH CAREGIVERS CONFERENCE**



Peggy Reinhold hands a brochure to a visitor at the Interfaith Caregivers conference where AIP-TW had a display table. It was the first time we have participated in the conference. Many people stopped by to thank us for all our volunteers do for older adults such as rideshare, in-home support and monthly socials.

*ENGAGE AT EVERY AGE*

*May is Older Americans Month.*